

**Molecular Epidemiology of Cutaneous  
Leishmaniasis from Azad Jammu and Kashmir,  
Pakistan and Plants Based Control**



By

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**Molecular Epidemiology of Cutaneous  
Leishmaniasis from Azad Jammu and Kashmir,  
Pakistan and Plants Based Control**

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By

**Nargis Shaheen**



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**2021**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

## **DECLARATION**

I hereby declare that the work presented in the following thesis “Molecular Epidemiology of Cutaneous Leishmaniasis from Azad Jammu and Kashmir, Pakistan and Plants Based Control” is my own effort, except where otherwise acknowledged, and that the thesis is my own composition and no part has been copied from any other source. Also, it is declared that the present work has not been submitted to any other university.

**Nargis Shaheen**

*Dedicated*

*To*

*My Grand Father (Late)*

*Captain Muhammad Said*

*Khan*

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## List of Abbreviations

ABER	Annual blood examination rate
API	Annual parasitic rate
CL	Cutaneous leishmaniasis
FTIR	Fourier transform infrared spectroscopy
RFLP	Restriction fragment length polymorphism
SPR	Slide positivity rate
GC-MS	Gas chromatography mass spectroscopy
Hrs	Hours
IC	Inhibitory concentration
ITS	Internal transcribed spacer
LC	Lethal concentration
µg	Microgram
Min.	Minutes
ml	Milli liter
N	Number of samples
Nm	Nano meter
PCR	Polymerase chain reaction
Sec	Seconds
SI	Selective index
TFC	Total flavonoid content
TPC	Total phenolic content
FRP	Ferric reducing power

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## GENERAL ABSTRACT

Cutaneous leishmaniasis (CL) is a neglected tropical disease worldwide especially in the various rural areas of Pakistan including Azad Jammu and Kashmir (AJK). The leishmaniasis is prevalent in 102 countries/areas worldwide. Approximately, it effected 350 million people worldwide. *Leishmania* identification on species level is imperative to determine the clinical prognosis and to choose the most suitable therapeutic regimen. The chemotherapy has been used for *Leishmania* infection including amphotericin B, miltefosine, liposomal amphotericin, paromomycin, and pentavalent antimonials. However, several reports have been published regarding the limit of these drugs due to side effects, low efficacy, toxicity, increasing frequency of drug resistance, high cost, and the long period of treatments. The Leishmanial vaccines may not become available in the near future; the search for better drugs should be continued. To identify new treatments, natural products can provide an infinite source of chemical diversity. New drugs should be non-toxic, cheap, more efficient, and easily available especially for the low-income population. Now a day, a special focus is on medicinal plants used against CL. The bioactive phytochemicals present in the plant derivatives can be a good source for discovering new antileishmanial medicines. In the current study, we conducted one active surveys in 2018 to investigate the molecular epidemiology of CL infection and *Leishmania* spp. identification in Azad Jammu and Kashmir. We have conducted another epidemiological survey in continue study, to see trend in two years 2018 and 2019. The genetic diversity of two *Leishmania* species (*Leishmania major* and *Leishmania tropica*) were also determined in 2019 under studied population. The most prevalent species of (*L. tropica*) was cultured for evaluation of antileishmanial activity. For this purpose, we have conducted a survey for the leaves collection of medicinal important plants (*Pyrus pashia* (Rosaceae), *Malus pumila* (Rosaceae), *Prunus persica* (Rosaceae), *Pyrus communis* (Rosaceae), *Prunus armeniaca* (Rosaceae), *Ficus glomerata* (Moraceae), and *Diospyros lotus* (Ebenaceae) from AJK. We subjected the powder form of collected leaves to Soxhlet apparatus for preparation of ethanolic crude extract. The ethanolic crude extract was subjected for phytochemical screening, cytotoxicity bioassays, and *in-vitro* antileishmanial activity against *L. tropica*. The most bioactive plant extract was subjected to column chromatography and thin layer chromatography for fraction isolation. All isolated fraction extracts were subjected for

antileishmanial activity of promastigotes and amastigotes of *L. tropica* and cytotoxicity. The most effective fraction was characterized by UV-Vis spectroscopy, FTIR, and GC-MS analysis. Subsequently, all identified compounds in fraction (F7) were analyzed for their bioactivity by *in-silico* molecular docking study. The current study revealed that more cases of CL in 2018 and 2019 were observed from Mirpur followed by Kotli and Muzaffarabad. The findings of 2018 and 2019 revealed that the highest monthly number of CL isolates in the summer were observed followed by spring, autumn, and winter respectively. Individual with age between 1-20 years of age were more likely infected with CL than others (21-40 and 41-60 years old) in both years. Most of the inhabitants were not getting any treatment nor used bed nets in 2018. Among all *Leishmania* spp. only one spp, (*L. tropica*) was observed in 2018 while three species (*L. tropica*, *L. major*, and *L. infantum*) were identified in 2019 survey. The inter-genetic diversity of *L. tropica* showed significant value ( $p=0.02$ ) when comparing with *L. tropica* strains obtained from different districts of AJK. The *L. major* showed significant value ( $p=0.05$ ) when comparing *L. major* strains with other *L. major* strains in 2019 survey. The leaves extract of *Pyrus pashia* (*Rosacea*), *Malus pumila* (*Rosacea*), *Prunus persica* (*Rosacea*), *Pyrus communis* (*Rosacea*), *Prunus armeniaca* (*Rosacea*), *Ficus glomerata* (*Moraceae*), and *Diospyros lotus* (*Ebenacea*) showed the presence of various phytochemical compounds (saponins, terpenoids, flavonoids, alkaloids phenols, tannins, and coumarins) by phytochemical analysis. Among all plant ethanolic extracts *P. armeniaca* showed highest Total Phenolic Content ( $279.62\pm 5.40\mu\text{gGAE}/\text{mgDW}$ ) and Total Flavonoid Content ( $205.70\pm 2.41\mu\text{gQA}/\text{mg DW}$ ), along with highest antioxidant activities ( $120.37\pm 4.90\mu\text{gAAE}/\text{mgDW}$ ) and Ferric Reducing Power values ( $278.71\pm 1.03\mu\text{gAAE}/\text{mgDW}$ ). All plant extracts showed cytotoxicity in the safety range  $>1000\mu\text{g}/\text{ml}$  except *F. glomerata* having  $\text{LC}_{50}$  values of  $454.34\mu\text{g}/\text{ml}$ . The ethanolic leaves extract of *P. armeniaca* showed significant antileishmanial activity ( $\text{IC}_{50}$   $16.18\mu\text{g}/\text{ml}$ ) against promastigotes of *L. tropica*. Being the most effective crude extract, 142 fractions of *P. armeniaca* were isolated chromatography and then further 12 fractions were obtained by TLC. Out of all fraction extracts (F2-F12), fraction (F7) showed significantly the highest antipromastigotes activity with  $\text{IC}_{50}$   $11.48\pm 0.82\mu\text{g}/\text{ml}$  compared with standard drug (amphoterecine B) used as positive control (i.e.  $11.60\pm 0.70$ ). The amastigotes of *L. tropica*



showed  $IC_{50}$   $21.03 \pm 0.98 \mu\text{g/ml}$  compared with control  $22.03 \pm 1.02 \mu\text{g/ml}$ . The UV-Vis spectroscopic analysis of bioactive fraction (F7) revealed the presence of six peaks at 665.00, 607.00, 536.00, 505.50, 359.00, and 321.00nm with the absorption of 0.276, 0.085, 0.097, 0.109, 0.897, and 1.369 respectively. The FTIR spectra revealed the presence of alkane, aldehyde, carboxylic acid, thiols, alkynes, and carbonyls compounds from fraction F7. The GC-MS analysis of ethanolic fraction (F7) showed the presence of 9 compounds i.e (1) benzeneethanol, alpha, beta dimethyl, (2) carbazic acid, 3-(1 propylbutylidene)-, ethyl ester, (3) 1, 2-benzenedicarboxylic acid, diisooctyl ester, (4) benzeneethanamine a-methyl, (5) 2aminononadecane, (6) 2-heptanamine-5-methyl, (7) cyclobutanol, (8) cyclopropyl carbene, and (9) nitric acid, nonyl ester. Subsequently, all (n=9) identified compounds were analyzed for their bioactivity by *in-silico* molecular docking study. Among all compounds, the 1, 2-benzenedicarboxylic acid, diisooctyl ester bound well to the PTR1 receptor. The fraction (F7) showed acceptable results with no cytotoxicity. It can be used for curing skin lesions of CL caused by *L. tropica*. However, *in-vivo* and *in-vitro* studies of the compound i.e. 1, 2-benzenedicarboxylic acid, diisooctyl ester required in the future. The antibacterial activity of 1, 2-benzenedicarboxylic acid, diisooctyl ester compound reported previously (Ajoke *et al.*, 2014). Moreover, *P. armeniaca* is effortlessly accessible in different areas of Pakistan along with AJK, and inexpensive. Current findings can aid to constitute an effective alternative to side free drugs. The compound 1, 2-benzenedicarboxylic acid, diisooctyl ester is commercially available could be used in the treatment of skin lesions of CL caused by *L. tropica*.

## GENERAL INTRODUCTION

### 1.1. Leishmaniasis

Leishmaniasis is one of the neglected tropical diseases, (NTDs) out of seventeen known parasitic infections. The NTDs are prevalent in tropical and subtropical underdeveloped countries (WHO, 2010) and Leishmaniasis ranked 4<sup>th</sup> among NTDs. (Hakkour *et al.*, 2016). Over the last decade, *Leishmania* infection is the second main cause of illness and deaths (Bern *et al.*, 2008). Worldwide it is prevalent in 102 countries/areas (Uzun *et al.*, 2018) and affects approximately 1.5-2 million people, while 350 million are at risk of *Leishmania* pathogenesis (Souza *et al.*, 2018; WHO, 2018; Torres Guerrero *et al.*, 2017). The causative agent of leishmaniasis are parasite protozoan of the genus *Leishmania* and are transferred via vector sandfly belongs to two genera *Lutzomyia* and *Phlebotomus* (Tiuman *et al.*, 2011; Kamhawi, 2000).

Three clinical forms of leishmaniasis have been reported concerning parasite location in the infected tissues i.e. Visceral leishmaniasis (VL) which is a less common and it causes spleen and liver destruction and is lethal, if does not receive timely treatment; Cutaneous leishmaniasis (CL), which affects only localized skin parts; and mucocutaneous leishmaniasis (MCL), which has the ability of mucus tissue destruction (Bifeld and Cols, 2015; Akhouni *et al.*, 2016). About 0.7-1.2 million CL and 0.2-0.4 million VL cases are reported annually. Approximately CL cases (90%) are spread across 3 main areas i.e. (a) Syria, Afghanistan, Saudi Arabia, and Iran (b) Tunisia and Algeria (c) Peru and Brazil (Alvar *et al.*, 2012; Alvar *et al.*, and WHO, 2012). CL is characterized by severe lesions on the skin and long-lasting scars on the infected part (WHO, 2014). Currently, 54 *Leishmania* spp. are known and twenty-one are humans pathogenic (Akhouni *et al.*, 2016) (Table. 1.1)

**Table 1.1:** *Leishmania* spp. vector, reservoir host, and causing human disease

Sr.#	<i>Leishmania</i> spp.	Infection	Reservoir host	Vector
1	<i>L. tropica</i>	CL, VL, MCL	Humans	<i>P. sergenti</i>
2	<i>L. major</i>	CL, ML	Gerbils, rodent	<i>P. papatasi, P. duboscqi</i>
3	<i>L. aethiopica</i>	CL, DCL, MCL	Hyraxes	<i>L. longipes, P. pedifer</i>
4	<i>L. donovani</i>	VL, PKDL	Rodent, humans	<i>P. martini, P. orinntalis, P. argetenipes</i>
5	<i>L. infantum</i>	CL,VL, ML	Foxes, dogs, jackals, rodent	<i>P.arias, p. pcrmiciosufi, .longipalpis</i>
6	<i>L. chagasi</i>	VL	Oposums, dogs, foxes	<i>L.longipalpis</i>
7	<i>L. mexicana</i>	CL, DCL, MCL	Rodent	<i>L. olmeca</i>
8	<i>L. amazonensis</i>	CL, DCL,	Rodent	<i>L. flaviscutellata</i>
9	<i>L. braziliensis</i>	CL, MCL	Rodent, anteaters	<i>Lutzomyiaspp.</i>
10	<i>L. guyanensis</i>	CL, MCL	Sloths, anteaters	<i>L. umbratilis</i>
11	<i>L. panamensis</i>	CL, MCL	Sloths	<i>L. tropidoictal</i>
12	<i>L. peruviana</i>	MCL	Dogs	<i>L. verucarum, L. pvmenis</i>
13	<i>L. pifanoi</i>	CL	Rodents	<i>Lu. Olmeca bicolor, Lu. flaviscutellata</i>
14	<i>L. venezuelensis</i>	CL	Rodents	<i>Lu. Rangeliana, Lu. Olmeca bicolor</i>
15	<i>L. garnhami</i>	CL	Marsupials	<i>Lu. Youngi</i>
16	<i>L. naiffi</i>	CL	Edentates	<i>Lu. Ayrozai, Lu. Paraensis</i>
17	<i>L. shawi</i>	CL	Mokkeys, edentates	<i>Lu. Whitmani</i>
18	<i>L. colombiensis</i>	CL	Edentates	<i>Lu. Hartmanni, Lu. Gomezi</i>

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<b>19</b>	<i>L. lainsoni</i>	CL	Rodent	<i>Lu. Velascoi, Lu. Ubiquitalis</i>
<b>20</b>	<i>L. lindenbergi</i>	CL	Wild animals	<i>Lu. Antunesi</i>
<b>21</b>	<i>L. killicki</i>	CL	Rodents	<i>P. sergenti</i>

DCL: Diffuse Cutaneous Leishmaniasis; L: *Lutzomyia*; PKDL: Post Kala-azar Dermal Leishmaniasis; ML: Mucosal Leishmaniasis; P: *Phlebotomus* (Oryan, 2015).

Out of twenty-one *Leishmania* spp., two species have been recognized in Pakistan for CL. *L. tropica* has the widest distribution and is highly prevalent in urban areas (Qureshi *et al.*, 2016). In the Southern dry region of countries, *L. major* was seen more often (Katakura, 2009). It is stated by several studies that, the unclear association was found among the skin lesions and leishmaniasis type, generally referring to the factors of host and the immunoinflammatory response is important in the type of lesion and severity assessment (Katakura, 2009; Marco *et al.*, 2006; Rahman and Bari, 2006; Murray *et al.*, 2005). Similarly, no correlation between CL lesion type and *Leishmania* parasites were observed during sequencing of gene investigation on isolates from Baluchistan and Sindh (Myint *et al.*, 2008). *L. major* is a main type of parasite in lowland regions and *L. tropica* is in high land areas. *L. tropica* is most commonly found in Multan and other investigations also with a small sample size from different country parts (Ayub *et al.*, 2003; Rab *et al.*, 1997). The clinical presentations of CL vary in different prevalent areas (Murray *et al.*, 2005). Devastating epidemics of the CL have also been described from all provinces of Pakistan Sindh, Punjab, Khyber Pakhtunkhawa (KP), and Baluchistan along with Azad Jammu and Kashmir (AJK) (Noor & Hussain, 2017; Kakarsulemankhel, 2004; Talat *et al.*, 2014). In 1935, the first case of leishmaniasis was reported from Baluchistan following an earthquake. The geographical zones of AJK are hit by leishmaniasis such as KP (Qureshi *et al.*, 2016; Noor & Hussain, 2017), Punjab (Iftikhar *et al.*, 2003; Kakarsulemankhel, 2004), Gilgit Baltistan (Jaffarany and Haroon, 1992; Ayub *et al.*, 2003) and India (Aara *et al.*, 2013). Previously, the Mirpur district of AJK revealed an unusual increase in the CL cases from 2011-2014 (Mughal *et al.*, 2014).

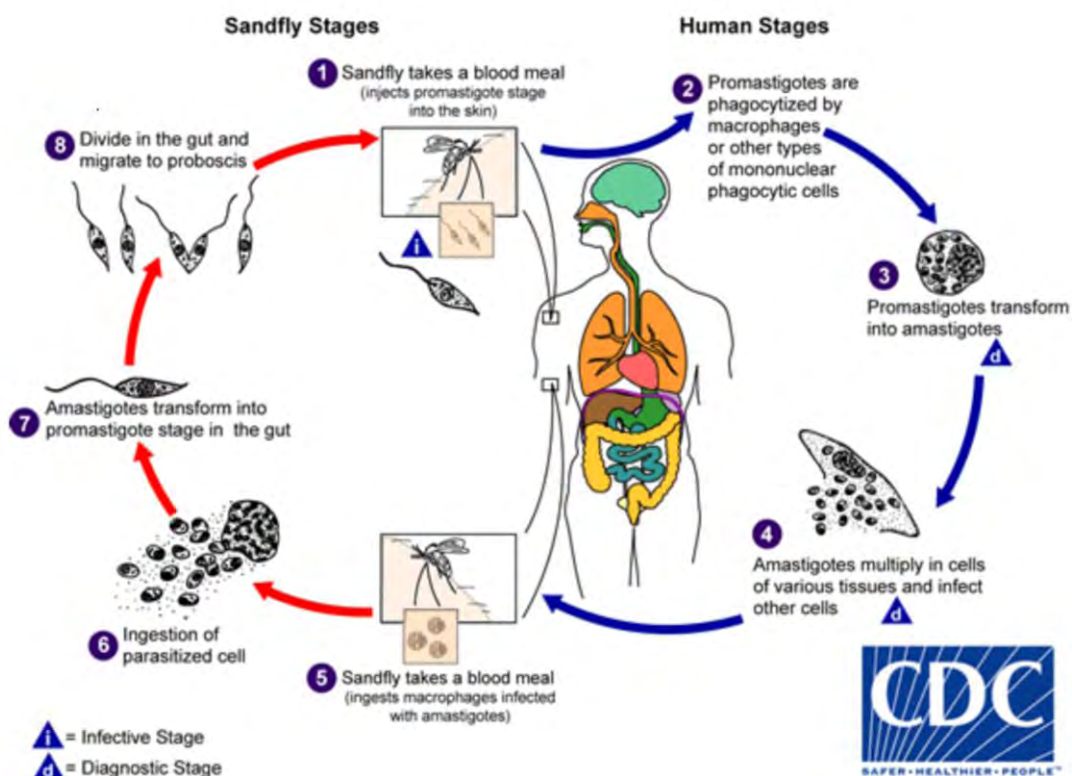
The geographic distribution of sandfly vector habitat is disturbing by various activities e.g. deforestation and agricultural activities (Firdous *et al.*, 2009; Kassi *et al.*, 2008). Animal breeding also plays a vital role along with ground cracks and dark niches, in providing appropriate habitat for the sand flies (Ayub *et al.*, 2001; Katakura, 2009). Most patients reported for CL are from Uthal, Quetta, and Ormara areas of Baluchistan (Shakila *et al.*, 2006). The highly increasing cases of CL are reported infection are due to people belonging to refugees from the neighboring country torn war of Afghanistan

migrated (1980s and 1990s) (Kassi and Kasi, 2005). The increasing CL cases are reported in some areas of the country. In rural areas, CL is currently unknown and possibly underestimated (Kassi *et al.*, 2004). One example is that the study based on survey highest cases of school-going children. Due to socio-culture factors, the proportion of affected females may not be entirely known (Kakarsulemankhel, 2004).

### **1.2. *Leishmania* Life Cycle**

Despite variations in the geographical distribution caused by various *Leishmania* spp., all species have the same life cycle between a mammal and an infected vector of genus *Phlebotomus*. The spectrum and outcome of diseases are directly linked with host and parasite. The cycle starts when the infective vector takes a blood meal and injects the infective stage of the parasite (promastigote) from their proboscis. The motile flagellated promastigotes released in the blood get phagocytosed reticuloendothelial cells (macrophages or mononuclear). The promastigotes internalized and lost their flagellum and then modify into non-motile intracellular amastigotes. It is replicated by binary fission, macrophages ruptured and spreading to uninfected cells (Miller *et al.*, 1999; Bonecchi *et al.*, 1998). After taking the blood meal, the sandfly becomes infected via ingesting amastigote infected reticuloendothelial cells. The amastigotes turn into infected procyclic promastigotes in the vector (sandfly). Within vectors, the developmental stages of the parasite are strongly affected by increasing pH and decreasing temperature (Sallusto *et al.*, 1998; Liew *et al.*, 1990).

The CL causes skin sores that develop within a few weeks or months after infection and can change appearance and size over time (Hundson *et al.*, 2003). The key CL causative agent in Kenya and Africa are *L. aethiopica*, *L. major*, and *L. tropica* (James *et al.*, 2006). The etiological agents of CL include *L. tropica*, *L. major* in central Asia, Africa, and the Middle East while *L. mexicana* and *L. braziliensis* complex cause CL in South America.



**Fig.1.1:** The *Leishmania* parasite life cycle comprising *Phlebotomus* fly and mammal (Stenger *et al.*, 1994; Sacks and Noben Trauth, 2002).

After an incubation period (2-6 weeks), the CL lesion initiates as a papule. After papule enlargement crust develops in it. A shallow ulcer is exposed when the crust falls. The nodular ulcer remains for 6-12 months before experiencing spontaneous resolution; if the ulcer is left untreated then a depressed scar is left. The *Leishmania* infection due to *L. tropica* or *L. major* is impossible to differentiate on the clinical level because both species erupt similarly. The size of the lesion ranges from a few mm to 4cm. The *L. major* usually present more than 3 lesions (Klaus and Frankenburg, 1999; Al Jawabreh *et al.*, 2004). The irregular manifestation in the case of *L. major* are lymph nodes enlargement and the infection spread deeply into muscles and subcutaneous tissues (Al-Gindan *et al.*, 1989; Vardy *et al.*, 1993). One more clinical form of *L. major* is a sporotrichosis pattern and hyperkeratotic type (Kubba *et al.*, 1987). The CL due to *L. tropica* (called *Leishmania*

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*recidivans*) showed wet papules around or in the scars of the primary lesion which slowly spread into the *Leishmania recidivans* (Klaus and Frankenburg, 1999 : Sacks *et al.*, 1999).

### 1.3. Diagnosis

The methods for CL diagnosis have ranged from clinical imaging, data based on epidemiology, detection of amastigotes in stained smear by using microscopy, or *in-vitro* parasite culturing (Herwalt, 1999; Reed, 1996). These conventional methods have shown many disadvantages such as less sensitivity, need high expertise, and being unable to identify *Leishmania* spp. The *Leishmania* spp. vary in pathogenicity and required various therapeutic regimes and control strategies. To overcome these limitations, focused on polymerase chain reaction (PCR) based techniques were introduced and proved excellent in specificity and sensitivity (Osman *et al.*, 1998). The protocols based on PCR were considered best than conventional methods, even though some of the investigations report contradictory findings (Sharquie *et al.*, 2002; Sundar and Chakravarty, 2012). These discrepancies might be due to sampling methods and different standards being used to define CL cases. Various methods used for the classification, identification, and characterization of *Leishmania* are geographical classification such as new world versus old world and clinical and epidemiological criteria. Then advanced criteria began starting with stereotyping (Schnur *et al.*, 1972), isoenzyme analysis, and monoclonal antibodies. Then molecular-based techniques were introduced e.g. Southern hybridization/kDNA and nuclear DNA. Fingerprinting and PCR-based fingerprinting with non-specific primers (El-Tai *et al.*, 2001). These approaches are unable to discriminate the parasite on the species level. When these techniques are performed in different laboratories, these methods are not easy to compare. The MEE (Multilocus Enzyme Electrophoresis) is a reference method for species differentiation and categorization. The disadvantage of these techniques is that it is expensive, laborious, and slow. Further need for culture (*in-vitro*) makes it inappropriate for large-scale analysis at different laboratories (Jamjoom *et al.*, 2002).

For large-scale research, DBS (dried blood spots) are supposed to be a preferable option to traditional vein punctures for blood collection (Fajardo *et al.*, 2014; Ostler *et al.*, 2014).

Molecular Epidemiology of Cutaneous Leishmaniasis from Azad Jammu and Kashmir,  
Pakistan and its Plants based control



2014; McDade, 2014; Hijjawi *et al.*, 2016). The DBS is a simple, low-cost method for archiving, collecting, and transporting has encouraged the researchers to investigate better DNA extraction and PCR based techniques (Makowski *et al.*, 1995 1995; Catsburg *et al.*, 2007; Sorensen *et al.*, 2007; Hollegaard *et al.*, 2013; Bensoussan *et al.*, 2006). The PCR techniques i.e ITS-PCR was specific to identify the *Leishmania* parasites at the species level. The ITS1 (internal transcribed spacer) exists between 5.8S rRNA and 18S rRNA genes (Schonian *et al.*, 2003). To be a *Leishmania* target, this gene has high conservation, and its polymorphism allows the typing of species. Sequencing is more extensively used to discriminate and identify species variation of parasites (Cantacessi *et al.*, 2015). The PCR-RFLP (restriction fragment length polymorphism) is a preferred technique that identifies the DNA fragment patterns by digestion using a restriction enzyme and the band sizes visualized by gel electrophoresis. At the sites of restriction, the nucleotide option caused DNA fragments and was applied as markers on the lineage map of genetics. For *Leishmania* spp., the length difference in the patterns and number of fragments may be used (Marfurt *et al.*, 2003; Akhoundi *et al.*, 2013), mainly useful for ITS1 (Schonian *et al.*, 2003).

#### **1.4.Genetic Diversity of *Leishmania* Parasite**

The pathogens formed by a range of genetic variants are more prone to transfer infection into many hosts (Woolhouse *et al.*, 2001). Several studies have been conducted previously that explained the polymorphism in the natural population of different *Leishmania* spp. (Schonian *et al.*, 2001; Mauricio *et al.*, 2001; Cupolillo *et al.*, 1998). There is no enough information available on parasitic genetic diversity and the connection with ecoepidemiological disease appearance (Guerbouj *et al.*, 2001). Several DNA markers such as rRNA genes, microsatellites, the gp63 gene locus, mini-exon, antigen gene, extracellular DNA e.g., minicircles of kinetoplast DNA, ribosomal internal transcribed spacer (ITS) regions have been previously used (Yurchenko *et al.*, 2000 to differentiate the parasite on the species level, heterogeneity of the variable regions was exploited (Noyes *et al.*, 1998). *L. major* has been reported by using numerous DNA markers for genetic variation investigations in Iran, e.g., ITS PCR-RFLP, PCR-RFLP based on 3 regions ITS1, PCR-

RFLP of the largest subunit RNA polymerase 11, single-strand conformation polymorphism, RPOIILL & DPOLB (mitochondrial DNA polymerase beta gene), and sequencing of rDNA ITS. The 18S, ITS1, and 5.8S rDNA of ribosomal DNA has been previously used for the identification of *L. major* heterogeneity in various regions.

### **1.5. Therapeutic Approaches and their Limitations**

Antileishmanial drugs play a vital role in curing leishmaniasis (Alvar *et al.*, 2006). The 1<sup>st</sup> molecule used against leishmaniasis was trivalent antimony. Since 1940, the 1<sup>st</sup> line drugs are pentavalent antimony, sodium stibogluconate, and N methyl glucantime. The various side effects of these drugs at early anaphylactic treatment have been reported e.g. rash, muscle pain, hyperthermia, bleeding, and tachycardia. At the end of treatment many other side effects like cardiac, hepatic, renal, hematological, and pancreatic, disorders are reported (Dedet, 1999; Roberts *et al.*, 2009, Matoussi *et al.*, 2007; Masmoudi *et al.*, 2006). The treatment duration ranged from twenty to twenty-eight days by intramuscular or intravenous administration (Berman *et al.*, 2003). The problems arise when resistance to this drug has been established by leishmanial strain (Lira *et al.*, 1999; Sunder, 2001; Grogl *et al.*, 1992). The appearance of parasitic resistance depends on various factors such as elimination of the pharmacokinetic drug, biochemical differences, patient's immune system, *Leishmania* spp. the structural level that is responsible for drug selective response (Croft *et al.*, 2006). Lastly, treatment access is difficult due to poverty that affects the population of developing countries. This condition significantly facilitates the disease progression. The drugs like pentamidine and amphotericin B come as the 2<sup>nd</sup> line of treatment. The amphotericin B inhibits the demethylation of lanosterol by disrupting the membrane permeability. It is generally used against all types of leishmaniasis, effective with high cure rates administered intravenous infusion, has a toxic effect on hematology composition, amp B isome are less toxic and are highly effective only in VL patients, but it is too much expensive (Dedet, 1999; Berman *et al.*, 2003; Thakur *et al.*, 1996; Guerin *et al.*, 2002). The pentamidine inhibits the parasite DNA synthesis via blocking the thymidine synthetase and tRNA binding. Slow infusion and the inherent toxic effect of the dose reaching the pancreas, kidney, and blood lineages are used for administration (Dedet,

1999). Paromomycin is widely used as an antibiotic with no severe side effects. The results of the phase iv investigation in India showed that paromomycin leads to side effects like edema, itching, tenderness, and erythema. The reports of effectiveness are confused by the natural healing of CL, due to mixed results. The successful treatment shows a slight advantage for placebo and is less effective than pentavalent (Robert *et al.*, 2009). The imiquimod drugs in combination with antimony showed to reduce the healing period for patients with CL infection (Croft *et al.*, 2006; Arevalo *et al.*, 2001). In Pakistan, glucantime is widely used for the treatment of CL and available as a registered drug from April 2018 up to now in the government hospitals. Glucantime is provided by WHO on an irregular basis. As a result, antimonial products are available in local markets with unknown quality and high cost and are regularly administered by unqualified staff (Kamink *et al.*, 2019). Glucantime reported various side effects such as abdominal pain, fever, nausea, muscle pain, cardiomyopathy, pancreatitis, nephropathy, and hepatic complications (Ayub *et al.*, 2003; Bailey and Lockwood, 2007; WHO, 2014; Afghan *et al.*, 2011; Bhutoo *et al.*, 2003; Kassi *et al.*, 2008; Bailey and Mahaffee, 2017; Karami *et al.*, 2013).

### **1.6. Natural Methods**

However, the exploration for novel drugs is not gaining interest because it required 12-15 years and cost more than \$1.0 billion to discover, distinguished, and develop novel agents against *Leishmania* parasites (Hughes *et al.*, 2011). In this aspect, the development of new, cost-effective, less toxic therapeutics and more accessible compounds is urgently needed as those recognized in natural plants (Lage *et al.*, 2013). As most of the effects of leishmaniasis belong to the low economic level so the use of expensive drugs is far from such people (Oryan *et al.*, 2014). Until now, no successful vaccine has been reported against *Leishmania* parasites and no safe chemical eradication for vector control is provided in developing countries (Lahlou *et al.*, 2019; Bouyahya *et al.*, 2017). Therefore, people seek cheaper and readily available herbal therapy. The natural product is a precious source of novel products with the highest biological activity (Cheuk *et al.*, 2016). Plant pharmacological assessment provides an attractive and good source for safe and novel medical plant growth. It is necessary to check the cytotoxicity of selected plants to improve

safety. For the assessment of toxicity determination, brine toxicity and MTT assay are considered as rapid, reliable, and low cost (Olila and Opuda-Asibo, 2001).

Various investigations on antileishmanial activities on medicinal plants have been summarized in Table 1.2. For the evaluation of antileishmanial activities, different criteria are considered i.e. minimum inhibitory concentration (MIC), drug concentration that causes 50% growth inhibition ( $IC_{50}$ ) in addition to selective index (Mahmoudvand *et al.*, 2014; Monzote *et al.*, 2014). The selective index greater than 10 showed the safety of antileishmanial compounds or drugs (Mahmoudvand *et al.*, 2014).

Although several techniques e.g. phytochemical analysis have been used to estimate and determine the presence of bioactive substances in plant extracts, for example, flavonoids, alkaloids, tannins, steroids, phenolic, and terpenoids compounds, but chromatographic, and spectroscopic techniques are the most popular and useful tools used for this purpose. The Fourier Transformed Infrared (FTIR) spectroscopy has become a quick method to recognize and characterized functional groups (Grube *et al.*, 2008) allowing the analysis of structural and compositional information in plants. For qualitative research and distinguishing certain compound groups, ultraviolet-visible spectroscopy can be used. The natural compounds can be identified by UV-Vis spectroscopy (Kemp, 1991). GC-MS technique is widely used to identify the bioactive constituents of hydrocarbons, acids, alkaloids, alcohols, steroids, nitro, and amino compounds. The GC and MS associated with specific detection techniques have become a sophisticated means for various compound analyses (Vinodh *et al.*, 2013; Jabir *et al.*, 2010).

The process starts with the collection of the desired plants which is subjected to the extraction process e.g. using soxhlet apparatus. The complex crude extracts are analysed to various phytochemicals and biological assays. The bioactive plant extracts are fractionated using Column chromatography. The fractions are then subjected to various bioassays to find active fractions. The active fraction is subjected to several techniques for the identification of Phytochemicals. This is a low cost and simple way to increase the chance to discover bioactive compounds. Due to poor pharmacokinetic properties, many

drugs are failed to enter markets which increases huge losses to pharmaceutical companies (Fang *et al.*, 2018). The latest drug discovery tool is based on a computer-aided tool. This can be extended to the screening of phytochemical drugs present in different medicinal plants (Sliwoski *et al.*, 2014). The most known predictive tools are computational prediction models, had a critical role in the selection of pharmacological research methodologies, and have also been applied *in-silico* pharmacological output prediction (Loza-Mejia *et al.*, 2018). Now a days, molecular docking is reliable process for drug designing and research. This approach offers knowledge on drug-receptor interaction that is very helpful in predicting the binding orientation of drug candidates on their target protein (Lindoso *et al.*, 2012).

**Table 1.2:** Plants used against various *Leishmania* spp. reported from previous studies.

Scientific name	Part used	<i>Leishmania</i> spp. Tested	Reference
<i>Croton pullei</i> var. <i>glabrior</i>	Stem, bark	<i>L. amazonensis</i>	Guimaraes <i>et al.</i> , 2010
<i>Valeriana wallichii</i> Dc	Root	<i>L. major</i> , <i>L. donovani</i>	Ghosh <i>et al.</i> , 2011
<i>Cymbopogon citrates</i> and <i>citral</i>	Aerial	<i>L. infantum</i> , <i>L. major</i>	Machado <i>et al.</i> , 2012
<i>Calophyllum brasiliense</i>	Leaf	<i>L. amazonensis</i>	Tiuman <i>et al.</i> , 2012
<i>Curcuma longa</i> Linn.	Turmeric	<i>L. major</i>	Fouladvand <i>et al.</i> , 2013
<i>Strychnos pseudoquina</i>	Stem,	<i>L. amazonensis</i>	Lage <i>et al.</i> , 2013
<i>Physalis angulate</i>	Stem	<i>L. amazonensis</i> , <i>L. braziliensis</i>	Nogueira <i>et al.</i> , 2012
<i>Senna spectabilis</i>	Flower	<i>L. major</i>	de Albuquerque Melo <i>et al.</i> , 2014
<i>Olea europeaea</i>	Leaf	<i>L. amazonensis</i> , <i>L. donovani</i> , <i>L. major</i>	Sifaoui <i>et al.</i> , 2014
<i>Bixa Orellana</i>	Seed	<i>L. amazonensis</i>	Monzote <i>et al.</i> , 2014
<i>Berberis vulgaris</i> L.	Bark, root	<i>L. major</i> <i>L. major</i>	Salehabadi <i>et al.</i> , 2014
<i>Lippia sidoides</i> Cham	Aerial parts	<i>L. amazonensis</i>	de Medeiros <i>et al.</i> , 2011
<i>Galipea longiflora</i>	Bark	<i>L. amazonensis</i>	Calla-Magarinos, 2012
<i>Moringa stenopetala</i>	Root	<i>L. aethiopica</i>	Bekele <i>et al.</i> , 2013

Azad Jammu and Kashmir is known as a global center of plant diversity (Shinwari, 2010). Approximately, eighty percent of angiosperms species are confined to Kashmir and Western mountains (Nasir *et al.*, 1972; Ali *et al.*, 1978; Ali, 2008). Various studies have been conducted on phytosociological, ethnobotanical studies of Pakistan and Kashmir but due to inaccessibility because of climate variations and vastness, several areas are still unexplored. Trar Khel is one of the areas which received the least attention of researchers. Topographically it is a mountainous area and is a moist temperate Himalaya. It needs special attention for environmental conservation sustainable development of natural sources (Haq *et al.*, 2010). No study has been conducted in AJK against the *Leishmania* parasite. A wide range of pharmacological effects of *Pyrus pashia* (*Rosacea*), *Malus pumila* (*Rosacea*), *Prunus persica* (*Rosacea*), *Pyrus communis* (*Rosacea*), *Prunus armeniaca* (*Rosacea*), *Ficus glomerata* (*Moraceae*.) and *Diospyros lotus* (*Ebenacea*) has been reported previously i.e. *P. armeniaca* has been reported such as antioxidant (Guclu *et al.*, 2006), antimicrobial activities (Schor and White, 2010), against inflammation (Minaiyan *et al.*, 2014; Madrar *et al.*, 2009), and anti asthamic (Erdogan and Kartal, 2011). Minaiyan *et al.*, in (2014) reported that *P. armeniaca* has been used in many parasitic diseases. Biological activates of *P. pashia* were also previously described by Guven *et al.*, (2006). Murugan *et al.*, (2014) reported that *P. communis* has a strong role in wound healing and anti-inflammatory. The *M. pumila* and *P. persica* have anti-inflammatory (Hyson, 2011; Edrah *et al.*, 2015; Kashyap *et al.*, 2015), *D. lotus* used as antiseptic, antitumor, and antidiabetic (Uddin *et al.*, 2011, 2014) activities. The *F. glomerata* showed antidiabetic, anti-inflammatory, antiulcer, antidiuritic, antidiarrheal, antiasthmatic, and antipyretic (Jagtapsupriya *et al.*, 2012; Kambali *et al.*, 2014). *P. armeniaca* (family rosaceae) is an important medical plant born in North Western Himalayas (valleys of Kashmir, Shimla, Uttarakhand, and Kulu in India at 3000m altitudes (Baytop, 1999). The reported pharmacological features of *P. armeniaca* are antiparasitic, antiaging, antiangina, renoprotective, anticancer, antitherosclerating, antioxidant, and hepatoprotective (Erdogan *et al.*, 2011). By this encouragement, an extensive study on these medicinal important plants from AJK is desired. The potential of medicinal plants and identification of compounds is valued for successful cheap drug trials.

### Objectives

- To study the epidemiology of *Leishmania* parasite by using conventional and molecular techniques and sequencing of *Leishmania* isolates in the different areas of Azad Jammu and Kashmir, Pakistan.
- Screening of plants for the antileishmanial activity.
- Isolation and purification of fractions with antileishmanial activity and characterization
- To find the active site of pteridine reductase 1 gene by *in-silico* docking



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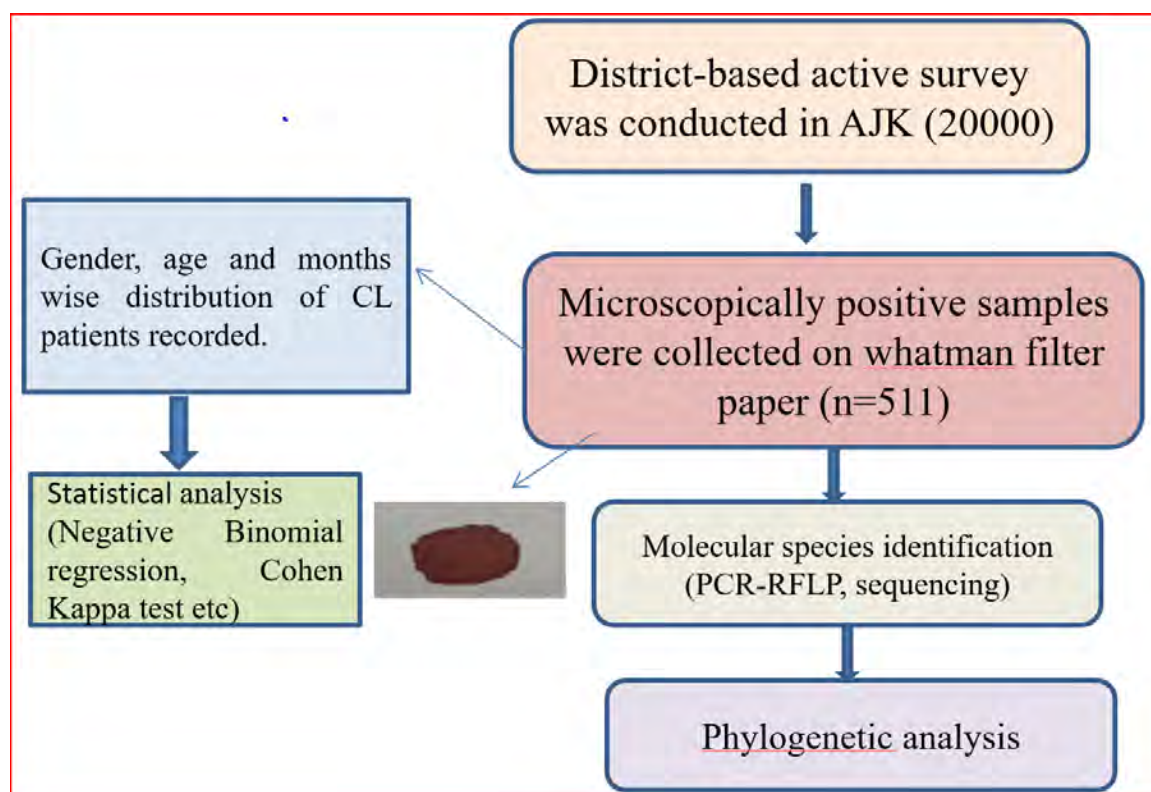
## Molecular Epidemiological Survey of Cutaneous Leishmaniasis from Azad Jammu and Kashmir, Pakistan

### ABSTRACT

Cutaneous leishmaniasis (CL) in Azad Jammu and Kashmir is an emerging and neglected tropical disease, which is an underdeveloped area. Prevalence and parasite species identification are the key factors to control disease in a particular population. The microscopic technique is used for the identification of amastigote in skin scrapings, biopsies, or impressions on smears. But these are not sufficient for the detection of *Leishmania* parasite on species level because *Leishmania* spp. have identical morphological exhibitions in slide microscopy. Molecular techniques i.e. PCR-RFLP is best method for *Leishmania* species identification. Due to a lack of previous data, we performed a district-based active CL surveillance in 2018. The data of CL, suspected (n=20,000) cases were analyzed statistically. The blood samples were collected from *Leishmania*-positive patients for *Leishmania* spp. identification by ITS1-PCR RFLP and also obtained accession numbers MN891719-28 from the gene bank. The phylogenetic tree was constructed using MEGA6 software. Out of total suspected cases (n=20000) in the study area, Mirpur was found to be most affected with 4.02% (135/3360) of CL cases in Mirpur, whereas Nelum was reported with less than 1.58% (8/505) number of cases. The slide positivity rate, annual parasitic incidence, and annual blood examination rate were 2.27 per 1000 population, 0.08 and 0.34%. The males were more infected 58.12% (297/511) than females 41.88% (214/511) and 1-20 years of age group were found highly infected 82.78% (423/511) than 21-40 years 13.89% (71/511) and 41-60 years 3.33% (17/511) in the studied population. The patients 56.36% (288/511) patients had a single lesion whereas 29.35% (150/511) had two, only 10.76% (31/288) and 8% (12/150) were using bed nets. The patients 14.29% (73/511) had three or more lesions that were not using bed nets. Only 27.98% (143/511) patients had received treatment, while 72.02% (368/511) didn't. Microscopically positive cases were found to be 2.56% (511/20000) and ITS1-PCR positive cases were found to be 91.39% (467/511). The RFLP assay confirmed the presence

of *L. tropica* in 467 samples. A district based extensive study is needed for the determination of new foci in AJK.

### GRAPHICAL ABSTRACT



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## INTRODUCTION

Currently, a high number of *Leishmania* infection cases observed among travelers, migrants, military personal, and ecotourists. Even, this unexpected travel like migration due to conflicts and violence (e.g. in Syria) leads to dissemination of *Leishmania* spp. in other uninfected regions. (Dawit and Girma, 2013; Salam *et al.*, 2014). Also, due to these migrations, various *Leishmania* spp. appears with varied susceptibility to drugs and resistance (Desjeux, 2004; Blum *et al.*, 2004). The clinical syndromes of leishmaniasis are associated with the host immune response and by the balance between parasitic factors (i.e. virulence, resistance, and tropism) (Copeland and Aronson, 2015; WHO, 2016). The factors which influence the clinical features of CL (polymorphic disease) are poorly understood. In 1935, the first case of leishmaniasis was reported from Baluchistan following an earthquake. The zones of AJK are hit by leishmaniasis such as Khyber Pakhtunkhawa (Qureshi *et al.*, 2016; Noor & Hussain, 2017), Punjab (Iftikhar *et al.*, 2003; Kakarsulemankhel, 2004), Gilgit Baltistan (Jaffarany and Haroon, 1992; Ayub *et al.*, 2003) and India (Ara *et al.*, 2013). Previously, Mirpur district of AJK revealed an unusual increase in the CL cases from 2011-2014 (Mughal *et al.*, 2014).

For the elimination, no specific operations were carried out by the program between 1999 and 2012 (Chowdhury *et al.*, 2014; Mondal *et al.*, 2008). For the registration of required insecticides, it took a long time. Deltamethrin 5WP (April / May 2012) spraying activity was introduced in 8 highly Upazilas (sub-districts) (Chowdhury *et al.*, 2018). Up to now, no one country was able to completely implement the IVM strategy in the area. The IRS, which can decrease vector density, remains operationally difficult and costly, and its acceptance by the community is not optimal. Many research highlights its limitations, insecticides resistance, implementation quality, cost, occupational hazard, sand fly adaptation, size of holes (>3mm), etc (Ostyn *et al.*, 2008; Das *et al.*, 2008; Chowdhury *et al.*, 2011; Coleman *et al.*, 2015).

Cutaneous lesions may be multiple and different in size and are highly affected by one or two lesions. The clinical perspectives and responses to treatment efficacy also vary according to *Leishmania* spp. (Al-Jaser, 2005). In Pakistan, *L. tropica* has been related to

ACL as the causative agent (Rowland *et al.*, 1999; Noyes *et al.*, 1998) while *L. major* contributed to ZCL form (Afghan *et al.*, 2011; Bhutto *et al.*, 2003). The CL is more prevalent in rural and remote areas but unfortunately, its incidence rate is underestimated due to poor diagnosis (McGwire and Satoskar, 2014). Over the previous decades, various treatment options on species dependent have been studied such as thermotherapy (TT) and chemotherapy. In chemotherapy, meglumine antimoniate (glucantime) is recommended by WHO while resistance has been reported against *L. tropica* (Oliveira *et al.*, 2011; Hadighi *et al.*, 2006). In another study, glucantime has shown significantly lower efficacy in curing acute CL in children than in adults (Layegh *et al.*, 2011). Hence, *Leishmania's* identification on species level is imperative to determine the clinical prognosis and to choose the most suitable therapeutic regimen (Morizot *et al.*, 2013).

*Leishmania* spp. identification is vital for proper treatment of CL infection. Presently, there is no single reference test available for the diagnosis of CL in the rural areas. Diagnosis of CL in non-endemic regions is intriguing, but manifestations of the lesions seen are used in endemic areas to diagnose due to time consumption and high costs (Arfan and Rahman, 2006 ; Hosseinzadeh *et al.*, 2012; Ramezany *et al.*, 2018). The mistreatment or reinjection can cause severity in infection and hurdle in diagnosis (Alsamarai and Alobaidi, 2009).

Leishmaniasis is important to diagnose properly before the infection leads to severity (Kobets *et al.*, 2012). Clinical characteristics (supported by epidemiological data) and laboratory tests are the basis for the diagnosis of CL. Numerous diagnostic methods, including direct parasitological analysis (microscopy, histopathology, and parasite culture) and/or indirect serology and molecular diagnostic testing, have been identified with a huge variation in diagnostic accuracy. An occasional test known as Montenegro skin test is used in the CL diagnosis (e.g. in epidemiological surveys), due to its specificity, simplicity, and high sensitivity. Choosing the diagnostic test used also depends on the diagnostic facility's available facilities and services and not on diagnostic accuracy. Due to time consumption, high cost, non-feasible techniques, most of the laboratories follow microscopy only, which is affordable (Rotureau *et al.*, 2006). The examination of skin scratching, the impression

of smears can easily reveal the presence of etiological agents, as well as microscopy of cultured species, which have higher sensitivity (Weina *et al.*, 2004). The immunological tests are unable to differentiate newly occurred infection from the old one and are not very trustworthy in patients with low immunity levels (Silvapandiyan *et al.*, 2009). The DNA extraction and PCR made more accurate parasite species diagnosis and phylogenetic studies (Boggild *et al.*, 2007).

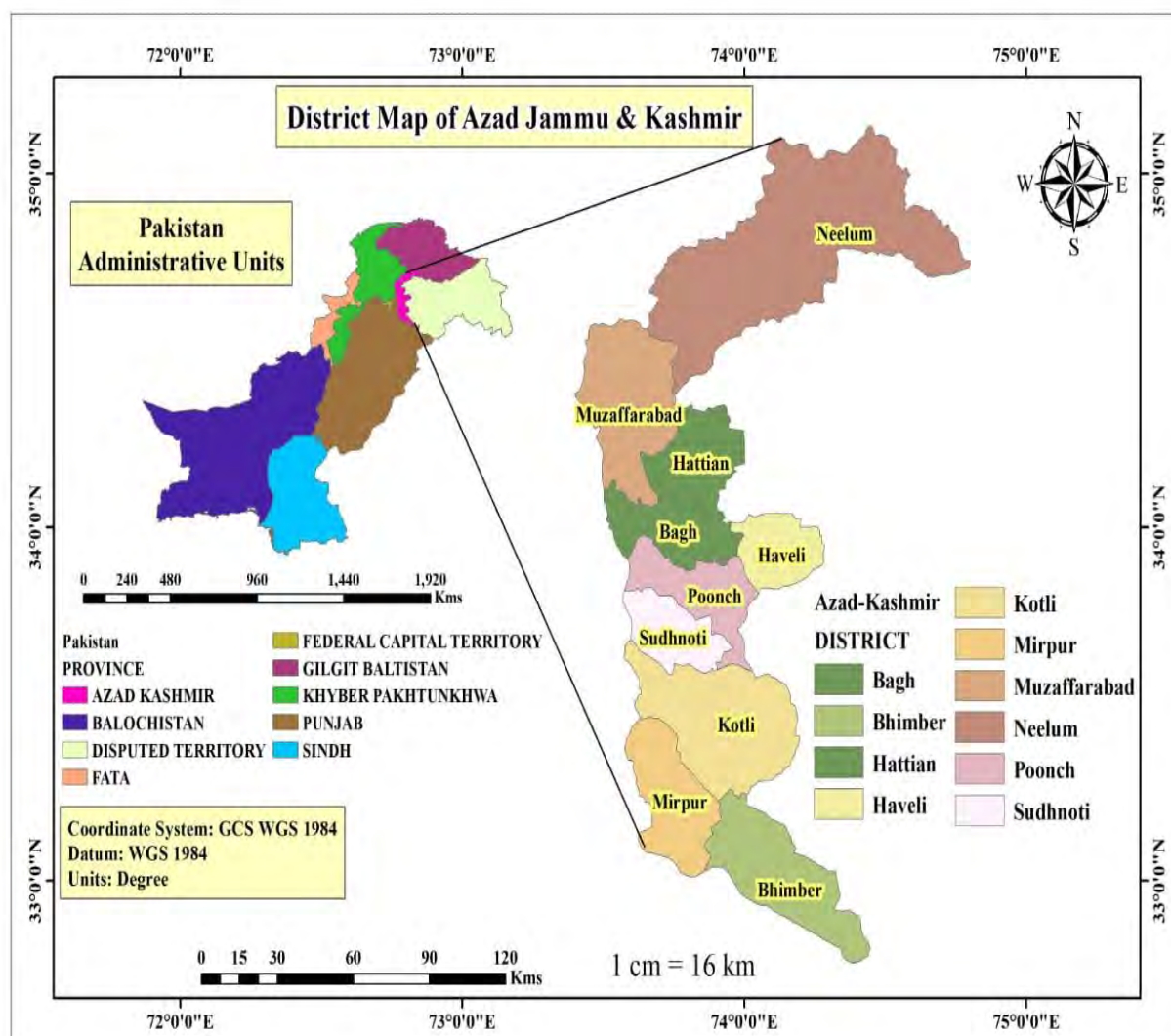
For large scale research, dried blood spots (DBS) are a safer alternative to standard vein puncture for blood collection (Fajardo *et al.*, 2014; Ostler *et al.*, 2014; McDade, 2014; Hijjawi *et al.*, 2016); Makowski *et al.*, 1995; Catsburg *et al.*, 2007; Sorensen *et al.*, 2007; Hollegaard *et al.*, 2013; Bensoussan *et al.*, 2006). Several molecular targets for PCR diagnosis were tested in the *Leishmania* parasite including the miniexon gene (Fernandes *et al.*, 1994), minicircle kinetoplast DNA (Qureshi *et al.*, 2016), gp63 gene, (Victoir *et al.*, 2003) and internal transcribed spacer among others. Samples spotted on filter paper collected from the study region were examined by PCR amplification of ITS1 in the current investigation and RFLP for parasite diagnosis at species level as reported by Cupolillo *et al.*, (1995) and Schonian *et al.*, (2003). The recent research is a partial attempt toward observing the epidemiology of CL infection and species identification in AJK by microscopy and molecular analysis.

## MATERIALS AND METHODS

### 2.1. Study Area and Collection of Samples

A district-based active CL surveillance was performed by the members of the research team of Quaid-i-Azam University Islamabad in AJK, Pakistan. The study was done in 2018 with the approval of the District Health Officer. The bioethical committee of Quaid-i-Azam University approved the protocol (#BEC-FBS-QAU-152). The data was collected from the local population included in the study area was based on visual inspection of the ulcerated skin and skin lesions. Two data sets were used for sample collection i.e. (i) a detailed questionnaire was filled by interviewing each patient. The questionnaire encompassed data on gender, age, the number of lesions, bed nets, and therapy used. (ii) The skin scraps were collected from suspected patients (n=20000) of CL infection for *Leishmania* diagnosis through microscopy. The blood drops at the margin of lesions that were spotted on 3MM filter paper were collected from microscopically positive patients (n=511) for species identification by molecular analysis. Data were collected from 10 districts of AJK i.e. Sudhnoti, Poonch, Haveli, Muzaffarabad, Hattian, Bagh, Bimber, Neelum, Kotli, and Mirpur shown in Fig.2.1. The written and oral consent was also recorded from the respondent or their elders.





**Fig. 2.1:** Map shows the study area of cutaneous leishmaniasis in Azad Jammu and Kashmir. **A:** Pakistan Administrative Units surrounding AJK. **B:** showing ten districts of AJK included in the present study.

## 2.2. Laboratory Diagnostic Procedure

### 2.2.1. Sample Collection for Microscopy

The samples for microscopy were collected from patients in the presence of medical representatives. The infected tissues were taken using a disposable scalpel blade (no.11) and smeared on a glass microscopic slide. Dried the smear, fixed in methanol (100%), Giemsa stained and then binocular microscope (optic, 500 series) was used for observation.

### 2.2.2. Sample Collection for DNA Extraction

The microscopically positive samples (n=511) of CL patients were collected for species identification. Briefly, sterile Whatman filter paper was touched at the site of lesion cut, allowed to air dry carefully, and then individually wrapped in the aluminum foil (Fig. 2.2). The samples were transferred to the Parasitology laboratory, Quaid-i-Azam University, Islamabad, and were stored at room temperature with silica gel until further analysis.



**Fig.2.2:** Shows *Leishmania* lesions of infected patients from A-F

### 2.2.3. DNA Extraction

The spotted filter paper (n=511) was punched with a paper puncher and placed into lysis buffer (250 $\mu$ l), Triton X 100 (2.5 $\mu$ l), proteinase kinase (-20mg/ml) (1.26 $\mu$ l) in (1.5ml) Eppendorf tube and incubated at 37 $^{\circ}$ C for overnight. After incubation, the filter paper was pressed several times with a sterile micropipette tip and removed from the Eppendorf tube. The specimen was centrifuged at 8050g for 10 minutes and the supernatant was discarded. The pellet was subjected to phenol-chloroform, ethanol (1:10:1), and Na acetate for precipitation. The pelleted DNA was dried for 5 minutes by a vacuum dryer and redissolved in (50 $\mu$ l) TE (pH 8) buffer. The sample was kept at -80 $^{\circ}$ C until use (Boggild *et al.*, 2010).



#### 2.2.4. PCR Amplification of Internal Transcribed Spacer 1

The microscopically positive samples (n=511) were subjected to PCR amplification. The *Leishmania* specific primers: LITSR forward 5'CTGGATCATTTTCCGATG3' and reverse L5.8S 5'TGATACCACTTATCGCACTT3' were used for the amplification of ITS1 of the ribosomal DNA (Schonian *et al.*, 2003). The amplification was done with the PCR master mix (2X tag green) (Thermo Scientific, Lot: 00514943). Amplification was done in a 50µL final volume of a reaction containing 25µL dream green PCR master mixture, forward primer 1µM, reverse primer 1µM, DNA template 1µl, and nuclease-free water (Thermo Scientific, Lot# 00496023) to 50µl. DNA sample amplification was performed in a thermal cycler (Kyratec Australia, Sc300) under the cyclic conditions: initial at 94°C for 3min followed by 35 cycles at 95 °C for 30sec, 50°C for 30sec, 72°C for 60sec followed by a final extension at 72°C for 5min. The MN891719-28 *Leishmania* confirmed samples were used as positive (+) whereas uninfected blood as negative (-) control. The amplified product was later analyzed by electrophoresis on ethidium bromide (0.5µg/ml) agarose gel (1.7%) and visualized under gel doc system (Extra Gene, USA) and the picture was captured using a gel documentation system. For DNA molecular weight standard, a 100bp ladder (Thermo Scientific) was used in each run.

#### 2.2.5. Restriction Fragment Length Polymorphism Analysis of Amplified ITS1

The amplified products 5µl were digested with BsuR1 (HaeIII) enzyme, following the instructions of the manufacturer. Briefly, the reaction mixture contained 5µl of the amplified product, 1µl of BsuR1 (HaeIII) (Thermo scientific), 7.5µl of dH<sub>2</sub>O and 1.5µl of 10X buffer (Thermo Scientific) in a microtube and was incubated for 2hrs at 37°C. Around 10µl of the reaction solution was analyzed by electrophoresis at 100V in 1X tris-acetate EDTA buffer (1mM EDTA, 0.04M tris-acetate, pH 8) on agarose gel (4%) and UV-illuminator (Extra Gene, USA) was used for visualization. The 100bp gene ruler DNA ladder of 100 and 20bp (Thermo Scientific) was used as the DNA molecular marker.

### 2.2.6. DNA Sequencing and Phylogenetic Analysis of ITS1 Region

The gene jet purification kit (Cat # K0701) was used for purification of amplified samples and was sent for sequencing to Korea (Macrogen Inc.). The sequences under the accession numbers MN891719-28 were deposited to the gene bank. The multiple alignment program MEGA 6 was used to align the sequences. The neighbor-joining method was used to infer the evolutionary history and analysis involved twenty-three nucleotide sequences. The MEGA6 software was used to construct the phylogenetic tree (Tamura *et al.*, 2013).

### 2.3. Statistical Analysis

The CL incidence count was analyzed to age, season, and gender. The initial data examination confirmed that the data count is "0" inflated and overdispersed having a mean (21.29167) was lesser than the variance (774.1286). Therefore, we used three models in software R (Development core team 2014) i.e. m1; zero-inflated negative binomial regression with random season effect.

Zero-inflated (incidence ~ age + gender, season, data = disease, dist = "negbin").

m 2; zero-inflated negative binomial regression with no accidental result.

Zero-infl (incidences ~ age + gender, data = disease, dist = "negbin").

m 3; simple negative binomial regression

nlm . bn(incidences ~ age + m0neg + aesae, data = disease).

Vuong test was used for the model's comparison, this recommends that the negative binomial model had significant improvement  $p=1.1470e_{-06}$ . Over zero-inflated negative binomial model. Therefore the negative binomial model was used in the present study. The package ggplot2 (in R language) was performed for data visualization. The statistical analysis for other data parameters was conducted by SPSS V. 21. For the comparison of 2 diagnostic methods, i.e. microscopy, and PCR Cohen Kappa was calculated as excellent (0.81-1.00), fair (0.21-0.40), moderate (0.41-0.60), slight (0-0.20), poor (0), and substantial (0.61-0.80) agreement (Cunningham *et al.*, 2012). Various formulas were used for the calculation of annual parasitic rate, slide positivity rate, and annual blood examination rate from suspected cases.

## RESULTS

### 2.4. District-Wise Distribution of Cutaneous Leishmaniasis

Out of 20000 CL suspected inhabitants based on visual inspection of the ulcerative skin and skin lesions, 511 samples were microscopically positive and 19489 were negative. The highest positive cases of CL were observed in Mirpur 4.02% (135/3360) whereas Muzaffarabad was the second highly affected district having 2.84% (97/3421) of CL infection. The Kotli ranked at third number having 2.66% (78/2937) CL positive cases. The rest of the districts as Sudhnoti, Bimber, Bagh, Poonch, Haveli, and Hattian had 1.81(50/2756), 2.92 (51/1745), 1.83(35/1913), 2.12(23/1084), 1.53(20/1308) and 1.44% (14/971) CL positive cases respectively, whereas Neelum showed the lowest 1.58% (8/505) CL positive cases. The occurrence of CL infection in the local population of Azad Jammu and Kashmir was 2.56% of the total population studied.

**Table. 2.1:** Epidemiology of cutaneous leishmaniasis in Azad Jammu and Kashmir.

District name	Population sizes	Suspected cases	Microscopic positive slides	Negative cases	SPR (%)	API / 100	BER (%)
<b>Bagh</b>	459,840	1913	35	1878	1.82	0.07	0.41
<b>Bimber</b>	520,059	1745	51	1694	2.92	0.09	0.14
<b>Hattian</b>	285,026	971	14	957	1.44	0.04	0.34
<b>Haveli</b>	188,086	1308	20	1288	1.52	0.10	0.69
<b>Kotli</b>	957,157	2937	78	2859	2.65	0.08	0.30
<b>Mirpur</b>	564,045	3360	135	3225	4.01	0.23	0.59
<b>Muzaffarabad</b>	665,744	3421	97	3324	2.83	0.14	0.51
<b>Neelum</b>	236,462	505	8	497	1.58	0.03	0.21
<b>Poonch</b>	618905	1084	23	1061	2.12	0.03	0.17
<b>Sudhonti</b>	3667,932	2756	50	2706	1.81	0.01	0.07
<b>Total</b>		<b>20000</b>	<b>511</b>	<b>19489</b>	<b>2.27</b>	<b>0.08</b>	<b>0.34</b>

The overall SPR (slide positivity rate) in the current study (2018) was 2.27% in all districts of Azad Jammu and Kashmir. The SPR was highest in Mirpur (4.01%) while the lowest (1.44%) in Hattian as compared to other districts. The SPR of Bimber, Muzaffarabad, Kotli, Poonch, Bagh, Sudhnoti, and Haveli were 2.92, 2.83, 2.65, 2.12, 1.82, 1.81, and 1.52% respectively. The district Neelum showed 1.58 SPR. The API (annual parasitic rate) was 0.08 per thousand populations in all cases under study. The API was highest (0.23%) in Mirpur while the lowest (0.01%) in Sudhnoti. The API in Muzaffarabad, Haveli, Bimber, Kotli, Bagh, and Hattian were 0.14, 0.10, 0.09, 0.08, 0.07, and 0.04% respectively. The Neelum and Poonch showed the same (0.03%) API. The ABER was 0.34% per 1000 population. The highest (0.69%) ABER was recorded in Haveli and the lowest (0.07) in Sudhnoti followed by Mirpur, Muzaffarabad, Bagh, Hattian, Kotli, Neelum, Poonch, and Bagh had 0.59, 0.51, 0.41, 0.33, 0.30, 0.21, 0.17, and 0.14% respectively (Table.2.1).

**Table 2.2:** Analysis of negative binomial regression showing the effect of age, gender, and seasons on *Leishmania* incidence (n=511).

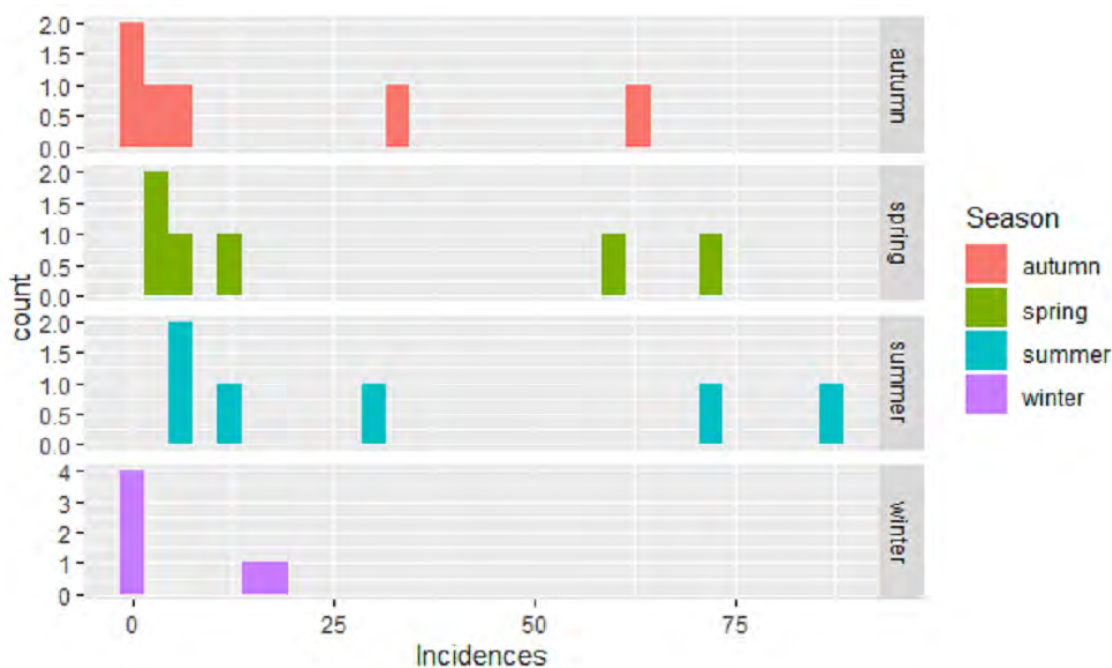
Co-efficient	Categories	Estimate	St.error	Z value	Pr(> z )
<b>Intercept</b>		3.5575	0.1387	25.654	< 2e-16 ***
<b>Age in years</b>	1-20	0.3103	0.1178	12.992	< 2e-16 ***
	21-40	-1.8331	0.1447	-12.670	< 2e-16 ***
	41-60	-3.2472	0.2565	-12.662	< 2e-16 ***
<b>Gender</b>	Male	0.3671	0.1147	3.199	0.00138 **
<b>Seasons</b>	Spring	0.4287	0.1581	2.712	0.00670 **
	Summer	0.7906	0.1515	5.217	1.82e-07 ***
	Winter	-1.0975	0.2195	-5.000	5.74e-07 ***
	Autumn	3.4357	-0.3904	22.75	0.005***

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.005 '\*\*\*' 0.1 ' ' 1

The predictor's sex, age and season predicting number of incidences are significant predictors

## 2.5. Seasonal Variation of Cutaneous Leishmaniasis

The findings revealed that the highest monthly number of CL isolates in the summer 41.49% (212/511) (June to September) were observed followed by spring 30.72% (157/511) (March to May), autumn 20.94% (107/511) (October to November) and winter 6.85% (35/511) (December to February) respectively. Minimum cases of CL were found in winter. However, the expected log recorded for CL cases was highest in summer i.e. 0.7906 while winter showed the lowest expected log i.e. -1.0975. The expected log for spring was 0.4287 while autumn showed the highest incidences than winter (-1.0975) (Table 2.2 and Fig. 2.3).



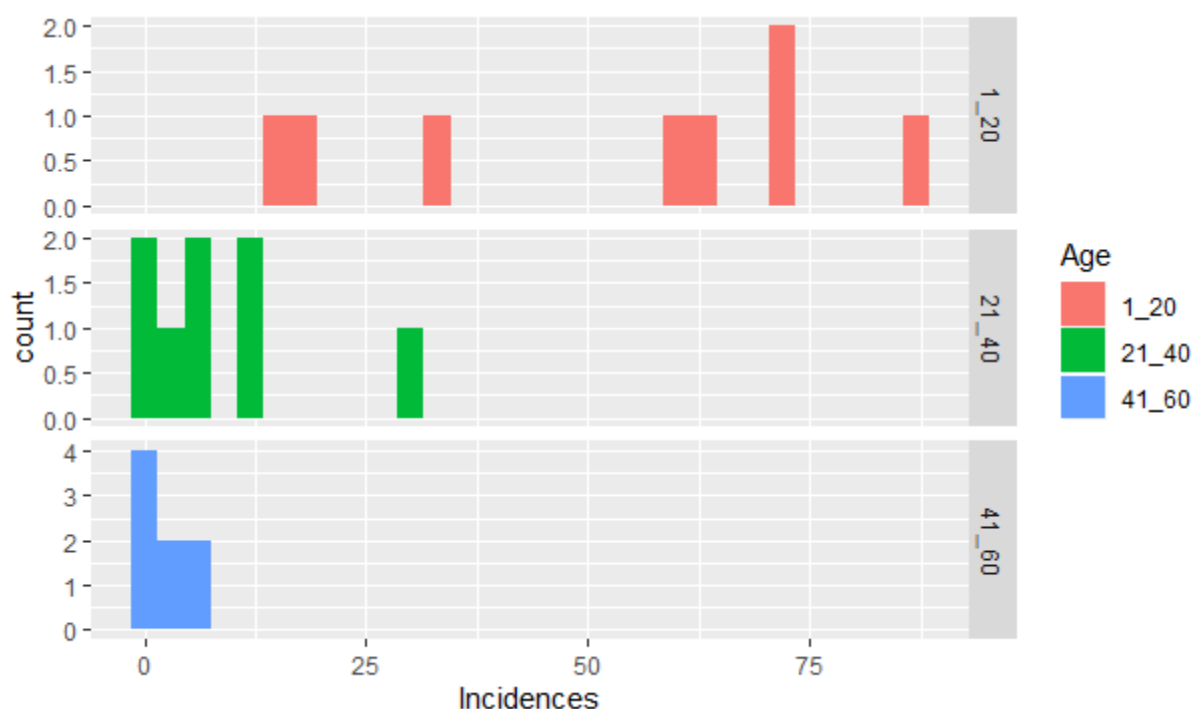
**Fig. 2.3:** Seasonal distribution of cutaneous leishmaniasis in Azad Jammu Kashmir, X-axis represents CL incidences and Y-axis the count of CL based on microscopy.

## 2.6. Gender and Age-wise Occurrence of Cutaneous Leishmaniasis

In the current finding, the proportion of the affected population under study in 2018 revealed that a higher rate of infection was observed in males 58.12% (297/511) than

females 41.88% (214/511). The male population had a higher expected log (incidence) value (0.3671) than females that had been used as constant for other variables (Table. 2.2).

The highest proportion of 82.78% (423/511) was observed at the 1-20 years old. Only 13.89% (71/511) of patients were observed in 21-40 years followed by 3.33% (17/511) in 41-60 years old. The ratio of males to females was different based on age. Males 46.97% (240/511) were more frequently affected than females 35.81% (183/511) at the age of 1-20 years. However, among aged 21-40 years, the infection was highest in females 9.39% (48/511) than males 4.50% (23/511) while in aged 41-60 showed only 1.76% (9/511) males and 1.57% (8/511) females. The CL incidence in the age group 1-20 years old was 0.3103 on the log scale which was the highest among the observed age groups that of 21-40 (-1.8331) and 41-60 (-3.2472) (Table.2.2, Fig.2. 4).

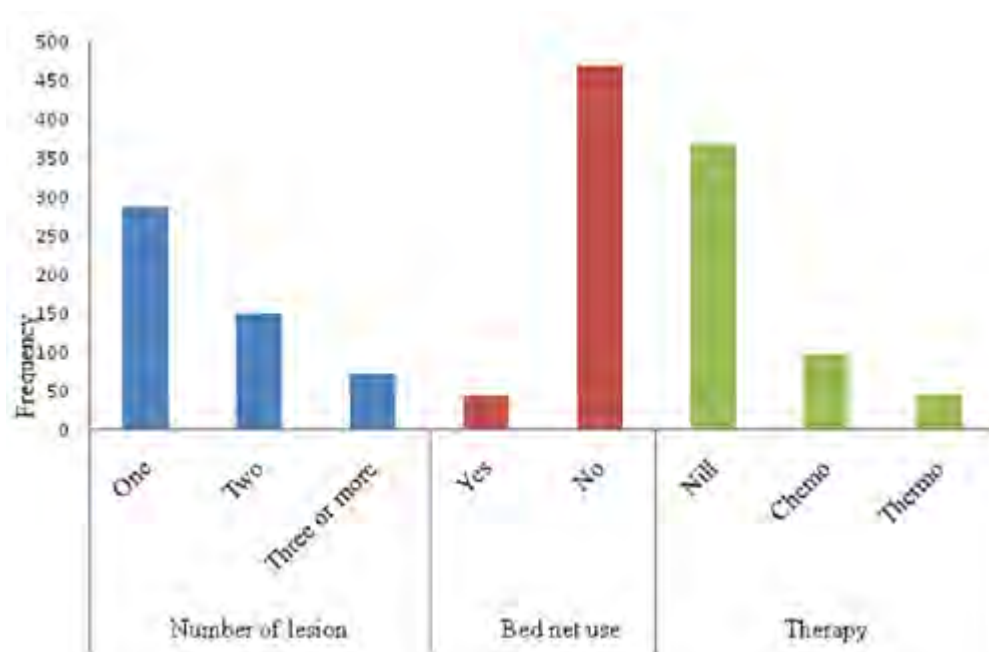


**Fig.2.4:** Age-wise distribution of CL infected population-based on microscopy

## 2.7. Distribution of Bed Nets, Number of Lesions, and Treatment

Overall, the single infected lesion was highest in the studied population as it was 56.36% (288/511) whereas two lesions infection was 29.35% (150/511) and three or more was 14.29% (73/511) and showed significant value ( $p=0.000$ ). Among the whole infected

patients with CL, only 8.41% (43/511) were using bed nets whereas 91.58% (468/511) were not using bed net having significant value ( $p=0.000$ ). Only 31 patients were using bed nets having a single lesion and infected with two lesions only 12 were using bed nets while no one was using bed nets having three or more lesions. All 18.98% (97/511) patients were treated with chemotherapy with meglumine antimoniate by intramuscular injection. The 9.00% (46/511) CL infected patients taking treatment by thermotherapy. About 72.02% (368/511) of patients were not visiting any health centers. The value of  $p=0.001$  (Fig. 2.5).

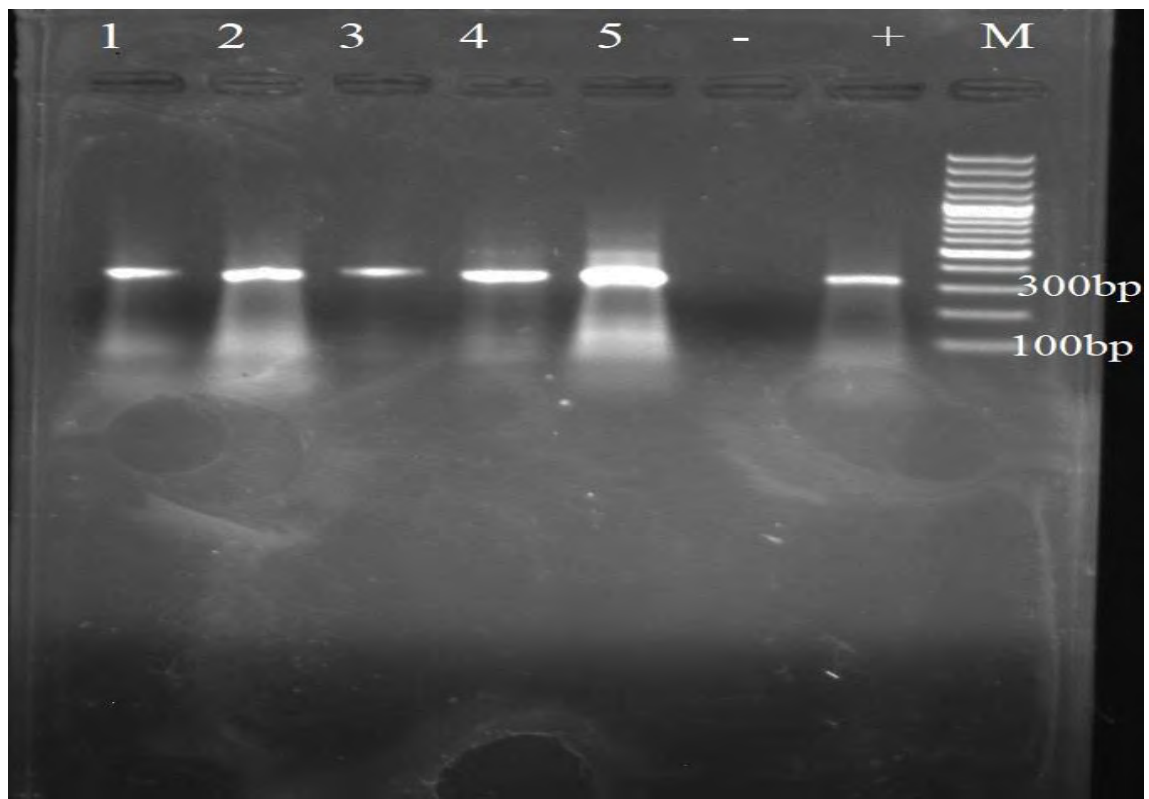


**Fig.2.5:** The frequencies of the number of lesions, bed net, and history of treatment among infected patients.

### 2.8. ITS1-PCR of Cutaneous *Leishmania* Cases

The microscopically positive CL samples ( $n=511$ ) were subjected to ITS1-PCR for amplification of the ITS1 region (Fig. 2.6). The PCR diagnosis showed that 91.39% (467/511) cases were found to be positive and 8.61% (44/511) negative. The district-wise distribution of PCR positive cases were found to be in Mirpur 23.29% (119/511), Muzaffarabad 16.24% (83/511), Kotli 14.48% (74/511), Sudhnoti 9.39% (48/511), Bimber 9.20 (47/511), Bagh 6.46% (33/511), Poonch 4.11% (21/511), Haveli 3.91% (20/511), Hattian 2.74% (14/511), and Neelum 1.57% (8/511). The two diagnostic methods i.e.

microscopy and ITS-PCR assay showed 0.960 value of Kappa that showed excellent kappa agreement with a significant value of 0.000 while 0.006 was a standard error.

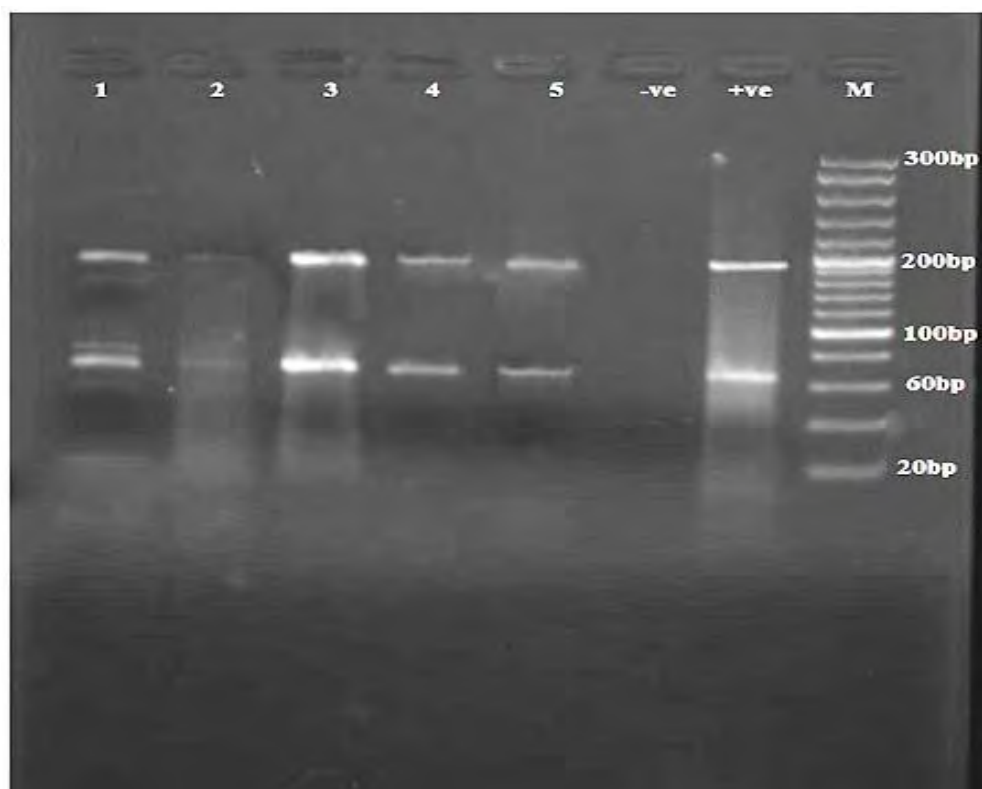


**Fig.2.6:** The PCR amplification with specific ITS1 primers of CL specimens giving approximately 300-350bp amplification band size when visualized under UV transilluminator. Lane M: 100bp DNA ladder. +ve standard MN891719 *L. tropica*, Lane -ve: blood from uninfected people and Lane 1-5: samples from infected patients.

## 2.9. Analysis of RFLP

Restriction of the ITS1 gene amplicons of amplified product with the endonucleases HaeIII generated 2 band patterns at 200 and 60bp. Among 511 microscopically positive samples observed from AJK, 91.39% (467/511) were identified as *L. tropica* by ITS1 PCR-RFLP and 8.61% (44/511) remained negative (Fig. 2.7).



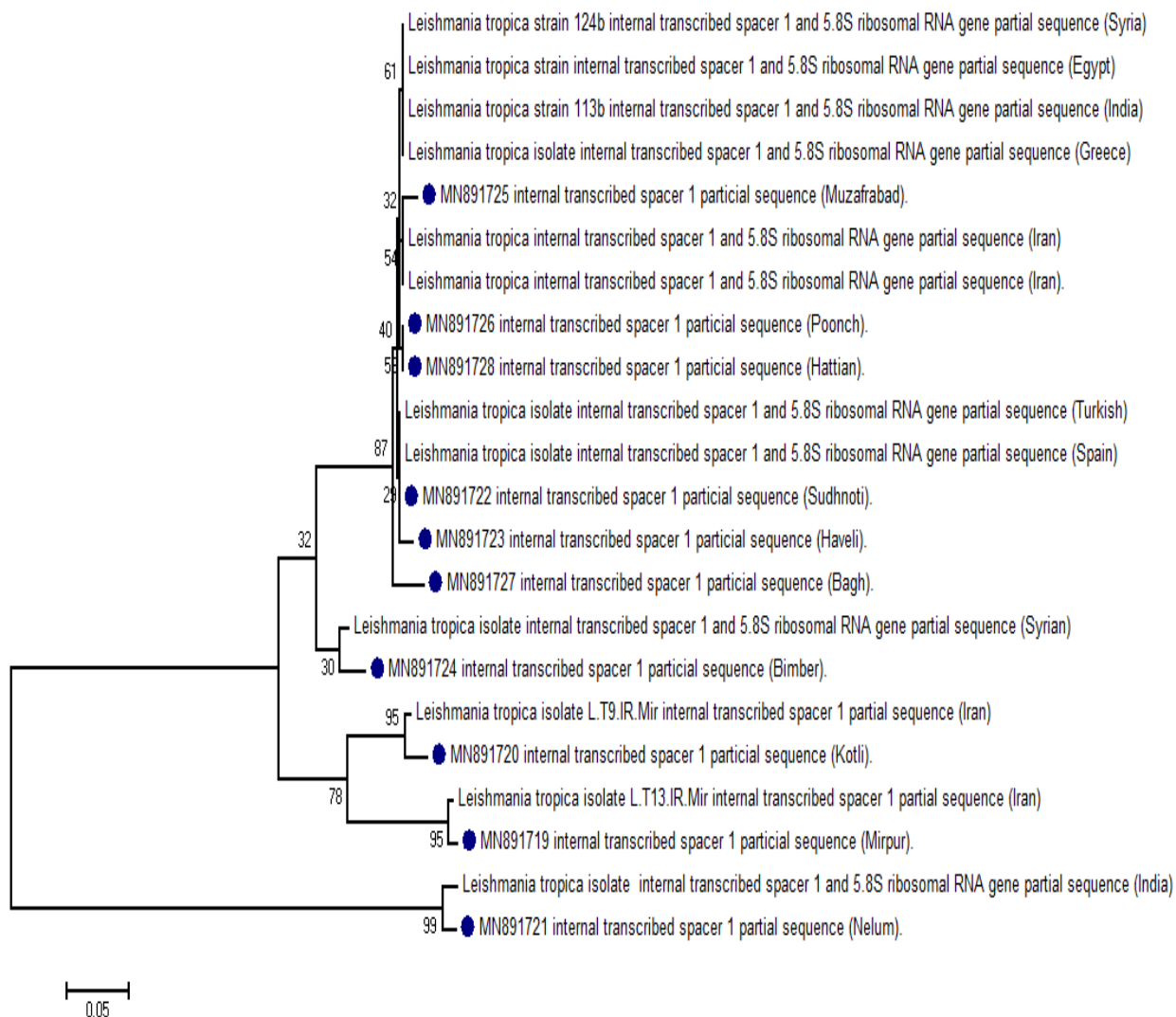


**Fig.2.7.** Showing the digestion of amplified ITS1 region with a restriction enzyme of Hae III. Lane M: 20bp DNA ladder, Lane -ve: negative control, Lane +ve: positive control of *L. tropica* showing two bands (60 and 200bp), Lane 1,2,3,4, and 5 samples for *L. tropica* detected in infected samples.

### 2.10. Sequence and Phylogenetic Analysis

According to the BLAST similarity research, the ITS1 sequencing results in the current study confirmed the presence of *L. tropica*, the causative agent of ACL. The nucleotide sequences were submitted into Gene bank with the accession numbers of MN891719-28. The constructed phylogenetic tree in Fig.2.8 involved twenty-two nucleotides and the sum of branch length was 1.00979406 with 1000 bootstrap replicates (Felsenstein, 1985). The phylogenetic tree was drawn to scale, with the same branch length unit, while the maximum composite probability approach measured evolutionary distances (Tamura *et al.*, 2004). The included position containing missing data and gaps were eliminated and the codons were 1<sup>st</sup> +2<sup>nd</sup> +3<sup>rd</sup> +noncoding. In the final dataset, there were about 140 positions. However, in the phylogenetic tree, the isolates of *L. tropica* from

Mirpur (MN891719), Kotli (MN891720), Muzaffarabad (MN891725) showed homology to the *L. tropica* isolates of Iran. The Bimber (MN891724) and Bagh (MN891727) showed a relationship to Syrian and (MN891722) Sudhnoti and Haveli (MN891723) sequences belonged to Spain while Neelum (MN891721) belongs to India. The sequence of districts Poonch (MN891726) and Hattian (MN891728) belong to Iran and Syrian.



**Fig. 2.8.** The neighbor-joining tree was constructed based on the ITS1 gene sequence of the *L. tropica*. The 511 microscopically positive samples were identified on species level by PCR-RFLP technique. Out of 511 PCR amplified samples, 10 samples were randomly selected for *L. tropica* reconfirmation by sequencing.

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## DISCUSSION

The distribution of CL shows wide patterns in Pakistan and is continuously disperse in adjacent areas. Recently, several outbreaks were reported from the Northern and Southern regions of Pakistan. It is suspected that the disease-free areas that adjoin borders with endemic regions are also at risk. The present study was carried out in AJK, geographically in contact with Gilgit Baltistan (Ayub *et al.*, 2003), Punjab (Kakarsulemankhel, 2004), KPK (Qureshi *et al.*, 2016; Noor & Hussain, 2017), and Indian administered Kashmir (Ara *et al.*, 2013), which are prone for CL infection. In the respective study area, an unusual increase in the CL cases from 2011-2014 was reported from Mirpur (Mughal *et al.*, 2014). Unfortunately in most of the areas in AJK people are unaware of CL infection. Hence, an active survey was conducted to find the epidemiology of CL in local inhabitants. In present investigations, Mirpur showed the highest CL infection and lowest in Neelum. The seasonal elements play a vital role in the spread of CL because, compared to winter, the sand fly is more involved during the warmer months of the year. In the current analysis, CL cases were observed throughout the year (2018), whereas the maximum cases were found in warm months and gradually decreased with temperature changed from warm to winter. Our study was also supported by Durrani *et al.*, (2011), where CL-positive cases were reported throughout the year from Northern Pakistan. The highest CL cases in summer might be as a result of the occurrence of the highest number of gravid sand flies as they need to consume a greater blood quantity for their egg development. The lowest rate of CL infection in autumn and winter was due to the flushing effect of rainfall or snow on immature emerging sand flies in AJK.

The CL infection was more prevalent in males than females (Table. 2), that are similar to results observed by Galgamuwa *et al.*, (2017) and Sandanayaka *et al.*, (2014) in Sri Lanka, Aara *et al.*, (2013) in India, and Enami *et al.*, and Alavinia *et al.*, in (2009) in Iran. The highest prevalence of CL in males is because they are more involved in outdoor activities and they commonly do not cover their skins, which maximizes their exposure to vector bites (Gadisa *et al.*, 2015). Also, females are restricted to household activities, obligatory for them to be at home before dusk, the onset of the period of sand flies activity

as observed by Al Jawabreh *et al.*, (2003). Current investigation revealed, most infected people were of 1-20 years of age due to malnutrition and weak immune system. This was also supported by other researchers (Qureshi *et al.*, 2016; Layegh *et al.*, 2011; Karami *et al.*, 2013; Zijlstra, 2016). The lowest occurrence in 41-60 years of age was 3.33% observed in current results. This finding was related to the observations conducted by Nawaz *et al.*, (2010). We also agreed with Ullah *et al.*, (2009) who determine the lowest prevalence rate in the 46-60 years group.

In our investigation, patients presented single (56.36%), two (29.35%), and three or more (14.29%) lesions. Our results are in agreement with Talari *et al.*, (2006), who reported the occurrence of the single lesion with a rate of 58.4%, two with 29.2% and more than two 12.38% in CL patients. Another study conducted by Qureshi *et al.*, (2016) also showed the highest occurrence of the single lesion as compared to other numbers of lesions in CL patients. However, from the current analysis, it seems that multiple lesions are also not uncommon; these lesions could be due to long periods of exposure to sand flies. The vector bite might control by the use of bed nets when people are sleeping outside the rooms at night. However, the 3mm size mesh bed net gave additional protection than the larger because the sandflies are about 2-3mm wing size long. Bern *et al.*, in (2000) suggested that the bed nets (pyrethroids treated) minimize the vector biting from 64-100%. The bed nets (insecticide-treated) have been permitted by the Pesticide Evaluation Scheme of WHO as these bed nets are very effective for a long time (WHO, 2015) but the people of Azad Jammu and Kashmir are generally unwilling for bed nets paying due to high financial burden in villages. In the current study, 72.02% of patients did not visit any health center because of unawareness; people use several harmful applications of lighted matches, gasoline, and acids for the treatment of CL infection. The same results were also reported in Ecuador (Weigel *et al.*, 1994). In AJK, drug sellers have been linked to the choice of treatment and therapy. Various studies also clarified this in Pakistan (Jamal *et al.*, 2013). Hence, it would be better to argue that local population awareness about CL and its vector might be a successful tool to decrease the upcoming scenario of this infection (Rahman and Rehman, 2018).

The parasite species identification is very important in disease prognosis and in deciding appropriate therapy. Molecular techniques have been proved to be a powerful tool for detecting parasites as well as parasite species identification by PCR. In the current study, the ITS1 sequence (300-350bp, species-dependent) was chosen as the target for our PCR assay because several recent studies have shown that ITS-PCR followed by FRLP is a suitable tool to classify *Leishmania spp.* (Schonian *et al.*, 2003; Bensoussan *et al.*, 2006). The key benefit of ITS-PCR is that the identification of species can be accomplished by digesting a single restriction enzyme (HaeIII) PCR product and this is sufficient to differentiate almost all medically relevant *Leishmania spp.* (Schonian *et al.*, 2003). In our analysis, of the 511 microscopies confirmed cases of CL, 91.39% (467/511) were successfully amplified by ITS-PCR. However, the 8.61% (44/511) (untreated) microscopy confirmed cases were not amplified by ITS-PCR. The PCR negative results might involve many factors i.e. (i) false microscopy identification (ii) less quantity of sample on filter paper (<5ng/ $\mu$ l) (iii) poor handling resulted in contamination because microscopy needs expertise and is time-consuming (Boggild *et al.*, 2010). Current results showed excellent concordance between microscopy and ITS-PCR i.e. (0.960 $\pm$ 0.006). A similar level of agreement was also reported by Gao *et al.*, (2015) between two diagnostic tests. The patients under treatment were CL positive because intra-lesional treatment showed poor response which may be due to the acquisition of partial treatment. The reason might be an incomplete treatment that needs to develop resistance in parasites against the drug. Further, the lesions are normally painless and remained neglected for a long time providing more chances for the spread of infection (Jamal *et al.*, 2013). The cost of treatment is also beyond many patients. Socio-economical conditions and malnutrition are also other important factors responsible for weak immunological responses against this infection in the poor population of AJK. The present study suggested that there is a need to control *Leishmania* infection by vector control using insecticide repellent and impregnated clothes, bed sheets, curtains, and bed nets with insecticide and exploring new species-specific drugs for parasites (Reyburn *et al.*, 2000; Yaghoobi-Ershadi *et al.*, 2006).

## CONCLUSION

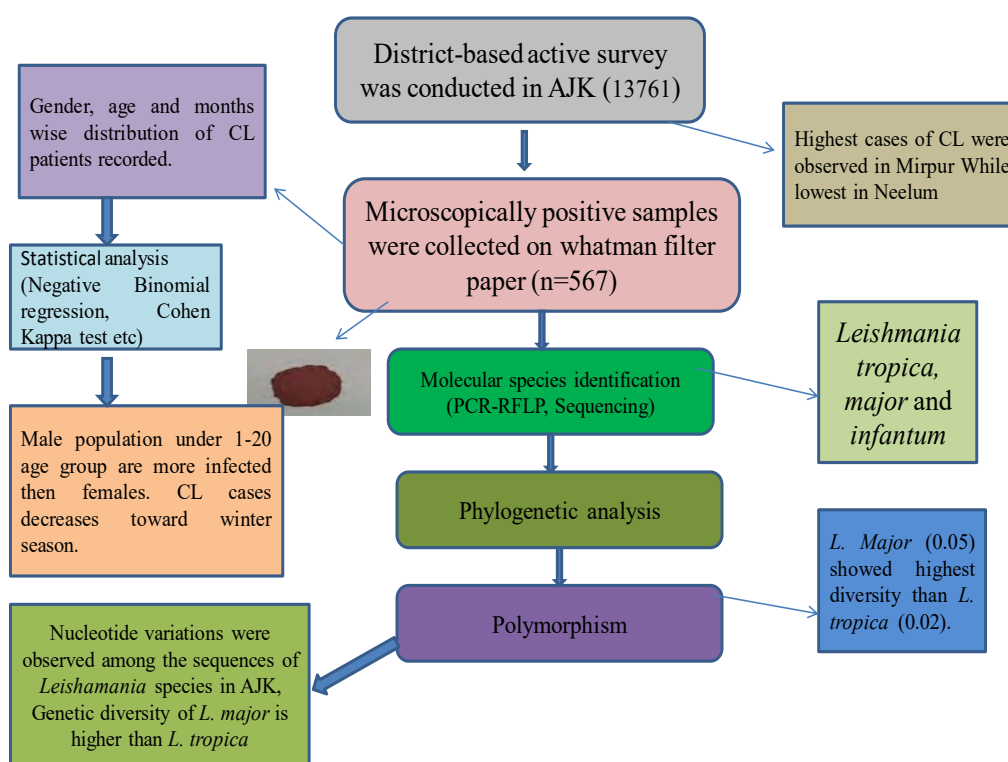
The finding of our study concluded that CL-infected inhabitants were not aware of CL infection and its preventive measures. There is a need for more health education to create awareness among the local population of AJK. The PCR-RFLP assay identified the presence of *L. tropica* in samples under study, which has an anthroponotic transmission (Rowland *et al.*, 1999; Noyes *et al.*, 1998). The scars of negative inhabitants may be due to bacterial infection (*Staphylococcus aureus* and *Staphylococcus epidermidis*) and low parasitic load because of home remedies (Doudi *et al.*, 2010). For proper treatment and making controlling strategies more epidemiological studies are recommended in AJK. An extensive study is also needed to find the unknown etiology of scars which showed negative results for CL infection.

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**Genetic Diversity of Cutaneous Leishmaniasis from Azad Jammu and Kashmir, Pakistan****ABSTRACT**

The genetic diversity of *Leishmania* spp. in North Eastern Pakistan remains undetermined despite increased cases of cutaneous leishmaniasis (CL). This study was designed to decipher the molecular characterization and genetic diversity of *Leishmania* spp. in North Eastern Pakistan. Out of 13761, CL suspected cases, 567 cases were microscopically positive and confirmed as *Leishmania* spp. by internal transcribed spacer (ITS) gene amplification through the PCR-RFLP technique. Further, isolates were directly sequenced to conduct phylogenetic analysis for genetic diversity. Among suspected CL cases, Mirpur showed the highest proportion of CL infection with 4.85% (118/2431) of the cases, while the Neelum district showed the lowest percentage at 3.29% (9/273). The slide positivity rate, annual blood examination rate, and annual parasitic incidence rate were 3.84, 0.27, and 0.01% respectively, and the incidence of CL in the age group 1-20 years old was higher in males (50.92%) than females (25.75%). The RFLP analysis and sequencing confirmed the occurrence of *L. tropica*, *L. major*, and *L. infantum*. *Leishmania tropica* (p=0.02) confirmed significantly higher nucleotides variation than *L. major* (p=0.05). Current findings confirmed the prior assumption that anthroponotic CL is the primary CL form present in North Eastern Pakistan. Moreover, this is the first report based on molecular identification of *L. major*, and *L. infantum* from North Eastern Pakistan. This remarkable heterogeneity in the *Leishmania* spp. is the leading cause of treatment failure and emergence of new haplotypes. Therefore more extensive investigations are recommended from all geographical regions of North Eastern Pakistan, especially those using a large sample size.

## GRAPHICAL ABSTRACT





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## INTRODUCTION

The *Leishmania* parasite is identified by epidemiological, clinical and ecological complexity. The presence of *Leishmania* worldwide (except Antarctica) and the ability to infect sand fly species and mammalian hosts show that *Leishmania* parasite is capable to survive and adapt different environments. The biotic interaction and changes in the environment can inflict selection pressure on different life-history traits and manipulate their genetic diversity. The genome comparison exhibited a high level of heterogeneity in the *Leishmania*. At the phylogenetic divergence level, markers e.g. ribosomal ribonucleic acid is necessary to form an image of various phylogenetic subdivisions. The genetic divergence observed at the subgenus level is very high and decreases in species level (Beverley *et al.*, 1987; Rioux *et al.*, 1990). Moreover, the phylogenetic and genetic data showed that various taxa can show the variable level of genetic heterogeneity. For example subgenus of *Leishmania* showed more heterogeneity than the *Viannia* subgenus (A.I.ban uls *et al.*, unpublished observations). All species also exhibited different genetic diversity e.g. *L. guyanensis* and *L. donovani* is less polymorphic than *L. mexicana* (Cupollilo *et al.*, 1995; 1998; A.I.ban uls *et al.*, unpublished observations). Many other studies showed old-world as following: *L. tropica* > *L. aethiopia* > *L. major* > *L. donovani* (Schonian *et al.*, 2001).

The most debated factor and the controversial subject is the genetic diversity of the parasites (Baghaei, 2005). The genetic variability provides information on traits and is linked to the ancient species emergency in an area or country (e.g. vector and host diversity, the existence of various *Leishmania* spp.). Even though numerous investigations have presents the polymorphism in a natural population of various *Leishmania* spp. (Cupolillo *et al.*, 1998, 2003; Mauricio *et al.*, 2001; Schonian *et al.*, 2001). No information is available so far on the genetic diversity of the *Leishmania* parasites and the connection with eco-epidemiological features of the disease (Cupolillo *et al.*, 2003; Zemanova *et al.*, 2004) and with parasite evolution (Ibrahim and Barker 2001; Victoir *et al.*, 2005).

Various factors such as genetic makeup of the host, immune status, parasite features, and vector-associated factors are used to determining clinical manifestations of *Leishmania* infection. The *Leishmania* infection may show that the parasite is modified to its host (Lainson and Shaw, 1987). Various investigations on epidemiology stated that infected human beings stay asymptomatic or show fewer or more serious processes related to pathology (Ho *et al.*, 1982; Zijlstra *et al.*, 1994; Sharma *et al.*, 2000; Bucheton *et al.*, 2003; Riera *et al.*, 2004). However, overlap in clinical manifestations is due to dissimilar *Leishmania* spp. For example, *L. amazonensis* and *L. tropica* are reported for VL (Alexio *et al.*, 2006; Alborzi *et al.*, 2006). Similarly, *L. donovani* or *L. major* reported for mucosal leishmaniasis in Tunisia and Sudan. Also, in Guyana disseminated leishmaniasis is observed due to *Leishmania guyanensis* (Couppie *et al.*, 2004).

The gene order is much conserved between thirty species of *Leishmania* even if interloci distances may vary (Ravel *et al.*, 1999). However, various studies reported a high level of nucleotide sequences polymorphism (Beverlet *et al.*, 1987; Ravel *et al.*, 1999). Based on restriction patterns between *L. major*, the key divergence in the DNA sequence ranged from 13-25 percent. This is comparable with that observed among species of animals that diverged ten to eighty million years ago (Britten, 1986; Beverley *et al.*, 1987). One another study also confirmed this level of divergence among genome comparisons in *L. major* and *L. infantum* (Ravel *et al.*, 1999). The whole sequencing of *L. infantum* and *L. braziliensis* genome will give details regarding the genetic divergence among these species. The genetic diversity of an organism can be detected by sequencing different complete genomes from various isolates of the natural population. It's not feasible to complete sequence of *Leishmania* population. Various other molecular-based methods are accessible to investigate the genetic diversity of *Leishmania* spp. PCR based assays are valuable tools for the investigation of genetic diversity within parasite species. The DNA amplification from the low number of parasites in low quantity sample volume can defeat the limitation of culturing. Various PCR-based methods have been used for *Leishmania* typing. Multilocus Enzyme Electrophoresis (MLEE) is sometimes used for *Leishmania* detection (Banuls *et al.*, 2007). Multilocus Sequence Typing (MLST), RFLP, and sequencing have

been conducted for this purpose (Yehia *et al.*, 2012; de Silva *et al.*, 2010). The RFLP method is a simple and fast tool currently used in molecular epidemiological studies. They give useful detail on the genetic diversity and nature of the unique geographical location of the population. The PCR-RFLP method identifies small variations in a specific gene where a single deletion or addition exists by an enzyme. This method has been used for various DNA based markers such as gene loci gp63 (Victoir *et al.*, 2003), antigen genes (Quispe Tintaya *et al.*, 2004), microsatellites (Bulle *et al.*, 2002), small subunit rRNA (van Eys *et al.*, 1992), mini-exon & ribosomal internal transcribed spacer regions (Cupolillo *et al.*, 2003) and extranuclear DNA such as minicircle of kDNA (kinetoplast DNA) (Yurchenko *et al.*, 2000) have been already used. In terms of validation and sensitivity, the ITS1 region offers the best resolution for the discrimination of most medically relevant *Leishmania* spp. (Odiwuor *et al.*, 2011). ITS1 is the sequence between 18S ribosomal RNA and 5.8S ribosomal RNA genes. This gene consists sufficient conservation to provide as a PCR target but adequate polymorphisms to make possible typing of species and detection (Roelfsema *et al.*, 2011). The ITS region evolves more quickly than the functional domains that flank and phylogenetic studies of various organisms have shown that are helpful to infer about the relationship between the directly related population of organisms (Hillis, 1987; Hillis *et al.*, 1991).

Interestingly, CL is an emerging tropical and subtropical disease in underprivileged regions of AJK. The *Leishmania* parasite identification on species level is most important for clinical diagnosis, treatment, and eco-epidemiology. Previously, no report available concerning the occurrence of *L. major* and *L. infantum* in CL patients of all districts of AJK. In AJK, anthroponotic CL caused by *L. tropica* is believed to be the only species causing CL (Shaheen *et al.*, 2020). Hence, this study was designed to identify *Leishmania* spp. circulating in AJK by using two molecular-based techniques: microscopy and the ITS1 PCR-RFLP. The sequencing was done for phylogenetic analysis and genetic variability.

## MATERIALS AND METHODS

### 3.1. Ethical Statement

A district-based active CL surveillance was conducted by the research team members of Quaid-i-Azam University Islamabad, Pakistan. The study was conducted in 2019 with the same approval as described in chapter 2.

### 3.2. Study Area and Sample Collection

The sample collection was based on the methodology described in chapter 2 from the local population of AJK. The skin scraps (n=13761) from suspected patients of CL infection and blood drops (n=567) were collected for *Leishmania* detection by following methodology same used in chapter 2 in 2019. The suspected inhabitants participated in 2018 (511/20000) and 2019 (567/13761) were different. The study area is shown in the map of AJK in chapter 2 (Fig.2.1).

### 3.3. DNA Extraction

DNA extraction DBSs on the cards (567) were cut into small pieces and transferred into 1.5ml eppendroph tube and soaked in 40 $\mu$ l PBS, and incubated overnight at 37°C. The genomic DNA was isolated from blood using the DNeasy Blood and tissue kit (Qiagen, Valencia, USA) by following manufacturer's protocol.

### 3.4. DNA Concentration

The DNA concentration were obtained by measuring at 260nm ( $A_{260}$ ), and assuming that an  $A_{260}$  of 1 is equal to 35ng/ $\mu$ l pure ssDNA. The DNA concentrations were measured by a smartspec plus spectrophotometer (Bio Rad, Hercules, USA).

### 3.5. Amplification of ITS1 Region

The microscopically positive samples (n=567) were subjected to PCR amplification. The reaction mixture, primers, and thermal cyclic conditions used were as same described in chapter 2. The uninfected blood was used as a negative whereas MW139334-340, MW114510- MW114522, MW165326, and MW183336 *Leishmania* spp. confirmed samples were used as a positive control. The amplified products were analyzed by electrophoreses following the same steps used in chapter 2.

### **3.5. Restriction Fragment Length Polymorphism of Amplified ITS1**

For the RFLP analysis, amplified products were digested with BsuR1 enzyme (HaeIII) by following the manufacturer's instructions described in chapter 2.

### **3.6. Sequencing and Accession Numbers of Nucleotide Sequences**

The samples were purified using methodology used in chapter 2. The partial sequences of the ITS1 gene obtained in the current study were deposited in the Gene Bank database under accession numbers MW114510.1-MW114521.1, MW139334.1-MW139340.1, MW165326.1, and MW183336.1.

### **3.7. Polymorphic Analysis of ITS1 Region**

Clustral-W multiple sequence alignment program was used to viewed and analyzed the nucleotide sequences. The sequences were compared using the BLAST algorithm to the homologous sequences in the gene bank database (Camacho *et al.*, 2009). The sequences were edited and assembled with the BioEdit (7.2.5.0 version) to identify nucleotide variations by BioEdit (7.2.5.0 version) software (Hall, 1999). A molecular phylogenetic tree was constructed through *L. tropica*, *L. major*, and *L. infantum* sequences obtained from different areas of AJK as well as available published sequences in the Gene Bank by the Neighbor-Joining (NJ) method using MEGA6 (Tamura *et al.*, 2013). The NJ tree reliability was evaluated by the bootstrap method with one thousand replications. The nucleotide diversity was calculated by Tajima test using BioEdit (7.2.5.0 version) software (Tajima, 1989; Nei and Kumar, 200).

### **3.8. Statistical Analysis**

The incidence of CL count was analyzed to the season, gender, age, and species. The initial data investigation confirmed that data count is over-dispersed having 23.625 mean that is lower than variance i.e. 1.9576 and also zero-inflated. For this reason, we used 3 models in R software described in chapter 2. The two diagnostic methods PCR and microscopy Cohen Kappa was calculated in SPSS V.21 (Cunningham *et al.*, 2012). Annual parasitic rate, slide positivity rate, and annual bold examination rate was calculated by using same formulas in chapter 2. BioEdit software was for the analysis of the sequence variation. The MEGA 6 software was used to contract the phylogenetic tree.

## RESULTS

Out of 13,761 CL suspected inhabitants based on visual inspection of the skin lesions and ulcerative skin, 567 samples were microscopically positive while 13194 were negative. In the current findings, the highest positive cases of CL were observed in district Mirpur 4.87% (118/2431) and Muzaffaarad was the 2<sup>nd</sup> highly affected district having 5.74% (106/1847) of CL cases. The district Kotli ranked at 3<sup>rd</sup> number showing 4.41% (88/1995) CL positive cases followed by Bimber 4.24% (56/1321), Bagh 4.65% (54/1161), Sudhnoti 3.42% (48/1402), Hattian 3.82% (46/1205), Poonch 2.14% (23/1076), and Haveli 1.81% (19/1050). The district Neelum showed the lowest positive cases of CL infection, i.e. 3.29% (9/273). The occurrence of CL infection in the local inhabitants of AJK was 4.12% in the total population studies (n=567/13761) (Table 3.1).

**Table 3. 1:** District-wise Distribution of CL infection in Azad Jammu and Kashmir, Pakistan

District name	Population studies	Suspected cases	Microscopic positive slides	Negative slides	SPR (%)	API per 100	BER (%)
Mirpur	564,045	2431	118	2313	4.85	0.21	0.43
Muzaffarabad	665,744	1847	106	1741	5.74	0.16	0.27
Kotli	957,157	1995	88	1907	4.41	0.09	0.21
Bimber	520,059	1321	56	1265	4.24	0.11	0.25
Hattian	285,026	1205	46	1159	3.82	0.16	0.42
Poonch	618,905	1076	23	1053	2.14	0.04	0.17
Sudhnoti	3667,932	1402	48	1354	3.42	0.01	0.04
Haveli	188,086	1050	19	1031	1.81	0.10	0.55
Bagh	459,840	1161	54	1107	4.65	0.12	0.25
Neelum	236,462	273	9	264	3.29	0.04	0.12
Total		13761	567	13194	3.84	0.01	0.27

The total slide positivity rate (SPR) in the present investigation (2019) was 3.84% in all districts of AJK. The district Muzaffarabad showed the highest SPR, i.e. 5.74%, and the lowest observation in Haveli (1.81). The SPR of CL was Mirpur, Bagh, Kotli, Hattian, Sudhnoti, Neelum, and Poonch having 4.85, 4.65, 4.41, 4.24, 3.82, 3.42, 3.29, and 2.14 respectively. The annual parasitic rate (API) was 0.01 per 1000 population in all cases under study. The highest (0.21) API was shown in district Mirpur, while the lowest (0.01) observed in district Sudhnoti. The districts Muzaffarabad and Hattian showed similar API, i.e. 0.16. On the other hand, Bagh, Bimber, Haveli, and Kotli showed 0.12, 0.11, 0.10, and 0.09, respectively. The district Neelum and Poonch 0.04 also showed the same API. The total BER has observed in the current study was 0.27. The district Haveli showed highest (0.55) BER while lowest (0.94) in district Sudhnoti. The observed BER in districts Mirpur, Hattian, Muzaffarabad, Kotli, Poonch, and Neelum were 0.43, 0.42, 0.27, 0.21, 0.17, and 0.12 respectively. The district Bimber and Bagh showed the same BER, i.e. 0.25 (Table.3.1).

### **3.8. Season-Wise Distribution of CL**

The observations of the present investigation stated that CL distribution is temperature-dependent. The highest cases of CL were observed during more temperature months, i.e. summer 47.79% (271/567) (June-September) followed by spring 20.46% (116/567) (March to May), Autumn 28.92% (164/567) (October to November) and Winter 2.81% (16/567) (December-February). The expected log was recorded for CL cases with the highest for summer, i.e. 0.49249 while in winter showed the lowest expected log, i.e. -2.35064. The predicted log for autumn was -1.20716 showed lowest then winter, i.e. -2.35064 (Table 3.2).

**Table 3.2:** Negative binomial regression analysis presenting the effect of age, gender, season, and *Leishmania* species

Coefficient	Categories	Estimate	Std. Error	Z value	Pr(> z )
<b>Intercept</b>		3.5578	0.3033	11.729	< 2e-16 ***
<b>Age in years</b>	1-20	1.68332	0.12256	-13.73	< 2e-16 ***
	21-40	-1.03770	0.10058	-10.317	< 2e-16 ***
	41-60	-1.87448	0.18074	-10.371	< 2e-16 ***
<b>Gender</b>	Male	0.57252	0.08769	6.529	6.61e-11 ***
	Female	-2.98528	-0.21561	-13.84	4.51e-5
<b>Seasons</b>	Spring	-0.36963	0.13247	-2.790	0.00527 **
	Summer	0.49249	0.10538	4.673	2.96e-06 ***
	Winter	-2.35064	0.26726	-8.795	< 2e-16 ***
	Autumn	-1.20716	0.03604	-33.49	< 2e-16 ***
<b>Species</b>	<i>L. tropica</i>	0.13500	0.28444	0.475	0.63507
	<i>L. major</i>	0.09048	0.29351	0.308	0.75787
	<i>L. infantum</i>	-3.46732	0.00979	-11.421	0.06212

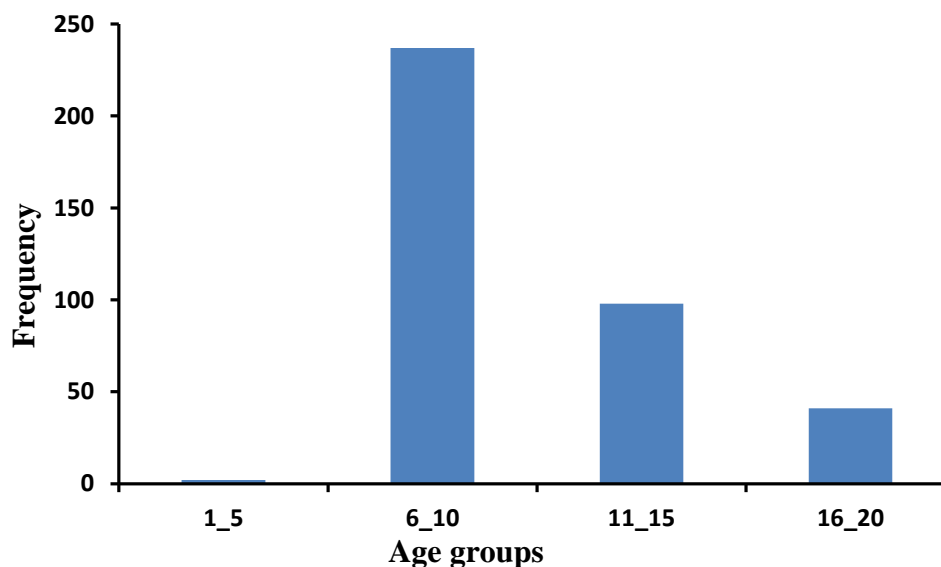
Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

### 3.9. Gender and Age-wise Distribution of CL Infection

The proportion of the affected population under the current study revealed that the highest infection rate was observed in males (63.84%) than females (36.16%). The male population showed the highest (0.57252) expected log (incidence) value than females (-2.98528) that were used as a constant for other variables. The most affected age group of CL patients were 1-20 years ie. 66.67% (378/567) while 23.63% (134/567) was observed in 21-40 years old followed by 9.70% (55/567) in 41-60 years old. The males were observed more frequently affected than females in all age groups. The males were more affected by 50.92% (232/567) than females 25.75% (146/567) at the age group of 1-20.



The infection rate was 17.28% (98/567) at the 21-40 years in males and 6.35% (36/567) in females, while 5.64% (32/567) in the age 41-60 years in males and 4.06% (23/567) in females. On base upon log scale, the CL incidence in the 1-20 years old age was 1.68332 which was the highest between the all observed age group i.e. 21-40 (-1.03770) and 41-60 (-1.87448) (Table 3.2).



**Figure 3.1:** Distribution of most affected ages 1-20 in sub-categories

In our previous (Shaheen *et al.*, 2020) and current study, we observed that 1-20 age groups are the most susceptible group for CL infection. Therefore, the most affected age, i.e. 1-20 was sub-divided into other four categories, i.e. 1-5, 6-10, 11-15, and 16-20 year of age group. We have observed 0.53% (2/378) in 1-5, 62.69% (237/378) in 6-10, 25.93% (98/378) in 11-15, and 10.85% (41/378) in 16-20 years of age group (Fig 3.1.).

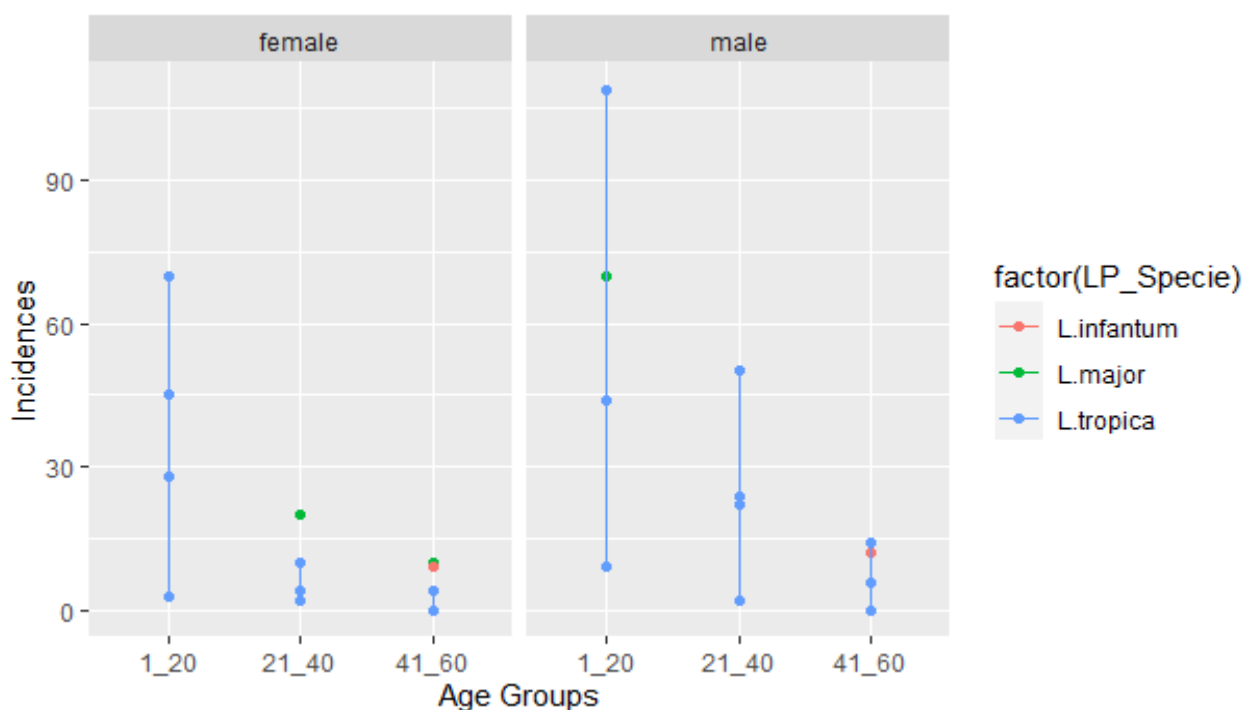
### 3.10. ITS1-PCR Amplification of CL Infection

The microscopically positive CL samples (n= 567) obtained from ten districts of AJK, were subjected to ITS-PCR for ITS1 regions amplification. The PCR resulted in the amplification of CL isolates giving about 300-350bp amplification band size under UV transilluminator. The blood samples from uninfected people were used as negative control while SUB8322782.1, MW139334.1-340.1, MW114510.1-MW114522.1, MW165326.1,

and MW183336.1 were used as a positive control. According to the results obtained by PCR diagnosis, 98.94% were found positive, while 1.06% was negative. The district-wise distribution of PCR positive samples was highest in Mirpur 20.81% (118/567) and lowest in district Neelum 1.58% 9/567. The CL positive cases by PCR in district Muzaffarabad 18.69% (106/567), Kotli 15.16% (86/567), Bimber 9.87% (56/567), Bagh 9.52% (54/567), Sudhnoti 7.94% (45/567), Hattian 8.11% (46/567), Poonch 4.06% (23/567) and Haveli 3.17% (18/567). The 1.06% (6/567) samples were unsuccessful for amplification of the ITS1 region. The comparison of two diagnostic tests (microscopy and ITS-PCR) showed 0.821 Kappa agreements with a significant value of 0.000, while 0.0025 was a standard error.

### 3.11. Analysis of RFLP of Amplified Products

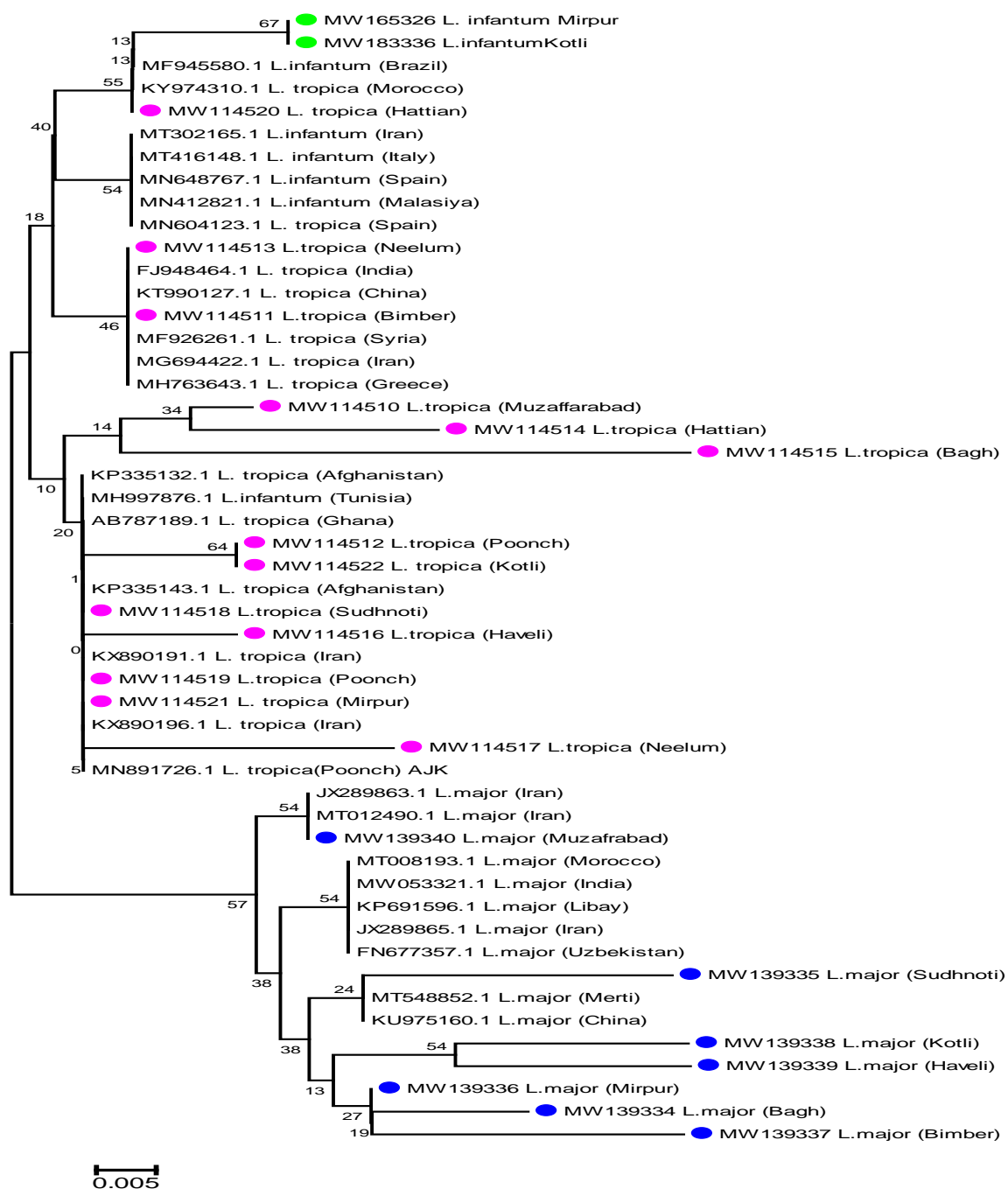
The findings of amplified products digestion with HaeIII enzyme showed the fragments of 210bp and 140bp in 3.71% (21/567) samples such pattern was observed in the positive control MW139334- MW1393340 for *L. major*. The fragments of 200bp and 60bp in 94.89% (538/567) sample the same pattern seen in the positive control MW114510- MW114522 for *L. tropica*. The 0.35% (2/567) fragments of 200bp, 80bp, and 40bp showed *L. infantum* pattern observed in the positive control MW165326, and MW183336. Twenty-one CL patients showed no long term history except to see medical attention. Two unexpected species of *L. infantum* patients had traveled history of Italy and Spain. To date, *L. infantum* has not previously been reported to cause CL in AJK. The *L. tropica* 94.89% (538/567) was observed in all four seasons (winter, spring, summer, and autumn). The 3.71% (21/567) cases of *L. major* was reported in spring, summer, and autumn while the 0.35% (2/567) *L. infantum* in summer. Unsuccessful results were 1.06% (6/567). The most affected age group of *L. tropica* was 1-20 years i.e. 25.75% (364/567) followed by 21-40 22.05% (125/567) and 41-60 years old age 8.64% (49/567). In the case of *L. major* 1.41% (8/567) in 1-20, 1.41% (8/567) in 21-40, and 0.88% in 41-60 years old age. The 0.35% (2/567) cases of *L. infantum* was reported 41-60 years old age group (Fig. 3.2).



**Fig. 3.2:** Age-wise distribution of *Leishmania* spp. (*L. tropica*, *L. major*, and *L. infantum*)

### 3.12. Phylogenetic Analysis and Polymorphism of ITS1 Region

Two samples from the districts of Muzaffarabad, Poonch, Sudhnoti, Haveli, Hattian, Bimber, Neelum, and Bagh, and three from district Mirpur and Kotli, were subjected to sequence analysis. The ITS1 sequence in the current research from North Eastern Pakistan confirmed that *L. tropica* (according to the BLAST similarity) is the primary cause of ACL, while *L. major* of the ZCL. Two autonomous sequences of *L. infantum* were also observed from districts Mirpur and Kotli. The Neighbor Joining tree was constructed by Mega 6 software. The constructed phylogenetic tree in Fig.3.3. showed the sum of branch length 0.33298561 and the bootstrap test used was 1000 replicates (Felsenstein, 1985). The analysis involved 50 nucleotide sequences and the codon positions included in the analysis were 1<sup>st</sup> + 2<sup>nd</sup> + 3<sup>rd</sup>+ noncoding. The positions had missing data and gaps were removed.



**Fig. 3.3:** Neighbor-joining phylogenetic tree presents the relationship of *Leishmania* spp. circulating in AJK with other countries based on ITS1 gene sequence using mega software. The published sequences of other countries for the same gene ITS1 of *Leishmania* spp. were taken from NCBI.

**Table: 3.3:** Comparison of ITS1 sequence similarities and nucleotide variations of *L. tropica*, *L. major*, and *L. infantum* from AJK with highly similar ITS1 published sequences (NCBI) from different countries.

Species name	Species ID	District name	Country name	Homology %	Genetic variations
<i>L. tropica</i>	MW114510	Muzafrabad	Afghanistan (KP335132.1).	98	Nucleotide # 4 Position # 8 (T), 82 (A), 217 (C), 218 (C).
	MW114511	Bimber	Syria (MF926261.1)	99	Nucleotide # 3 Position # 8 (T), 82 (A), 218 (C).
	MW114512	Poonch	Afghanistan (KP335143.1)	99	Nucleotide # 2 Position # 68 (A), 98 (C)
	MW114513	Neelum	India (FJ948464.1)	98	Nucleotide # 4 Position # 14(T), 89(A), 98(G), 198(C).
	MW114514	Hattian	Afghanistan (KP335132.1).	98	Nucleotide # 9 Position # 76 (A), 77 (T), 84(A), 85(G), 156(A), 157(T), 171(C), 172 (G), 242(T)
	MW114515	Bagh	Afghanistan (KP335132.1).	98	Nucleotide # 5 Position # 65(A), 121(T), 128 (T), 131 (A), 37(A).
	MW114516	Haveli	Iran (KX890191.1)	98	Nucleotide # 4 Position # 16 (C), 73 (C), 94 (C), 242 (A).

	MW114517	Neelum	Iran (KX890196.1)	98%	Nucleotide # 7 Position # 38 (C), 44 (A), 62 (T), 92 (C), 112 (A), 165 (A), 271(C).
	MW114518	Sudhnoti	Afghanistan (KP335143.1)	98	Nucleotide # 6 Position # 71 (A), 72 (G), 168(A), 169(T), 200 (G), 201(G)
	MW114519	Poonch	Iran (KX890196.1)	99%	Nucleotide # 2 Position # 169 (A), 199 (G)
	MW114520	Hattian	Morocco (KY974310.1)	100	-
	MW114521	Mirpur	Iran (KX890196.1)	99%	Nucleotide # 2 Position # 213 (T), 223 (T)
	MW114522	Kotli	Afghanistan (KP335143.1)	98	Nucleotide # 6 Position # 23 (A), 24 (G), 45 (C), 46(C), 52(C), 53(G).
<b><i>L. major</i></b>	MW139334	Bagh	China (KU975160.1).	98	Nucleotide # 4 Position # 9(G), 12(A), 16(T), 70(A), 156(G), and 160(T).
	MW139335	Sudhnoti	Merti (MT548852.1)	97	Nucleotide # 4 Position # 18 (A), 92 (G), 150(A), and 105(T).
	MW139336	Mirpur	China (KU975160.1).	98	Nucleotide # 3 Position # 79(T), 1679A), and 191(C).

<b><i>L. infantum</i></b>	MW139337	Bimber	China (KU975160.1).	96	Nucleotide # 6 Position # 30(A), 75(T), 123(T), 152(C), 162(A), and 185(C)
	MW139338	Kotli	China (KU975160.1).	97	Nucleotide # 4 Position # 27(G), 138(A), 158(C), and 182(C).
	MW139339	Haveli	China (KU975160.1).	97	Nucleotide # 3 Position # 86 (G), 142(A), 188(C).
	MW139340	Muzaffarabad	Iran (MT012490.1)	98	Nucleotide # 1 Position # 122 (T)
	(MW165326)	Mirpur	Italy (MT416148.1)	97	Nucleotide # 7 Position # 15(A), 36(A), 123(T), 130(C), 1519C), 172(T), 208(A).
	(MW183336)	Kotli	Brazil (MF945580.1)	99	Nucleotide # 1 Position # 137(T).

Despite increasing CL infection cases in AJK, there is no genetic information available to compare the relationship between the causative agents of the disease in different areas of AJK. Current study revealed for the first time the genetic variations of *L. tropica*, *L. major*, and *L. infantum* circulating in AJK. The ITS1 sequences of *L. tropica*, *L. major*, and *L. infantum* presents various nucleotide changes from the published sequences in NCBI.

In the current study, the ITS1 gene sequences of *L. tropica* (MW114510- MW114522), *L. major* (MW139334- MW1393340), and *L. infantum* (MW165326, and MW183336) were compared with the published sequences of the countries, which showed a closed relationship in NJ tree. The published sequences were obtained from NCBI. The sequences (MW114520) from the district of Hattian showed the highest similarity (100%) with Morocco (KY974310.1). The sequences from the districts of Neelum (MW114513), Poonch (MW114519), Bimber (MW114511), Hattian (MW114514), Bagh (MW114515), Muzaffarabad (MW114510), Neelum (MW114517), Poonch (MW114512), Kotli (MW114522), Sudhnoti (MW114518), Haveli (MW114516), Kotli (MW114522), and Mirpur (MW114521) showed 98-99% homology with published sequences from Afghanistan (KP335132.1), Syria (MF926261.1), India (FJ948464.1), and Iran (KX890191.1). The ITS1 gene sequences of *L. major* Muzafarabad (MW139340.1), Sudhnoti (MW139335), Kotli (MW139338.1), Haveli (MW139339), Mirpur (MW139336.1), Bagh (MW139334.1), and Bimber (MW139337) exhibited 96-98% homology. In the phylogenetic tree, the *L. major* sequences from Bagh (MW139334.1), Mirpur (MW139336.1), Kotli (MW139338), Haveli (MW139339.1), Bimber (MW139337), Sudhnoti (MW139335), and Muzaffarabad (MW139340.1) showed a close relationship with published ITS1 sequences of *L. major* from China (KU975160.1), Merti (MT548852.1), and Iran (MT012490.1). The two unexpected isolates from the districts of Mirpur (MW165326) and Kotli (MW183336) showed a close relationship with published sequences of ITS1 region of *L. major* previously reported from Italy (MT416148.1) and Brazil (MF945580.1) with 97 and 99% identities with respective homologous sequences



### 3.12.1. Statistical Analysis of Nucleotide Variation in ITS1 Gene

In the current study, the inter-genetic diversity in ITS1 gene sequence of *L. tropica* and *L. major* from different districts ((Mirpur, Muzaffarabad, Poonch, Sudhnoti, Haveli, Hattian, Bimber, Neelum, Bagh, and Kotli) of AJK was determined by using Tajima test. The sequences used in the current study were subjected to Mega 6 software for multiple alignment by CLUSTAL W. The nucleotide diversity was determined by the Tajima test in mega 6 software.

**Table 3.4:** The nucleotide diversity of the ITS1 sequences between *L. tropica* and *L. major*

<i>Leishmania spp.</i>	<i>M</i>	<i>S</i>	<i>π</i>	<i>D</i>
<i>L. tropica</i>	13	22	0.02	-1.64
<i>L. major</i>	7	14	0.05	-1.10

*M* = number of sequences, *S* = number of segregating sites,  $\pi$  = diversity of nucleotides, and *D* is the statistic value for the Tajima test.

The analysis for *L. tropica* involved 13 nucleotide sequences. In the final data set, there were a total of 179 positions. For *L. major*, 7 nucleotides were reviewed. There were a total of 82 locations. The analysis removed all positions containing gaps and missing data. Codon positions included were 1st+ 2nd+ 3rd+ noncoding. The nucleotide diversity of *L. infantum* was not calculated via the Tajima test because this study generated only two sequences and this analysis required three or more. There was also no *L. infantum* sequence available in the gene bank from AJK for comparison. The *L. tropica* (0.02) sequences had more nucleotide diversity than *L. major* (0.05). The *D* value was -1.64 for *L. tropica* and -1.10 for *L. major* sequences (Table.3.4).

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## DISCUSSION

In Pakistan, the distribution of CL shows broad patterns and it is spread constantly in neighboring areas. Several outbreaks in the Southern and Northern areas of Pakistan are currently being recorded. It is hypothesized that the non-endemic territory that adjoins borders with endemic regions is particularly at risk of CL infection. This study was conducted in North Eastern Pakistan, geographically in contact with Khyber Pakhtunkhwa, Punjab, Gilgit Baltistan, and India Administered Kashmir, which is prone to CL infection (Ayub et al., 2013; Kakarsulemankhel, 2004; Qureshi et al., 2016; Noor and Hussain, 2017; Aara et al., 2013). Our previous investigation (2018) attempts to highlight North Eastern Pakistan as a new CL endemic area (Shaheen et al., 2020). In the current study, we determined the molecular characterization of new foci and genetic diversity of *Leishmania spp.* from North Eastern Pakistan. We found that the spread of CL is positively affected by seasonal distribution as the vector (sand-fly) is more active throughout the more temperate months than in colder months throughout the year (Shaheen et al., 2020). The most cases of CL in Pakistan occur from April to September due to the sand fly activity being elevated in these months. The activity is also higher in regions located at altitudes 1500-1800m above sea level (Marco et al., 2006; Durrani et al., 2011). A study conducted by Zeb et al., in (2021) reported the most cases at high altitudes. The sand flies also annually migrate from sub mountainous terrains to valleys to avoid the environmental conditions (Iftikhar et al., 2003). In their natural habitats, the sand flies were more active in the evening, night, and morning. The sand flies are able to survive in the dry environment by withdrawing to cool, humid resting sites during the day and then becoming active at night when the ambient temperature dropped and the humidity increased (Jaffernay and Nighat, 2001; Kuzeo, 1993).

Taken all together our results show that male patients were predominantly affected by leishmaniasis. This might be due to the fact that males are at the highest risk of acquiring CL due to their occupational exposure such as sleeping outside in summer or traveling (Bashaye et al., 2009; Mengesha et al., 2014). Moreover, they may also differ in attitude

toward seeking and providing treatments (Kassi *et al.*, 2008). Current findings are inconsistent with a previous study done by El Buni *et al.* (2000).

In the current study, the incidence of disease was observed in all age groups. However, the highest frequencies 66.67% (378/567) and the lowest 9.70% (55/567) were found among 1-20 and 41-60 years-old individuals. Similar results were reported by our previous study conducted in 2018 (Shaheen *et al.*, in 2020). The most affected sub-category amongst 1-20 years old was 6-10 years old in the current investigation. The potential explanation for these distinctions may be associated with incomplete body coverage in children, unawareness of the risks carried by the sand-fly, and the habit to play outside of the home. Other reasons may also be associated with malnutrition and compromised immune system (Karami *et al.*, 2013; Zijlstra *et al.*, 2016).

However, the age group of 16-50 years old was reported to have the highest prevalence of vectors and reservoir areas such as Isfahan. On the contrary, the five to six-years old age-group was to be reported as the highly infected group (Momeni and Aminjavaheri, 1994; Pourmohammadi *et al.*, 2008). Hence, it can be concluded that infection occurrence rates in different regions vary upon the age group and study place. It should be kept in mind that while most people develop immunity against the disease, the incidence rate gradually decreases in older adults (Sadeghi Nejad, 2000). However, the differences were not statistically significant. The female participants in our study was limited, and most of them refused to participate due to tradition and social norms in the North Eastern Pakistan. Many studies showed no gender disparity suggesting equal exposure to infection (Salam *et al.*, 2014; Yadon *et al.*, 2013).

In the current investigation, out of 567 microscopic positive cases of CL, 561 were successfully amplified by ITS-PCR. The PCR negative findings might involve various factors, that includes false microscopic identification, poor sample handling resulting in contamination, because microscopy analysis is time-consuming and need more expertise, and less (<5ng/μl) quantity of sample on filter paper (Boggild *et al.*, 2010). Current findings also stated excellent concordance between ITS-PCR and microscopy, i.e. 0.8. A

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similar agreement level was also previously reported (Gao *et al.*, 2015; Shaheen *et al.*, 2020).

In most investigations, the causative agent of CL is either not reported or a specific species is assumed by conventional methods based on previously reported investigations. Yet, various epidemiological studies also described the occurrence of *L. tropica* in all provinces of Pakistan including the North Eastern part of Pakistan (Noyes *et al.*, 1998; Marco *et al.*, 2006; Shaheen *et al.*, 2020). In the current study, conventional and molecular methods (PCR-RFLP and sequencing) show that three different *Leishmania spp.* were found in the study area. The ZCL in Pakistan, caused by *L. major* is mostly reported in Sindh and Southern Baluchistan bordering Iran. Although, it has always been considered anthroponotic in KP (Qureshi *et al.*, 2016). The ZCL focus (*L. major* cases) had dry habitat. Still, broad crop growing, using the canal and irrigation system, favors crowded populations of rodents and vectors. The main elements in the development of new diseases include a rise in the populations of the natural zoonotic CL animal reservoirs and their related vector sand fly. However many animal reservoirs are still unknown in different parts of Pakistan (Kolaczinski *et al.*, 2004; Bhutto *et al.*, 2003). The introduction of new ZCL foci may be closely linked to human activities e.g. people migration, climate change, natural disasters, industrial projects, and agricultural activities (Ben Salah, 2007). The current findings of *L. major* predict the likelihood of encountering new prevalent ZCL foci in North Eastern Pakistan. *Leishmania infantum* is the causative agent of autochthonous VL, CL, and mucocutaneous lesions in Italy, Cyprus, Malta, and France region. CL caused by *L. infantum* is a sporadic infection that has been described in VL endemic patients. Many areas of Pakistan and AJK are known for VL by *L. infantum* (WHO, 1991; Alvar, 2012; Rab *et al.*, 1989). To the best of our knowledge, the current investigation is the 1<sup>st</sup> report of autochthonous *L. infantum* infectivity from CL patients in North Eastern Pakistan. The first two cutaneous *L. infantum* cases reported from the districts of Mirpur and Kotli were imported in this district since the patients have travel histories of Spain and Italy. This region was already suspected to have *L. infantum* transmission (Portu *et al.*, 1986; Pozio *et*

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al., 1985). Unexpectedly, *L. infantum* spp. from CL patients were also obtained by Khan *et al.*, (2016) from Pakistan.

Despite the increasing cases of CL in North Eastern Pakistan, there is not enough genetic information to analyze the relationship between the causative agents of Leishmaniasis. In this study, we have used ITS1 gene to evaluate the genetic diversity of *Leishmania* spp. Even though the ITS1 gene serves as a sign for *Leishmania* spp. differentiation, limited studies employed the ITS1 sequence to compare *L. tropica* sequence (Khanra *et al.*, 2011). In the current study, the phylogenetic analysis revealed that Pakistani isolates are identical to those found in India, Syria, Afghanistan, Iran, Morocco, Merti, and China. Notably, there are many reports on *Leishmania* spp.' presence from these areas (Fakhar *et al.*, 2016; Hayani *et al.*, 2015; Kahime *et al.*, 2014; Wang *et al.*, 2012; Ghatee *et al.*, 2018).

In the current investigation, significant nucleotide variations were found in the ITS region of *L. tropica*, *L. major*, and *L. infantum* from different areas of North Eastern Pakistan. This genetic variation may associate with the assortment of medical manifestations and geographical distributions. The genetic diversity in *Leishmania* spp. suggested that the spread of CL infection may be attributed to migration, abundant population with impaired immunity, entry of infected population into the disease-free region, and changing travel patterns and geographical disease expansion (Eroglu *et al.*, 2015). The occurrence of genetic variability in *L. tropica*, and *L. major* may be involved in treatment failure and/or emergence of new haplotypes. The occurrence of treatment failure, resistance, and low response are also reported from some endemic areas of the world (Ponte Sucre *et al.*, 2017). Various mechanisms have been anticipated to explain the lack of response to drug treatment (Vanaerschot *et al.*, 2014) such as *Leishmania* RNA (LRV) belongs to family Totiviridae which infect *Leishmania* (Hajjarian *et al.*, 2016; Zangger *et al.*, 2013; Scheffter *et al.*, 1995). The LRV is a double strand RNA, which suggested as a virulence factor and exist in some *Leishmania* isolates in some reports Hajjarian *et al.*, 2016; Zangger *et al.*, 2013; Scheffter *et al.*, 1995; Guilbride *et al.*, 1992).

Therefore, more extensive studies on genetic analysis are needed from all regions of North Eastern Pakistan, especially using a larger sample size.

## **CONCLUSION**

The current investigation concluded that in North Eastern Pakistan CL infection appeared as a severe health issue. The *Leishmania* spp. (*L. tropica* and *L. major*) with remarkable heterogeneity is predominantly circulating in North Eastern Pakistan. The occurrence of nucleotide variability may be causing treatment failure or emergence of new haplotypes. However, extensive investigations are needed from various geographical areas of North Eastern Pakistan for further species identification, using a large scale sample size. Identifying potential host and vectors for *L. infantum* in the study area must be addressed.

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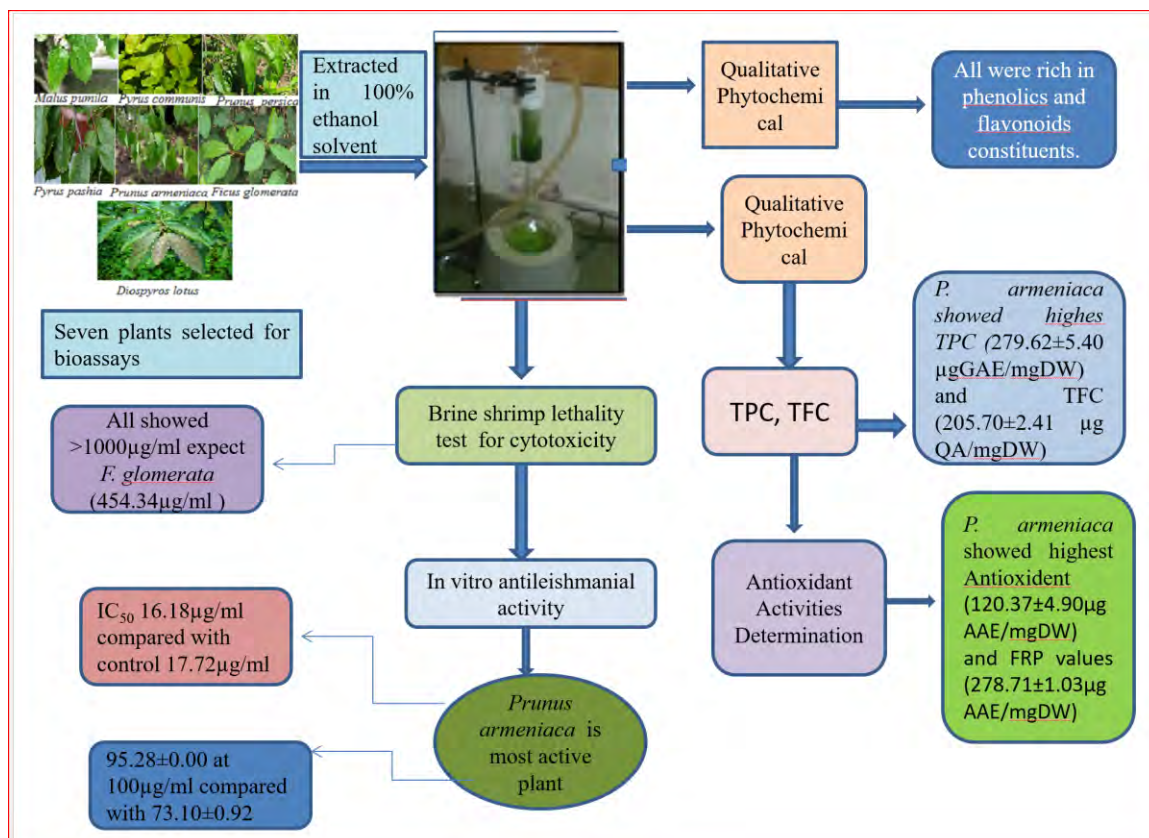
## Evaluation of Safety, Antileishmanial, and Chemistry of Ethanolic Leaves Extracts of Seven Medicinal Plants: An *In-vitro* Study

### ABSTRACT

Cutaneous leishmaniasis (CL) currently affects people among 102 countries and causes significant morbidity and mortality including Pakistan. Current chemotherapeutic interventions are unsatisfactory and have limitations. Thus there is a need to search for new effective and safe medicines for CL. Therefore the current study was based upon the use of medicinal plants to evaluate their antileishmanial potential cytotoxicity and phytochemistry which could be used for drug formulation against CL. The ethanolic leaves extracts of *Pyrus pashia*, *Malus pumila*, *Prunus persica*, *Pyrus communis*, *Prunus armeniaca*, *Ficus glomerata*, and *Diospyros lotus* were obtained using soxhlet apparatus, diluted to make various concentrations (0.5, 5, 25, 50, and 100 $\mu$ g/ml) and applied in an *in-vitro* bioassay to evaluate antileishmanial activities (*L. tropica*). The cytotoxicity analysis was conducted by using brine shrimp lethality assay. The phytochemical screening was conducted using standard protocols. The antioxidant potential of plant extracts was determined by total antioxidant capacity, ferric reducing power, and DPPH radical scavenging assays. All the experimented plants showed cytotoxicity in safety range  $>1000\mu$ g/ml except *F. glomerata* ( $LC_{50}$  454.34 $\mu$ g/ml). The *P. armeniaca* demonstrated the highest antileishmanial activity ( $IC_{50}$  16.18 $\mu$ g/ml). The phytochemical investigation showed the existence of the highest total phenolic (279.62 $\pm$ 5.40 $\mu$ gGAE/mgDW) and flavonoid contents (205.70 $\pm$ 2.41 $\mu$ gQA/mgDW) in *P. armeniaca* with the strongest antioxidants (120.37 $\pm$ 4.90 $\mu$ gAAE/mgDW) and FRP values (278.71 $\pm$ 1.03 $\mu$ gAAE/mg DW). These findings are highly encouraging so, further and extensive investigations of *P. armeniaca* should be carried out; especially bio guided fractionation to identify the active fraction and further chemical characterization of structure.



## GRAPHICAL ABSTRACT





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## INTRODUCTION

The most neglected tropical disease in 102 countries with weak socioeconomic condition is cutaneous leishmaniasis (CL) (Neris *et al.*, 2013). In Pakistan, the most prevalent form of CL is *L. tropica* and its effect on public health is immense (Booker *et al.*, 2004; Torres Guerreror *et al.*, 2017). The spread of CL increase to non-endemic areas of Pakistan is due to the migration of millions of refugees toward North Western Pakistan (Alvar *et al.*, 2012). Up to now, there is no effective vaccine available for the CL treatment (Bekhit *et al.*, 2018). Chemotherapy is the main approach for the treatment of CL infection and these are not effective and cause serious effects (Camacho *et al.*, 2003).

The pentavalent antimony compounds were used as a first-line dose (20-28mg/kg/day) treatment for CL for one month. It needs intramuscular or intravenously injection administration, and also have many side effects, and resistance. The drug consist in two formulation including sodium stibogluconate (pentostam) and meglumine antimoniate (glucantime) is usually recommended since 1950 (Camacho *et al.*, 2003) and it treats amastigotes of both CL and VL (Camacho *et al.*, 2003; Sen and Chatterjee, 2011; Mohapatra, 2014). In Pakistan, pentavalent antimony compound glucantime is commercially available used against CL infection, Iran, Afghanistan, and other parts of the world (Saebi, 2005; Kheirandish *et al.*, 2011; Mahmoudvand *et al.*, 2011; Rashid *et al.*, 2016). There is still no understanding of the mechanism of action. These drugs stop activity of the fatty acids oxidative and glycolytic pathways to decrease ATP in the amastigote form (Lindoso *et al.*, 2012). Furthermore, the pentavalent form used thiols from the host and parasite cell surface and it changed into trivalent which showed activity and toxicity in macrophages (Lindoso *et al.*, 2012; Alviano *et al.*, 2012; Mohapatra, 2014). The antimicrobial resistance is also reported by thiol metabolism and its high intracellular level. The thiol molecule raises oxidative stress, which prevents the production of antioxidants and decreases the trivalent form of pentavalent antimonials. (Jain and Jain, 2013; Mohapatra, 2014).

However, these antimonials have disadvantages and side effects i.e. vomiting, dizziness, fever, arthralgia, anorexia, parenteral administration, prolong time, and high cost

(Fernandez *et al.*, 2014; Gamboa leon *et al.*, 2014). These drugs have restrictions for individual with hepatic, cardiac, and renal disease, old age, and for the pregnant women because of organs toxicity and pancreases (Neves *et al.*, 2011, Sen and Chatterjee, 2011; Lindoso *et al.*, 2012). The resistance and treatment failures are also reported for these pentavalent antimonials (Chakravarty and sundar, 2010; Jain and Jain, 2013). In spite of these side effects and prolonged time people are using (Salehabadi *et al.*, 2014). When the treatment failure and side effects with these drugs occur, the 2<sup>nd</sup> line drugs i.e pentamidine and amphotericin B and paromomycin were used (Prajapati *et al.*, 2011; Wiwanitkit, 2012).

The amphotericin B is active for both promastigotes and amastigotes at dose of 0.71-1mg/kg for fifteen days (Lindoso *et al.*, 2012; Jain and Jain, 2013). Amphotericin B exist in 4 forms i.e. amphotericin B deoxycholate, liposomal amphotericin B, amphotericin colloidal dispersion, and amphotericin lipid complex (Mohapatra, 2014). The ampB target sterols constitute very important sterols for the membrane. It binds to cholesterol and forms pores in the cell membrane, leading to the death of parasites. The safety profile of various amphotericin formulations has not been evaluated (Lindoso *et al.*, 2012; Jain and Jain, 2013; Brasil, 2010). The resistance occurs due to frequent use and also has severe effects such as vomiting, nausea, anemia, nephrotoxicity, and hepatotoxicity (Lindoso *et al.*, 2012; Gamboa leon *et al.*, 2014). The paromomycin and imiquimod used against CL and administered intramuscularly for 21 days (15mg/kg) (Tiuman *et al.*, 2012; Jain and Jain, 2013). These drugs inhibit respiration and protein synthesis (Lindoso *et al.*, 2012; Wiwanitkit, 2012). The major side effects include toxicity, hepatotoxicity, and injection site pain (Lindoso *et al.*, 2012; Sachdeva *et al.*, 2013). The pentamidine causes parasite death by interfering with the DNA synthesis and also affecting the mitochondrial membrane. This drug is used for 4mg/kg for 3 times/week (Jain and Jain, 2013). Low efficiency and side effects have restricted its use (Monzote, 2011) and side effects include myalgia, diabetes mellitus, hypotension, and hypoglycemia (Lindoso *et al.*, 2012). Many other therapeutic regimens are used, but no agreement exists over which is the best (Gonzales *et al.*, 2009). The drugs, which are effective to some extent are not economically feasible

and are unavailable in the neglected geographical regions. The focus should be on the compounds that are free of side effects on the liver, kidney and renal artery failures, etc (Bahmani *et al.*, 2012; Ghasemipirbalouti *et al.*, 2012).

The lack of vaccine and increasing in resistance to drugs administered for the CL healing, coupled with administration route, toxicity, and expensive have become a huge alarm particularly in the widespread areas of underdeveloped areas. Hence, a new alternative effective drug is urgently needed for the treatment of CL infection because new cases of leishmaniasis are increasing now a day (Brodskyn *et al.*, 2003). So, there is a vital need for the screening of natural plants against leishmaniasis. People in countryside areas prefer traditional medicinal usage for curing health services (Chan-Bacab and Pena-Rodriguez 2001). The importance of therapeutic flora due to the presence of various medical agents gaining more interest worldwide (Shabazi, 2017). The natural products having high antileishmanial activity were used for the discovery of the active compounds. About 250,000 medicinal plants have been reported worldwide. However, only 6% have been evaluated for their biological activities. In clinical trials, only about 1% of therapeutic natural products are investigated (Sen and Chatterjee, 2011; Jameel *et al.*, 2014). Approximately, 35% of standard drugs developed from semi-synthetic derivatives while about 30% were based on pharmacophore or natural products. However, it's notable, that about 65% of parasitic medications isolated from natural products have been accepted by health authorities from 1981-2006 (Newmam and Cragg, 2012). In Iran, plant-based drugs are inexpensive and are proven to be more effective against different infectious diseases. An important assessment of the clinical data revealed that herbal medication is commonly approved well than synthetic (Delfan *et al.*, 2014).

The antileishmanial potential of some activity has been attributed to the presence of the compound i.e. triterpenoids, quinines, lignans, flavonoids, terpenes, naphthoquinones, alkaloids, steroids, and chalcones (Lage *et al.*, 2013; Sifaoui *et al.*, 2014). The plant extracts and essential oils have been reported to show antileishmanial potential of various *Leishmania* spp. (Rodrigues *et al.*, 2013; Monzote *et al.*, 2014). The drug used against leishmaniasis should be chosen based on various factors i.e.

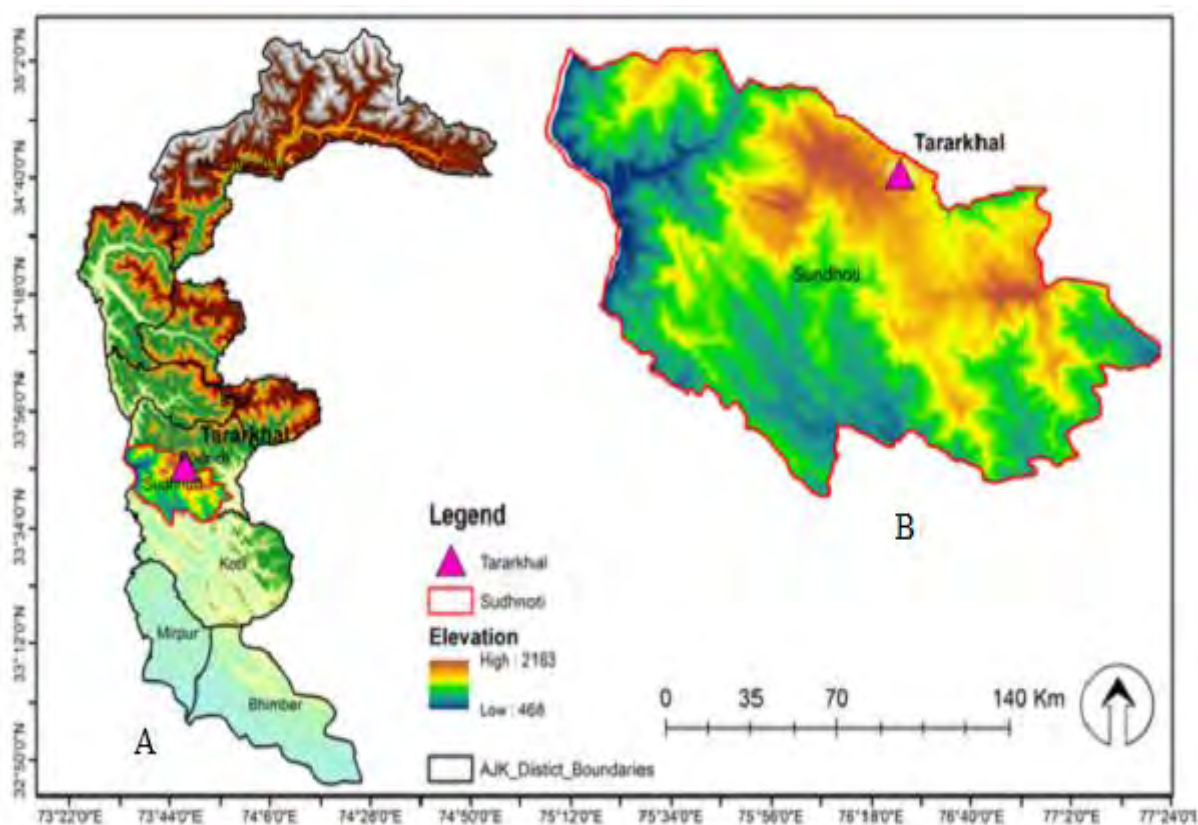
pharmaceutical characteristic of drug, *Leishmania* spp, patient's characteristic, geographical area and risk factors (Lindoso *et al.*, 2012; Fernandez *et al.*, 2014). The drug used against *Leishmania* parasite should provide several requirements for affected people including minimum 1 or few dose, cheap, unteratogenic, free from side effect, no resistance, and no need for hospitalization (Alviano *et al.*, 2012).

Kashmir is well known as a global center for the diversity of plants (Shinwari and Shinwari, 2010). The wide topographical variations in plant species ranging from alpine subtropical flora and higher altitude flora plains (Afshan *et al.*, 2011). About 80% of Pakistan's plant species are confined to Kashmir and the Western Mountains (Ali, 2008). Because of vastness and inaccessibility with climate variation numerous regions of AJK remain unexplored. Trar Khel was given less attention by taxonomists as an integral part of the Western Himalayan Kashmir. Trar Khel is a mountainous region topographically situated in the humid Himalayan climate. So it deserves special consideration for the preservation of the environment and also for the suitable development of natural products (Haq *et al.*, 2010). In Azad Jammu and Kashmir, there is no report of the test conducted on medicinal plants for antileishmanial activity (Ali, 2008). Therefore, this study aims to explore the phytochemical properties, antioxidant activities, and *in-vitro* antileishmanial activity of *P. pashia*, *M. pumila*, *P. persica*, *P. communis*, *P. armeniaca*, *F. glomerata*, and *D. lotus* extracts. If the promising activity against promastigotes of *L. tropica* of these medicinal plants is evaluated by *in-vitro* assay, the more effective natural antileishmanial component can be prepared in further studies due to the availability of raw material in high access.

## MATERIALS AND METHODS

### 4.1. Study Area

Azad Jammu and Kashmir is a Western Himalayan foothill with a surface area of 13,269km<sup>2</sup> lies in northeastern Pakistan. Trar Khel is one of the tensile of district Sudhnoti AJK. It is located between 73°41' 9" East longitudes and 33°42'54" North latitude with an elevation range of 1372m. The area of study is mountainous and hilly and can be divided into the temperate, subtropical, and alpine zone. The climate of Trar Khel is with moderate hot summer, and cold winter is predominantly moist temperate to alpine (Fig.4.1).



**Fig. 4.1:** Map shows the study area of plant collection in AJK. A: Showing ten districts of AJK B: showing study area Trar Khel of district Sudhnoti Azad Jammu and Kashmir.

## 4.2. Plants Selection

**Table.4.1:** The plants selected for antileishmanial activity and their previously reported biological activities are listed in

Sr. #	Plant names	Biological activities	References
1	<i>P. pashia</i>	Antimicrobial activities, antioxidant, stomachic, anthelmintics, and diuretic, dysentery, febrifuge, and laxative properties	Maga, 1978; Shui and Leong, 2002; Chettri <i>et al.</i> , 2005; Kala, 2002
2	<i>M. pumila</i>	Antioxidant, cardiovascular disease	Abbas and Sultana, 2020
3	<i>P. persica</i>	Insecticidal, diuretic, vermifugal, sedative, antifungal, antimicrobial	Kritikar and Basu, 1984
4	<i>P. communis</i>	Anti-inflammatory, wound healing, antibacterial	Parle and Arzoo, 2016; Velmurugan and Bhargava, 2014
5	<i>P. armeniaca</i>	antiparasitic, antiaginal, anticancer, antiatherosclerotic, antioxidant, cardioprotective, renoprotective	Yigit <i>et al.</i> , 2009; Yilmaz <i>et al.</i> , 2010; Raj <i>et al.</i> , 2012; Sharma <i>et al.</i> , 2014; Minaiyan <i>et al.</i> , 2014
6	<i>F. glomerata</i>	anti-inflammatory, antioxidant, antiulcer, antiasthmatic, antidiabetic, hepatoprotective antioxidant, antipyretic, antidiarrheal	Jagatap supriya <i>et al.</i> , 2012

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7	<i>D. lotus</i>	Antifungal, antihypertensive, vermicide, dyspnea, anti-inflammatory	Tezuka <i>et al.</i> , 1973; Thomas <i>et al.</i> , 2006; Chopra <i>et al.</i> , 1956
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**Fig. 4.2:** Plants selected for biological assays

### 4.3. Plant Collection and Identification

The leaves of *P. pashia*, *M. pumila*, *P. persica*, *P. communis*, *P. armeniaca*, *F. glomerata*, and *D. lotus* were collected from Trar Khel in 2018. The collected plant species were identified through Pakistan flora (Nasir *et al.*, 1972; Nasir and Ali, 1994-2010) and the voucher specimens were deposited in Herbarium of Pakistan, Quaid-i-Azam University Islamabad. The plant families' names, common name, and voucher numbers are presented in Table 4.2. After collection, the leaves of plants were washed with tap water and shadow dried for three weeks at room temperature (27-37°C).

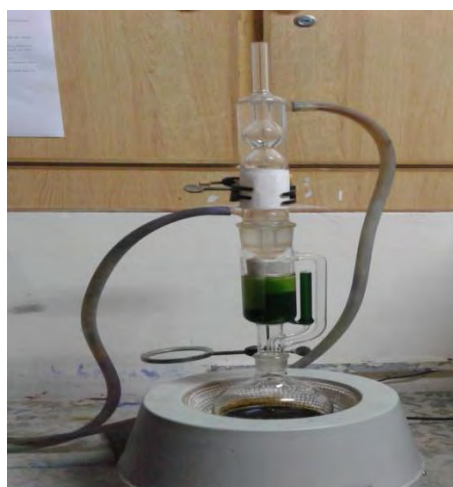


**Table. 4.2:** Plants scientific names, family names, common names, and voucher number

Plant name	Family	Common name	Voucher number
<i>P. pashia</i>	Rosaceae	Tangi, wild pear	130871
<i>M. pumila</i>	Rosaceae	Sab, apple	130869
<i>P. persica</i>	Rosaceae	Arwari, peach	130866
<i>P. communis</i>	Rosaceae	Pear	130870
<i>P. armeniaca</i>	Rosaceae	Khubani, apricot	130872
<i>F. glomerata</i>	Moraceae	Toshi, wild fig	130867
<i>D. lotus</i>	Ebenacea	Date plum	130868

#### 4.4. Extracts Preparation for Biological Assays

After drying, the collected leaves were crushed in an electric mill (mesh, IKA MF: pore diameter 0.5mm). The powder (30g) obtained was used for extraction in (100%) ethanol solvent (250ml) by using the Soxhlet apparatus (Shanghai Heqi, China) at 40-60°C (6 cycles per hour) for eight hours. The resultant extracts were filtered by Whatman No. 1 filter and the solvent was removed using a rotary vacuum evaporator (R-300, Rotavapor, Germany). The resultant extracts were stored at 4°C for further analysis.

**Fig.4.3:** Soxhlet apparatus used for plant extract preparation

#### 4.5. Phytochemical Analysis

A standard qualitative phytochemical test was conducted in the current study for the determination of saponins, terpenoids, flavonoids, alkaloids phenols, tannins, and coumarins in selected ethanolic leaves extracts (Table. 4.3).

**Table. 4.3:** Summary of phytochemical test conducted for selected plant extracts

Sr. #	Tested compound	Test name	Reagents added	Results	References
1	Alkaloids	Mayer test	Plant extract (2ml), con. HCL (2ml), mayer reagent	White precipitates	Harborne, 1984
2	Flavonoids	Ferric chloride	Plant extract (1ml), FeCL <sub>3</sub> (drops)	Blackish red preci	Harborne, 1984
		Alkaline reagent	Plant extract (1ml), 2N NaOH (1ml)	Yellow color	Onwukaeme <i>et al.</i> , 2007
3	Saponins	Foam or forthing	Distilled water (2ml) in plant extract (2ml), shake (15 min)	Foam	Parekh and Chanda, 2007
4	Terpenoids	Salkowski's test	Plant extract (5ml), chloroform (2ml) Con. H <sub>2</sub> SO <sub>4</sub> (3ml)	Red brown color at the interface	Edeoga <i>et al.</i> , 2005
5	Phenols	Ellagic acid test	Plant extract (1ml), 5% glacial few drops acetic acid and NaNO <sub>2</sub>	Muddy brown color	Harborne, 1884
6	Coumarins	-	Plant extract (2ml), 10% NaOH (3ml)	Yellow color	Sofowora, 1993
7	Tannins	Ferric chloride	Plant extract (1ml),5% FeCL <sub>3</sub> (2ml)	Greenish black	Kumar <i>et al.</i> , 2007
8	Quinones	-	Plant extract (1ml), H <sub>2</sub> SO <sub>4</sub> con. (1ml)	Red color	Harborne, 1984

#### **4.6. Total Phenolic Content**

For quantitative phytochemical analysis, the Folin-Ciocalteu (FC) method was used to determine total phenolic content (TPC) in the plant extracts Ranalli *et al.*, 2006). Briefly, about 20ul of each crude extract (DMSOmg/ml) was transferred by micropipette to the wells of the 96 well microtiter plate and then added FC reagent (90ul). After incubation at room temperature for 5min, 90ul of Na<sub>2</sub>CO<sub>3</sub> (6% w/v) was added. At 630nm, absorbance was measured by the microplate reader (microplate reader ELX 800, Biotek, USA). The TPC was expressed as µg gallic acid equivalent (GAE)/ mg of dry weight (DW).

#### **4.7. Total Flavonoid Content**

Total flavonoid content (TPC) was determine using the method of aluminum chloride colorimetric method previously reported by Bouyahya *et al.* 2016, 2017. About 20µl of each sample (4mg/ml dimethylsulfoxide), 1M potassium acetate (10ul), 10µl of distilled water (160ul), and 10% (w/v) aluminum chloride were added in the 96 well plates. The absorbance was assessed after 30 minutes at 415nm of incubation. The quercetin 2.5-40ug/ml concentration was used and resultant TFC was shown to be equal to ug quercetin equivalent (QE) per mg DW. The test was repeated three times.

#### **4.8. Antioxidant Activities Determination**

##### **4.8.1. Total Antioxidant Capacity (TAC)**

The \ TAC capacities of extracts were determined by phosphomolybdenum assay spectrophotometrically viaprocess reported by Jafri *et al.* (2014). This assay is used daily to estimate the TAC of plant extracts, founded on acidic molybdenum (VI) reduction to molybdenum (V) by the complex natural extract (antioxidant compound) and green phosphomolybdenum (V) absorption at 695nm (Prasad *et al.*, 2009). Briefly, 0.1ml with the final concentration of 100µg/ml of crude extract in methanol was combined with 1ml of reagent solution (28mM sodium phosphate, 4mM ammonium molybdate, and 0.6M sulfuric acid) and 90 minutes of incubation at 95°C were carried. After incubation, the

sample was cooled at room temperature. Mixture absorbance was observed on the UV-spectrophotometer at 695nm against a blank reagent (methanol 0.1ml without plant extract).

#### 4.8.2. Ferric Reducing Power Test

The ferric reducing power (FRP) assay of crude extract was conducted as reported by Zhao *et al.* (2008). In brief, the stock solution extract (500µl) was mixed with Phosphate buffer (500µl) (0.2 M; pH 6.6) and 1% potassium ferricyanide (500µl), and incubation at 50°C for 20 minutes followed by the addition of 10% trichloroacetic acid (500µl). The centrifugation of the tube was carried for 10min at 10,000rpm. After centrifugation, the upper layer was transferred to a new tube and mixed with the same dH<sub>2</sub>O volume and 0.1% ferric chloride (100ml). In the presence of crude extract or normal, the FRP operation is based on reducing Fe (III) to Fe (II). At 700nm, the development of Perl's Prussian blue color indicates Fe (II). The absorbance strength is parallel to power reduction. The results were expressed as equal to ascorbic acid (AAE µg per mg test dry weight of sample).

#### 4.8. 3. DPPH Assay

Evaluation of DPPH (2, 2 -diphenyl-1- picrylhydrazyl) free radical scavenging potential was done via the technique already described by Brand Williams *et al.* (1995). New radical DPPH solution in methanol was prepared before the measurements of absorbance. About 3ml DPPH solution was mixed with plant extract (100µl) at final concentrations of 0.5, 5, 25, 50, and 100µg/ml against blank reagent. The mixture was shaken at room temperature and kept in the dark for 1h. The ability of the resultant extract to donate electron or hydrogen atom was measured, from a purple color to light yellow colored, on a UV spectrophotometer (Bio-Rad, USA) at 517nm. Ascorbic acid was used as a positive control and the experiment was conducted in triplicate.

The DPPH radical percent inhibition was measured by the following formula:

$$\text{Effect of \% DPPH scavenging} = [A^{\circ} - A1/A^{\circ}] \times 100$$

A<sub>1</sub> and A<sub>0</sub> = Blank reagent and sample absorbance recorded respectively. The antiradical activity was expressed in  $\mu\text{g/ml}$ . less IC<sub>50</sub> value showed higher antioxidant activity.

#### **4.9. Toxicity Assay**

The brine shrimp lethality test was used to predict the toxicity assessment of selected plants. Briefly, the brine shrimp were hatched using brine shrimp eggs at an ambient temperature of  $23\pm 1^\circ\text{C}$  in a conically shaped vessel (1L), filled with artificial seawater (38g sea salt/L, pH 8.5 using 1N NaOH) with a constant supply of oxygen for 2 days. After hatching, the nauplii were collected and used for bioassay. Sample stock solution was prepared by dissolving the necessary quantity of extracts with a particular quantity of 0.5% DMSO (dimethyl sulfoxide) and sea water. Relative sample volumes were then transferred to the test tube from stock solution to achieve final concentration of 10, 100, and 1000 ppm ( $\mu\text{g/mL}$ ) (Hamidi *et al.*, 2014). The nauplii (10 per vial) were placed in the vial (containing 5ml of brine solution) through glass capillary with samples and maintained at room temperature. After 24 hr, the survived larvae in the sample environment were counted and tricaine methanesulfonate was used as control. All tests were conducted in triplicates.

#### **4.10. Preparation of Stock Solution and Dilutions for Antileishmanial Activity**

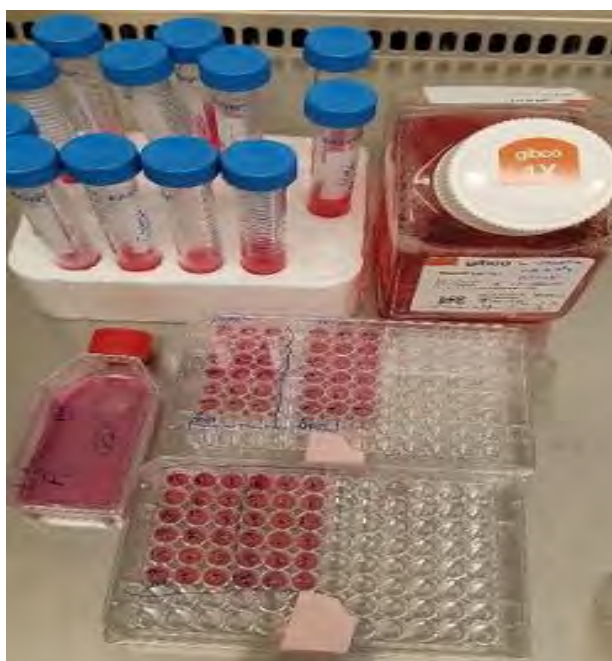
The stock solution for the antileishmanial test was prepared by dissolving 1mg/ml of dimethyl sulfoxide in the sterile glass bottles. The stock solution was divided serially from 0.5, 5, 25, 50, and 100 $\mu\text{g/ml}$  using dimethyl sulfoxide. The 0.45mg/ml syringes were used to filter all samples (Eltayeb and Ibrahim, 2012).

#### **4.11. Parasite Culture**

The *L. tropica* (Accession # MN891719) was previously isolated from a patient in AJK. The promastigotes form of *L. tropica* were cultured in M199 medium with HEPES buffer, 10% fetal calf serum (FSC), penicillin, and streptomycin (Shah *et al.*, 2014).

#### **4.12. Evaluation of Anti Promastigotes Activity**

The antileishmanial activity assays were done by the methods already described Ogeto *et al.* (2013) with some modifications. The log phase of promastigotes at  $1 \times 10^6/100\mu\text{l}$  was used for the current assay. About  $90\mu\text{l}$  of 199 media,  $10\mu\text{l}$  each plant dilution and  $50\mu\text{l}$  promastigotes log phase culture was dispensed to various wells of microtiter plates. Along with amphotericin b as the drug standard and dimethyl sulfoxide as negative control were used. Afterword the micropipette plate was incubated at  $26^\circ\text{C}$  for 72h. The experiment was repeated three times. After incubations,  $10\mu\text{l}$  of all dilution were pipette on the Neubaur chamber and counted under the electron microscope.



**Fig. 4.4:** *In-vitro* antileishmanial assays in 96 well plate

#### 4.13. Statistical Analysis

All experiments were conducted in triplicates and the data analysis was shown as mean  $\pm$  standard deviation (SD). The coefficient associations between the methods of antioxidant activate and total phenolics were confirmed by Microsoft Excel 2010. The lethal concentrations were measured by Probit Analysis at a confidence interval of 95%. When the value of  $p < 0.05$  then it is consider as significant.

## RESULTS

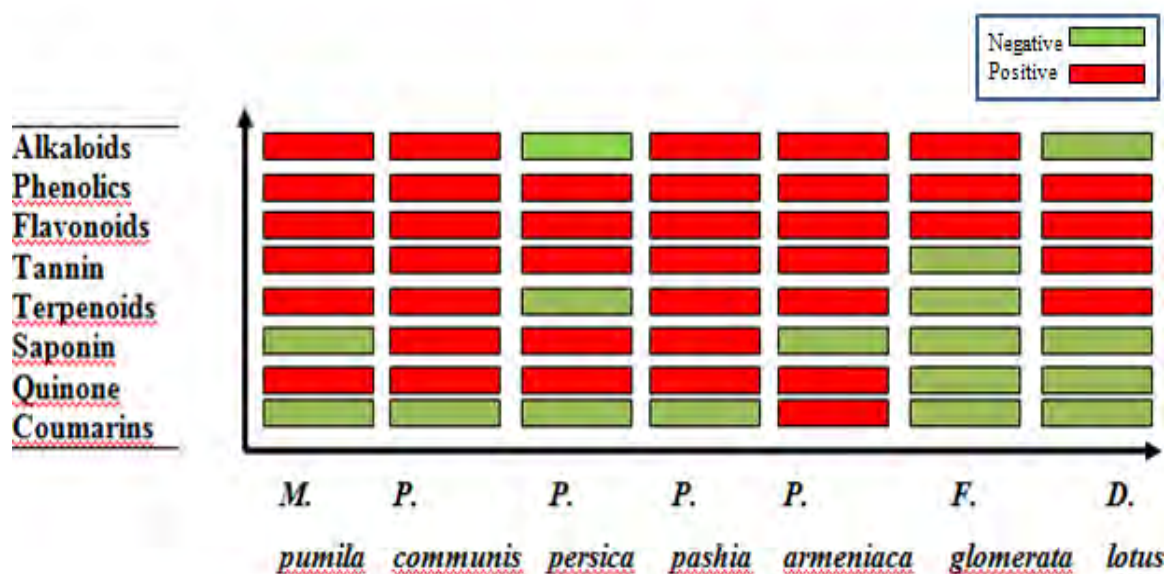
### 4.14. Phytochemical Screening

The alkaloids were absent in *D. lotus* and *P. persica*. The absence of alkaloids in *P. persica* is supported by previous studies in Labia and Jammu Kashmir (Edrah *et al.*, 2015; Hussain *et al.*, 2015). Tannins were only absent in *F. glomerata*. Terpenoids were present in all extracts except *P. persica* and *F. glomerata*. The plant extracts of *P. armeniaca*, *F. glomerata* and *D. lotus* showed the absence of saponins while present in the remaining all extracts. *M. pumila*, *P. communis*, *P. pashia*, *D. lotus*, and *P. armeniaca* showed the presence of steroids except for *P. persica* and *F. glomerata*. The quinone was absent in *D. lotus* and *F. glomerata*. The coumarins were present in *P. armeniaca* among others (Table 4.4).

**Table 4.4:** The phytochemical screening of leaves extracts of seven selected plants.

Test	<i>M. pumila</i>	<i>P. communis</i>	<i>P. persica</i>	<i>P. pashia</i>	<i>P. armeniaca</i>	<i>F. glomerata</i>	<i>D. lotus</i>
Alkaloids	+	+	-	+	+	+	-
Phenolics	+	+	+	+	+	+	+
Flavonoids	+	+	+	+	+	+	+
Tannin	+	+	+	+	+	-	+
Terpenoids	+	+	-	+	+	-	+
Saponin	-	+	+	+	-	-	-
Quinone	+	+	+	+	+	-	-
Coumarins	-	-	-	-	+	-	-





**Fig. 4.5:** The phytochemical screening of leaves extracts of seven selected plants.

#### 4.15. Total Phenolic and Flavanoid Content

In Table 4.5, the ethanolic extract from the selected plants revealed a significant difference in the TPC rate. The highest TPC level was observed in *P. armeniaca* ( $279.62 \pm 5.40 \mu\text{gGAE}/\text{mgDW}$ ), followed by *P. pashia* ( $241.71 \pm 4.27 \mu\text{gGAE}/\text{mgDW}$ ) and *P. communis* ( $180.52 \pm 4.22 \mu\text{gGAE}/\text{mgDW}$ ). *M. pumila* and *P. persica* exhibited the TPC in a comparable quantity  $54.91 \pm 3.90$  and  $53.32 \pm 9.30 \mu\text{g GAE}/\text{mg DW}$  respectively. The *F. glomerata* ( $12.82 \pm 6.80 \mu\text{g GAE}/\text{mg DW}$ ) and *D. lotus* ( $10.91 \pm 6.70 \mu\text{gGAE}/\text{mgDW}$ ) was found to possess comparatively minor TPC. Moreover, the ethanolic extract of selected plants showed differences in TFC. The TFC level of *P. armeniaca* remained the highest and that of *M. pumila* remained the lowest. *P. persica* and *P. pashia* showed a similar quantity ( $54.90 \pm 3.90$  and  $51.62 \pm 9.81 \mu\text{gQA}/\text{mg DW}$  respectively). The *P. communis*, *D. lotus*, and *F. glomerata* exhibited  $136.42 \pm 2.10$ ,  $98.62 \pm 1.50$ , and  $106.90 \pm 2.90 \mu\text{gQA}/\text{mg}$



DW respectively. The current investigations showed that the tested plants contained a distinctive but significant amount of flavonoid and phenolic contents (Table 4.5).

**Table 4.5:** Total phenolic (TPC) and total flavonoid (TFC) content of selected plants in crude ethanolic extract.

Plant name	TPC ( $\mu\text{g}$ GAE/mg DW)	TFC ( $\mu\text{g}$ QA/mg DW)
<i>M. pumila</i>	54.91 $\pm$ 3.90	12.70 $\pm$ 2.42
<i>P. communis</i>	180.52 $\pm$ 4.22	136.42 $\pm$ 2.10
<i>P. persica</i>	53.32 $\pm$ 9.30	54.90 $\pm$ 3.90
<i>P. pashia</i>	241.71 $\pm$ 4.27	51.62 $\pm$ 9.81
<i>P. armeniaca</i>	279.62 $\pm$ 5.40	205.70 $\pm$ 2.41
<i>F. glomerata</i>	12.82 $\pm$ 6.80	106.90 $\pm$ 2.90
<i>D. lotus</i>	10.91 $\pm$ 6.70	98.62 $\pm$ 1.50

In the table, each value is presented as a mean  $\pm$ SD (n=3), GAE= gallic acid equivalent; QE= quercetin equivalent; DW dry weight

#### 4.16. Antioxidant Activities Determination

In Table 4.7, the TAE of seven selected plants (ethanolic crude extracts) were measured in the presence of antioxidant compounds based on the principle of Mo (VI) reduction to Mo (V). The reduction of Mo (VI) into Mo (V) leads to the formation of a green-colored phosphomolybdenum (V) complex observed at 695nm spectrophotometrically. The TAC of ethanolic extracts was calculated and expressed as ascorbic acid equivalent i.e AAE $\mu\text{g}/\text{mgDW}$ . The TAC of ethanolic extracts of *P. armeniaca* (120.37 $\pm$ 4.90 $\mu\text{gAAE}/\text{mgDW}$ ) and *P. pashia* (100.42 $\pm$ 5.20 $\mu\text{gAAE}/\text{mgDW}$ ) were higher than *P. persica* (94.21 $\pm$ 4.30 $\mu\text{gAAE}/\text{mgDW}$ ) and *P. communis* (91.80 $\pm$ 3.90 $\mu\text{gAAE}/\text{mgDW}$ ) respectively. The *M. pumila* (83.60 $\pm$ 3.00 $\mu\text{gAAE}/\text{mg DW}$ ), and *F. glomerata* (80.60 $\pm$ 2.71 $\mu\text{gAAE}/\text{mgDW}$ ) showed high TAC than *D. lotus*

(76.71±3.21µgAAE/mgDW). These results revealed that ethanolic extracts from all plants contained compounds with high antioxidant potential and association with high levels of flavonoids and phenolic.

A parallel correlation between TAC and FRP was shown in the current investigation. The plant extract from *P. armeniaca* (120.37±4.90µgAAE/mgDW) showed the highest FRP values (278.71±1.03µgAAE/mgDW). The *P. pashia*, *P. persica*, *P. communis*, *F. glomerata*, *M. pumila*, and *D. lotus* showed 166.58±8.80, 108.21±4.62, 102.61±3.27, 67.62±7.01, 62.20±7.25, and 60.30±6.91µgAAE/mgDW respectively. The current study showed that the higher the maximum phenolic content of the plant extract, the greatest it will have the reducing power ability (Table 4.6).

The free radical scavenging (%) of ethanolic extracts were observed at various test concentrations in the following order: *P. armeniaca* > *P. pashia* > *P. persica* > *P. communis* > *M. Pumila* > *D. lotus* > *F. glomerata*.

**Table 4.6:** Total antioxidant capacity (TAC) and ferric reducing power (FRP) in selected plant extracts.

Plant name	TAC (µgAAE/mgDW)	FRP (µg AAE/mg DW)
<i>M. pumila</i>	83.60±3.0 0	62.20±7.25
<i>P. communis</i>	91.80±3.90	102.61±3.27
<i>P. persica</i>	94.21±4.30	108.21±4.62
<i>P. pashia</i>	100.42±5.20	166.58±8.80
<i>P. armeniaca</i>	120.37±4.90	278.71±1.03
<i>F. glomerata</i>	80.60±2.71	67.62±7.01
<i>D. lotus</i>	76.71±3.21	60.30±6.91

In the table, each value is presented as a ± SD (n=3) mean;

AAE=ascorbic acid; DW=dry weight.

The DPPH free radical scavenging activity (%) of ethanolic plant extract was greater at the highest extracts concentration. Interestingly, *P. armeniaca* extract showed the highest (53.94±1.24%) DPPH scavenging activity than other tested plants, which were as compared to other rich in phenolics. However, *P. pashia* showed maximum antioxidant potential (94.21±4.30%) through scavenging at the highest concentration of 400µg/ml, which showed that *P. pashia* may contain some compounds that have a higher dose effect. The IC<sub>50</sub> for all plants was also observed in following the order: *P. armeniaca* > *P. pashia* > *P. persica* > *P. communis* > *M. pumila* > *D. Lotus* > *F. glomerata* (Table 4.7).

**Table 4.7:** DPPH free radical scavenging % activity from selected plants of ethanolic crude extracts.

Plant name	Concentrations (µg/ml)					IC <sub>50</sub> µg/ml
	% inhibition by plants and the Vitamin C					
	0.5	5	25	50	100	
<i>M. pumila</i>	41.21±1.35	44.72±1.54	51.24±1.32	56.47±1.22	70.62±2.71	66.90
<i>P. communis</i>	43.90±3.06	54.12±1.12	60.94±0.71	71.90±1.25	86.90±1.90	44.03
<i>P. persica</i>	44.62±1.31	51.07±0.91	55.45±1.50	60.30±2.13	74.47±1.12	59.51
<i>P. pashia</i>	47.92±1.20	50.51±0.87	59.40±0.92	82.48±1.46	94.32±1.24	35.70
<i>P. armeniaca</i>	53.94±1.24	55.54±1.51	61.36±1.14	74.47±1.84	86.33±1.34	19.54
<i>F. glomerata</i>	37.86±1.08	41.21±1.32	48.70±1.30	53.75±1.60	60.82±1.83	87.52
<i>D. lotus</i>	38.28±1.07	42.31±0.61	47.93±1.38	51.50±1.45	60.40±1.17	73.42
<b>Vitamin C</b>	71.30±1.32	67.87±1.32	77.67±1.04	99.45±1.22	100±1.07	5.51

In the table, each value is presented as a ± SD (n=3) mean

#### 4.17. Cytotoxicity Assays

A total of 7 crude extracts of *M. pumila*, *P. communis*, *P. persica*, *P. pashia*, *P. armeniaca*, and *D. lotus* showed no toxicity with LC<sub>50</sub> values >1000µg/ml. The *M. pumila*, *P. communis*, and *P. persica* showed LC<sub>50</sub> values of 1283.67, 1411.30, and 1659.90 µg/ml with the significance value of  $p= 0.003$ ,  $0.001$ , and  $0.001$  respectively. The extracts of *P.*

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*pashia*, *P. armeniaca*, and *D. lotus* showed LC<sub>50</sub> values of 1230.66, 1912.31, and 1671.56µg/ml having values of  $p=0.999$ , 0.001, and 0.000 respectively. The *F. glomerata* extract showed moderate toxicity having LC<sub>50</sub> values of 454.34µg/ml having the significance value of  $p= 0.147$ .

#### 4.18. Antileishmanial Activity

In Table 4.8, the preliminary evaluation of crude ethanolic extracts of seven plants revealed that among the total crude extracts tested *P. communis* and *P. pashia* having moderate antileishmanial activities with IC<sub>50</sub> 56.68 and 60.95µg/ml values respectively. These findings may lead to this raw material for other parasitic diseases. *M. pumila*, *P. persica*, *D. lotus*, and *F. glomerata* have shown no antileishmanial activity having IC<sub>50</sub> >100µg/ml. One prominent extract, *P. armeniaca* showed the highest antileishmanial activity with IC<sub>50</sub> 16.18µg/ml which is less than the standard drug named as amphotericin B used as positive control i.e 17.72µg/ml. The standard error for positive control and tested plant extracts was calculated with a 95% confidence interval having a significance value of 0.000. The percent mortality recorded was 95.28±0.000 at 100µg/ml of *P. armeniaca* while control showed 73.10±0.92. Moderate inhibition of parasitic growth was shown by *P. communia* and *P. pashia* at 100µg/ml were 59.76±0.60 and 63.74±0.70. Less than 50% inhibition of parasite growth was shown by *P. persica*, *F. glomerata*, and *D. lotus* at 100µg/ml.

**Table 4.8:** *In-vitro* antileishmanial activity of ethanolic plant extract (0.5-100µg/ml) on the promastigotes of *L.tropica*. The activity was estimated as growth inhibition percent.

Plants Name	Inhibition growth (%)					IC <sub>50</sub> (µg/ml)	Significant value
	0.5	5	25	50	100		
<i>M. pumila</i>	4.33±0.5 1	7.53±0.0 7	10.56±0.9 5	20.69±0. 75	26.69±0.8 5	>100	0.000
<i>P. communis</i>	21.16±0. 67	35.86±0. 52	45.81±0.8 7	53.73±0. 71	59.76±0.6 0	56.68	0.000
<i>P. pashia</i>	10.59±0. 21	26.61±0. 15	40.02±0.5 2	51.31±0. 51	63.74±0.7 0	60.95	0.000
<i>P. persica</i>	0	6.99±0.0 7	12.01±0.9 7	22.16±0. 65	31.43±0.5 4	>100	0.000
<i>P. armeniaca</i>	28.46±0. 21	46.95±0. 05	55.04±0.4 4	83.78±0. 78	95.28±0.0 0	16.18	0.000
<i>F. glomerata</i>	9.07±0.0 5	13.25±0. 23	16.56±0.9 1	31.48±0. 57	43.15±0.8 3	>100	0.000
<i>D. lotus</i>	2.12±0.3 2	2.98±0.3 2	4.71±0.72	7.08±0.8 1	13.46±0.7 6	>100	0.000
<b>Control</b>	34.41±0. 21	46.33±0. 07	57.89±0.0 5	70.23±0. 78	73.10±0.9 2	17.72	0.000

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## DISCUSSION

The natural products are rich sources of selective and new agents for curing imperative tropical diseases caused by protozoan and many other parasites (Shabazi, 2017). The use of herbal medicines becomes a common practice in all developing countries, where basic health services are not accessible worldwide including AJK. The medicinal flora of AJK has been described as diversified and rich but limited studies investigated the potential use in the curing of parasitic diseases (Shinwari and Shinwari, 2010). The phytochemical analysis is the first step in bioactive compounds identification. It has been stated that the total flavonoid and phenolic contents are directly correlated with antioxidant activity. Such compounds are referred to as strong antioxidant chain breakers (Ksouri *et al.*, 2008). In this context, we investigated the raw ethanolic crude extracts of seven selected plant leaves for phytochemical analysis along with antioxidant and *in-vitro* antileishmanial activities. In the current study, the phytochemical screening showed all leaf extracts were rich in phenolics and flavonoids constituents. Similar observations were reported by Saeed *et al.*, (2012) for *Fagonia olivieri* and *Torilis leptophylla* extracts.

The therapeutic and biological advantages are due to the presence of flavonoids and phenolics constituents in all tested leaf extracts. Highest TPC ( $279.62 \pm 5.40$ ) and TFC were shown by *P. armeniaca* among all tested extracts. The existence of such compounds explains the use of these plants in folk medicine (Amarowicz *et al.*, 2004). The antioxidant role of the phenolic compound is well established that attributed their action to scavenge free radicals, give chelated metal ion, electron, or proton (Amarowicz *et al.*, 2004). The antioxidant activity of the hydroxyl group number and location to the carboxyl group and as high as the hydrolation increases (Karishniah *et a.*, 2011). Furthermore, the flavonoid mechanism of action was correlated with free radical scavenging or metal ion chelation (Kessler *et al.*, 2003). This power to scavenge free radicals gives them antioxidant ability (Sahreen *et al.*, 2010). In the current investigations, a parallel correlation was observed between TAC and FRP. This parallel correlation was also reported by Kumar and Jain (2015) for *Lanneacoro mandelica*. TAC ( $120.37 \pm 4.90 \mu\text{gAAE}/\text{mgDW}$ ) and FRP ( $278.71 \pm 1.03 \mu\text{gAAE}/\text{mg DW}$ ) of *P. armeniaca* was highest among other plants extracts.

This capacity is because antioxidants are essentially protons or electrons that reduce ferric ion ( $\text{Fe}^{3+}$ ) by electron donation to ferrous ion ( $\text{Fe}^{2+}$ ) (Shon *et al.*, 2004). The present study claimed that the higher the TPC in plant extracts, the more the reduction capacity it will have (Jafri *et al.*, 2014). The phenolic compounds minimize the risk of health problems because they are immune to reactive oxygen (ROS) damage. Prior investigations stated that the strongest antioxidant compounds were also antileishmanic (Jain *et al.*, 2013). The DPPH (517nm absorption) is a stable radical capable of antioxidant scavenging (Lu and Foo, 2001). It is widely used to assess the ability of compounds as free radical scavengers and hydrogen donors, as well as the antioxidant activity of important medicinal plant extracts (de Porto *et al.*, 2000). In the reaction, DPPH absorbs radical hydrogen or electron from antioxidants and changes its color, which can be calculated by spectrophotometer at 517nm (Canadanovic Brunet *et al.*, 2014).

Plant pharmacological assessment provides an attractive and good source for safe and novel medical plant growth. It is necessary to check the cytotoxicity of selected plants to improve safety. For the assessment of toxicity determination, brine shrimp toxicity assay is considered as rapid, reliable, and low cost (Olila *et al.*, 2001). The plant extracts with  $\text{LC}_{50}$  values between 100 and 500 $\mu\text{g}/\text{ml}$  are considered as moderately toxic and those with  $<100$  are strongly toxic. Values of  $\text{LC}_{50} >1000$  are considered nontoxic (Nguta *et al.*, in 2012). The *F. glomerata* extract showed moderate toxicity having  $\text{LC}_{50}$  values of 454.34 $\mu\text{g}/\text{ml}$  following the statement of Nguta *et al.* (2015). The crude extract of *F. glomerata* showed moderate activity and is need to not be left as irrelevant because Bussmann *et al.* (2011) and Nguta *et al.*, (2012) noticed that toxicity showed variations significantly because of different collection location, the tissue of plants, time of harvest and solvent extraction. Due to this natural variability, the leaves identified  $\text{LC}_{50}$  between 100 and 500 $\mu\text{g}/\text{ml}$  cytotoxicity have served us for more research on biologically active extracts against fleas (*Xenopsylla cheopis*), mosquitoes (*Aedes aegypti*), ticks (*Ixodes scapularis*), microbes affecting forest and health of living thing Johnston *et al.*, 2001; Dietrich *et al.*, 2006).

The current findings may lead to this raw material for other parasitic diseases. Biological activities of *P. pashia* were also reported by Guven *et al.* (2006). *M. pumila* and *P. persica*, *D. lotus* and *F. glomerata* have shown no antileishmanial activity having  $IC_{50} > 100 \mu\text{g/ml}$ . The *M. pumila* and *P. persica* have anti-inflammatory (Kashyap *et al.*, 2015), *D. lotus* used as antiseptic, antitumor, and antidiabetic (Uddin *et al.*, 2011, 2014), and *F. glomerata* reported for bacterial infection (Menezes *et al.*, 2013). One prominent extract, *P. armeniaca* showed the highest antileishmanial activity with  $IC_{50} 16.18 \mu\text{g/ml}$  which is less than the control i.e  $17.72 \mu\text{g/ml}$ . A wide range of pharmacological effects of *P. armeniaca* has been reported such as antioxidant (Guclu *et al.*, 2006), antimicrobial activities, (Sochor *et al.*, 2010) and anti-asthmatic (Erdogan and Kartal, 2011). Minaiyan *et al.* in (2014) reported that *P. armeniaca* has been used in many parasitic diseases.

However, pharmacological data of *P. armeniaca* regarding the antileishmanial activity has not been documented in the literature, some phytochemicals constitute such as phenols, flavonoids, alkaloids, saponins, terpenoids, coumarins, tannins, and quinone was present in this plant in the current study. The coumarin have been already purified from *Calophyllum brasiliense* (Calophyllaceae) reported antileishmanial activity against *L. amazonensis* (Brenzan *et al.*, 2008). The alkaloids from the genus *Prosopis* showed significant *in-vitro* parasitic activity against *L. donovania* with compared to the control drug (Samoylenko *et al.*, 2009). Some other investigations reported the presence of phenolic (Bodiwala *et al.*, 2007) and flavonoids (Nour *et al.*, 2010) from *Ageratum conyzoides* (Asteraceae) possess antileishmanial activities against promastigotes of *L. donovania*. Torres Santos *et al.* (2004) has reported the terpenoids from *Pourouma guianensis* (Moraceae) as an antileishmanial agent against *L. amazonensis*. The antileishmanial activity against *L. donovania* and *L. major* was demonstrated by quinone from *Zhumeria majdae* (Labiatae) (Moein *et al.*, 2008) and *Perovskia abrotanoides* (Lamiaceae) (Sairafianpour *et al.*, 2001). Paolini *et al.* (2004) verified the anti-parasitic activity of tannins.



## CONCLUSION

It is concluded from the current investigation that, plant extracts could be an effective alternative for synthetic drugs against *L. tropica*. The plant *P. arminiaca* contains chemical compounds that may lead to the development of an affordable and effective antileishmanial drug against cutaneous leishmaniasis (*L. tropica*). In most developing countries, these results provide a different way to use natural plant-based remedies that might be less toxic, safer, and cheaper than available recommended medicines. AJK is an area rich in possibilities, and world flora represents an enormous source of material for testing. Therefore, extensive studies are needed, particularly bio-guided fractionation for the identification of active fraction and more chemical characterization.

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***In-vitro* anti-leishmanial Activity of *Prunus armeniaca* Fractions on *Leishmania tropica* and Molecular Docking Studies****ABSTRACT**

*Prunus armeniaca* (L.) is a member of the Rosaceae, subfamily Prunoideae, shows anticancer, antitubercular, antimutagenic, antimicrobial, antioxidant, and cardioprotective activities. Here we fractionated the leaves extract of this highly medicinally important plant for antileishmanial activity. In the current study, the leaves extract was fractionated and characterized using column and thin layer chromatography by n-hexane, ethyl acetate, and methanol solvents. Twelve fractions were isolated and subjected for evaluation of their cytotoxicity on peritoneal macrophages. The *in-vitro* antileishmanial activity was conducted against promastigotes and amastigotes of *L. tropica*. Among all fractions used, the fraction (F7) exhibited the strongest antileishmanial activity. The bioactive fraction was further characterized by spectroscopy (FTIR, UV-Vis), and GC-MS analysis. The *in-silico* docking was carried out to find the active site of PTR1. All derived fractions exhibited toxicity on peritoneal macrophages in the safety range  $IC_{50} > 100 \mu\text{g/ml}$ . The fraction (F7) showed significantly the highest antipromastigotes activity with  $IC_{50} 11.48 \pm 0.82 \mu\text{g/ml}$  and anti-amastigotes activity with  $IC_{50} 21.03 \pm 0.98 \mu\text{g/ml}$  compared with control i.e.  $11.60 \pm 0.70$  and  $22.03 \pm 1.02 \mu\text{g/ml}$  respectively. The UV-Vis spectroscopic analysis revealed the presence of six absorption peaks and the FTIR spectrum revealed the presence of alkane, aldehyde, carboxylic acid, thiols, alkynes, and carbonyls compounds. The GC-MS chromatogram exhibited the presence of nine compounds: (a) benzeneethanol, alpha, beta dimethyl, (b) carbazic acid, 3-(1 propylbutylidene)-, ethyl ester, (c) 1, 2-benzenedicarboxylic acid, diisooctyl ester, (d) benzeneethanamine a-methyl, (e) 2-aminononadecane, (f) 2-heptanamine-5-methyl, (g) cyclobutanol, (h) cyclopropyl carbene, and (i) nitric acid, nonyl ester. Among all compounds, the 1, 2-benzenedicarboxylic acid, diisooctyl ester bound well to the PTR1 receptor. Fraction (F7) showed acceptable results with no cytotoxicity. However, *in-vivo* studies are required in the future.

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## INTRODUCTION

As previously described, lack of an appropriate vaccine for the treatment of CL and drug resistance, coupled with administration mode, toxicity, and high cost has been regarded as an enormous interest particularly in prevalent areas of underdeveloped countries. Therefore there is no doubt that the exploration for new antileishmanial agents is one of the most important challenges in the recent drug discovery field and is a universal alarm (Guimaraes *et al.*, 2010; Iqbal *et al.*, 2012; Wink, 2012; Ogeto *et al.*, 2013; Mahmoudvand *et al.*, 2014). Various studies are conducted by researchers looking for new alternative in nature (Wink, 2012; Sifaoui *et al.*, 2014). Approximately, 250,000 medicinal plant species are found worldwide but biological activities of only 6% have been done. In addition only 0.75% medicinal herbal compounds have been investigated in medical trials (Sen and Chatterjee, 2011; Jameel *et al.*, 2014).

In small communities, herbal therapies are ideal due to the unavailability of standard therapies. In this reference, natural plants are a good source of bioactive compounds for human beings (Lavinias *et al.*, 2019). Kashani *et al.*, in (2012) highlight the pharmacological properties of secondary metabolites. Various researchers also reported the activity of less known and new terpenoids, phenolic compounds, and alkaloids which gives a direct role in modern pharmaceuticals (de Andrade *et al.*, 2012; Sarala *et al.*, 2011). Although the quantity of secondary metabolites are found very little and, their characterization, purification, and extraction are still a huge challenge in the drug discovery process (Chan *et al.*, 2011; Winjgard *et al.*, 2012; Tang *et al.*, 2012). For the initiation of the drug discovery process, extraction is the 1<sup>st</sup> step. Various common methods have been planned for obtaining extracts that presents the polarity range (Wall *et al.*, 1996) and also enriched the secondary metabolites i.e. saponins (Cordell, 1981), and alkaloids (Hoststtmann *et al.*, 1991). The bioassays approach is essential to authenticate the conventional use and to find the most active crude or partially crude extracts. The *in-vitro* biological assays are very faster and little quantity of compound is required, even if they are irrelevant to clinical conditions (Sarker *et al.*, 2005). *In-vitro* assays are micro plate-based and are sensitive, specific, and are extensively used. The bioassay complexity must

be defined by quality available personnel and laboratory facilities (Valgas *et al.*, 2007). The crude extract or pure compound having IC<sub>50</sub> value is below 100µg/ml and below 25µM is getting more interest (Cos *et al.*, 2006). The compound presence with active potential can be assessed by using chemical assays based on spectrophotometric measurements (Ellman *et al.*, 1961; Beretta and Facino, 2010; Pohanka *et al.*, 2011). Once the activity potential has been done, the crude extract needs to be purifying to bioactive compound isolation. Various separation methods are generally used (Sticher, 2008).

The column chromatography technique is used for quantification and isolation of active phytochemicals from the crude extract of plants (Church *et al.*, 2005; Abdulhamid *et al.*, 2017). The thin-layer chromatography (TLC) is used for compound identification and their purity determination (Abdulhamid *et al.*, 2017). The UV-VIS spectroscopy is used for phytochemicals detection (Gunasekaran, 2003) while FTIR (Fourier Transform Infrared Spectrophotometer) is used to identify the existence of functional groups/chemical bonds in phytochemicals (Grube *et al.*, 2008). However, the use of UV-Visible spectrophotometer in the complex analysis is limited by the inherent difficulty of assigning the absorption peaks to any particular component in the system. Therefore, UV-VIS findings need to be supplemented with some other analytical techniques such as GC/MS etc. to allow proper extract characterization and identification of constituents (Karpagasundari and Kulothungan, 2013). The bioactive constituents are scrutinized by using the finest method of GC-MS (gas chromatography-mass spectroscopy) and the mass spectrum of each component can also be recorded by this technique (Krishnakumari and Nagaraj, 2012).

Currently, all available drugs against parasites have been identified by *in-silico* approach and this strategy provides a source of drug candidates (Moine *et al.*, 2015). In the case of neglected diseases where a specific drug development approach is not affordable and no market return for huge investment, an elegant variation of *in silico* strategy is the repurposing of drug candidates (Andrews *et al.*, 2014). The best example for repurposing is the aminoglycoside paromomycin was approved in India against leishmaniasis (Sundar *et al.*, 2007). In the post-genomic, a 2<sup>nd</sup> method has come into the

focus, known as target-based drug design, in which the reorganization of potential drug targets occur by in silico method including genome and protein data-base (Egner *et al.*, 2005).

The molecular in silico docking is a computational technique conducted on structure-based rational drug design for the identification of correct conformation of ligands and protein-ligand interaction, which generally involve 1 ligand and 1 receptor (Yuriev *et al.*, 2009; Mura and McAnany, 2014; Tantar *et al.*, 2008). The most common software and programs include Autodock Vina (Trott and Olson, 2010), Flex X (Rarey *et al.*, 1996), GOLD (Jones *et al.*, 1997), and Autodock (Morris *et al.*, 2009). Up to now, these and various other similar methods generally focus on the docking between 2 molecules by non-covalent interaction including the hydrogen bonding, electro statistic interaction, and van der waals interaction or by scoring functions for the identification of these interactions (non-covalent) (Rarey *et al.*, 1996). Though, all drugs are not made non-covalent interaction to the active site; there is a lot of drugs classification known as covalent drugs (Singh *et al.*, 2011). Non-covalent interaction of ligand to receptors is more conventional now a day. Various docking methods have been used in focused on the successful prediction of the binding mode of non-covalent inhibitors (Yuriev and Ramsland, 2013; Jacob *et al.*, 2012; Fukunishi *et al.*, 2010). The ligand-receptor interactions can be predicted by using a major computational method known as molecular docking (Kellenberger *et al.*, 2004) and is an important tool for the discovery of antileishmanial compounds.

In *Leishmania* parasite the pteridine reductase 1 (PTR 1) gene is an excellent drug target because of unusual pterin salvage from the host while the host lack PTR1 activity and synthesizes pterin derivatives de novo from GTP (Nichol *et al.*, 1985). Various biochemical studies showed that PTR1 enzyme is a NADPH dependent pterin reductase. It demonstrates its enzymatic activity as a tetramer (Bello *et al.*, 1994; Wang *et al.*, 1997; Kumar *et al.*, 2004). The enzyme reduces biopterin to H2 and H4 biopterin. This enzyme also able to reduce folate to 7, 8, dihydrofolate and tetrahydrofolate. The dihydroopyrimidiones and 1 phenyl 4 glycosyl dihydropyridines arrest PTR1 of

*Leishmania* and also showed significant antileishmanial activities (Kumar *et al.*, 2007; Kumar *et al.*, 2008). Various studies showed that the docking results matched with the results observed experimentally (Ramirez and Caballero, 2016).

The *P. armeniaca* bark has been used as an astringent to irritation while apricots are used for infertility, spasm, hemorrhages, and eye infection. The healing of vaginal infection is reported by using apricot kernel paste while kernel oil is used as the pharmaceutical agent and also in cosmetics (Asma, 2002). The fresh juice of apricot leaves was used in Chinese traditional medicine with fruitful results in skin ailments such as eczema, itching, and scabies (Yeung, 1985; Amasiatsi *et al.*, 1990). The *P. armeniaca* leaves, kernels, and fruits were also the best antimicrobial agents (Karapetyan *et al.*, 2011; Yigit *et al.*, 2009; Rashid *et al.*, 2007). The *P. armeniaca* kernels, leaf, and fruits extracts showed antioxidant activities (Scebba *et al.*, 2001; Rashid *et al.*, 2005; Durmaz and Alpaslan, 2007). A strong inhibitory potential against tyrosinase was reported in *P. armeniaca*. The tyrosinase is the key enzyme on trypsin and melanin biosynthesis (Gahloth and Sharma, 2010). The dry fruits of *P. armeniaca* showed cardioprotective activity in urethane anesthetized rates (Parlakpinar *et al.*, 2009). The anti-inflammatory, antinociceptive, antitubercular, and anticancer activity was also reported in *P. armeniaca* (Change *et al.*, 2005; Hwang *et al.*, 2008; Arya, 2011; Akcicek *et al.*, 2005). To best our knowledge, this highly medicinal important plant has not been investigated against *L. tropica* in Azad Jammu and Kashmir, Pakistan. However, in current research we are reporting for the first time, the *in-vitro* antileishmanial activity of *P. armeniaca* fractions against *L. tropica* and also assessed their cytotoxicity. The active fraction of *P. armeniaca* was then characterized for phytochemical identification along with the molecular docking studies for determining the active binding site of the PTR1 gene.



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## MATERIALS AND METHODS

### 5.1. Plant Collection and Identification

The leaves of *P. armeniaca* (Fig. 5.1) were collected from Trar Khel in 2019. After collection, the leaves of plants were washed with tap water and shadow dried for three weeks at room temperature (27-37°C).



**Fig.5.1.** *P. armeniaca* plant used in the current study

### 5.2. *P. armeniaca* Crude Extract Preparation

The ethanolic crude extract was prepared by following the methodology described in chapter 4. The resultant extract was stored at 4°C for further column chromatography.



**Fig.5.2:** *P. armeniaca* extract preparation in Soxhlet apparatus

#### 4.3. Fractionation through Column Chromatography

For isolation of various fractions from *P. armeniaca* extract, a column (28 x 3 inches) with silica gel (0.063-0.200mm) was prepared in dry powder form and left overnight. The column was run with n-hexane (300ml) for settling down. The ethanol extract of *P. armeniaca* was poured to a silica gel open chromatographic column and step gradient technique was followed to run the column in three various solvents i.e. n-hexane, ethyl acetate, and methanol in ascending order of polarity. Different ratios of n-hexane and ethyl acetate (pure n-hexane, 20:80, 40:60, 80:20, and pure ethyl acetate) then ethyl acetate and methanol, (pure ethyl acetate, 20:80, 40:60; 80:20, and pure methanol) were used for the isolation of various fractions (5.3). Based on the thin-layer chromatography technique, the same types of fractions were mixed. The solvent was evaporated and crude fractions were used for further analysis.





**Fig 5.3:** Fraction isolation by column chromatogragy

#### **5.4. Model Animal**

The male BALB/c mice (six weeks old) were taken from the National Institute of Health Islamabad, Pakistan. The mice were placed in a small steel cage in the animal house of Quaid-i-Azam University. The animals were nourished on a standard pellet diet and water of *libitum*. The room temperature was maintained from 26-29°C with a light-dark cycle (12 hrs). They were acclimatized for two weeks before the experiment. The animals were kept in a hygienic environment and handled properly (Fatima *et al.*, 2017).

#### **5.5 Isolation of Murine Macrophages**

In the current study, the murine macrophages were collected from healthy eight weeks old male BALB/c mice by injecting cold (3-5ml) RPMI-1640 medium (Sigma) (Roswell Park Memorial Institute) in the peritoneal cavities. The aspirated macrophages were washed two times with 0.5% PBS and suspended in RPMI 1640 medium with

penicillin (100 U/ml), and (100µg/ml) streptomycin (Sigma Aldrich, St. Louis, MO, USA) (Carrio *et al.*, 2000).

### **5.6. Control Drug**

We have used standard drug amphotericin B (Havan city, Cuba, IMEFA) at a concentration of 1mg/ml as positive control. The drug was diluted in sterile water for various (0.5, 5, 25, 50, and 100µg/ml) concentrations.

### **5.7. Cytotoxicity Assay on Peritoneal Macrophages**

The peritoneal macrophages (BALB/c mice) were used to determine the  $CC_{50}$  value of the fraction. The macrophages were collected in RPMI 1640 medium (Sigma, St. Louis, Mo, USA) with 200µg/ml streptomycin, 200UI penicillin and cultured at  $10^5$  Cells/ml in 96 well Lab Tek (Costar USA) and then incubated at (37°C in 5% CO<sub>2</sub>) for 2 hrs. The non-adherent cells were removed by washing with a phosphate buffer solution. Then 2µl fractions of various dilutions (previously prepared in medium) were added in medium (198µl) with (10%) HFBS and antibiotics (200µg/ml streptomycin, 200 UI penicillin). The macrophages were treated with the fractions extract from 50, 100, 150, and 200µg/ml for 48 hrs. The culture with (0.5%) DMSO was added as a negative control. The toxicity was determined by the colorimetric assay with 3-[4-(5-dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide (Sigma, USA) solution (MTT). The MTT solution (15µl at 5mg/ml in PBS) was added to each well and incubated for 4hrs at the same conditions. Then the medium was removed and formazan crystals were dissolving in DMSO (100µl). The EMS reader MF (version 2.4-0) was used to determined absorbance at 560nm test wavelength (reference wavelength= 630nm) (Sladowski *et al.*, 1993). The  $IC_{50}$  value was determined using the equation for the sigmoidal  $E_{max}$  model from dose-response curves fit data in graph pad prism. The test was conducted in triplicates.

### **5.8. Preparation of Stock Solution and Dilutions for Antileishmanial Activity**

The stock solution for the antileishmanial test was prepared by dissolving 1mg/ml of 0.5% dimethyl sulfoxide (DMSO) in the sterile glass bottles. The stock solution was

divided serially from 0.5, 5, 25, 50, and 100µg/ml using 0.5% DMSO. The 0.45mg/ml syringes were used to filter all samples (Eltayeb and Ibrahim, 2011).

### 5.9. Parasite Culture

The *L. tropica* (MN886941) was previously isolated from a patient in AJK. The promastigotes form of *L. tropica* were cultured in M199 medium with HEPES buffer [4-(2-hydroxyethyl)-1-piper-azineethanesulfonic acid], (10%) FSC, penicillin (100U/ml), and (100µg/ml) streptomycin (St. Louis, MO, Sigma Aldrich, USA) (Qureshi *et al.*, 2014).

### 5.10. Evaluation of Anti promastigotes Activity

The antileishmanial activity test was conducted by following the process already explained Ogeto *et al.* (2013) with little changes. The log phase of promastigotes at  $1 \times 10^6/100\mu\text{l}$  was used for the current assay. About 90µl of M199 media, 10µl each plant dilution (0.5, 5, 25, 50, and 100µg/ml) and 50µl promastigotes log phase culture was dispensed to various wells of microtiter plates. Along with amphotericin B as the drug standard and culture media as negative control were used. Afterword the plate was incubated at 26°C for 72h. The experiment was repeated three times. After incubations, 10µl of all dilution were pipette on the neubauer chamber and counted under the binocular microscope (Optica, 500 series). The IC<sub>50</sub> value for antileishmanial activity was determined by SPSS software (version 19).

### 5.11. Antiamastigote Activity

For the evaluation of the antileishmanial activity of *P. armeniaca* fractions of *L. tropica* amastigotes (mammalian infected form), the murine macrophages were used in accordance with the method already described by Mahmoudvand *et al.*, (2014). 1cm<sup>2</sup> sterile cover slips were positioned in the six chambers slides wells (Nalge Nunc Lab Tek international NY, USA), and then 200µl murine macrophages ( $10^5$  cells/ml) were placed in each well. After two hours (incubation at 37°C, 5% CO<sub>2</sub> and 95% relative humidity), the promastigotes of *L. tropica* strain were added in each well, and incubation was carried out in a CO<sub>2</sub> incubator at same conditions for 24hrs. The RPMI 1640 medium (sigma) was

used to remove the free parasites. The infected macrophages were treated with different concentrations (0.5, 5, 25, 50, and 100 µg/ml) of *P. armeniaca* fractions extract for 72 hours at 37°C. Lastly, dried slides were fixed with methanol, stained by Giemsa stain, and examined under the light microscope. The anti-amastigotes effect was determined by counting the number of amastigotes in each macrophage by examining 100 macrophages on each cover slip (Shokri *et al.*, 2012). Infected macrophages without treatment were used as positive control while non-infected with no drug was as negative control respectively. All experiments were conducted in triplicates. The IC<sub>50</sub> values were calculated by Probit analysis. The percentage of inhibition of *L. tropica* intra macrophage was determined by counting 200 cells in triplicate. The selective index (SI) was calculated by CC<sub>50</sub> for macrophages divided by IC<sub>50</sub> for amastigotes. The SI was used to compare the cytotoxicity of fractions for murine macrophages and the potential against intracellular amastigotes of *L. tropica*. When S>1 is considered more selective for activity in opposition to a parasite while SI<1 is considered more selective for potential against cells (Shioji *et al.*, 2005). The ANOVA (analysis of variances) test was used to determine the possible significant different effect among the fractions and control drug using SPSS software. We also used student's *t-test* to compare the IC<sub>50</sub> values of fractions and control drug. The *p*<0.05 was considered as significant.

## **5.12. Characterization of the Most Active Fraction**

### **5.12.1. UV-Vis Spectroscopy and Fourier Transform Infrared Spectroscopy**

The most active fraction was examined using UV-Vis spectroscopy analysis for its spectral profile. The fraction extract was centrifuged at 3000rpm for ten minutes and sieved by filter paper Whatman No. 1. The spectra were obtained by scanning the diluted (1:10) fraction in the wavelength at 200-800nm using the spectrophotometer (UV-1601, Shimadzu) and characteristic values of a peak were noted. The FTIR analysis of the most active fraction was performed for the detection of functional group and the characteristic peaks values were observed and recorded in the infrared region from 400-4000cm<sup>-1</sup>. The sample was prepared by mixing 2mg leaves extract in 100mg of KBr (FTIR grade). About 3mm diameter salt disc were loaded in the FTIR spectroscope (Shimadzu FTIR

spectrophotometer) and scanned to confirmed infrared spectra at various wavelengths (400-4000cm<sup>-1</sup>) (Hemavathy *et al.*, 2019).

### 5.12.2. Gas Chromatogram Mass Spectroscopy

The GC-MS analysis of active fraction was conducted by chromatographs attached with a mass spectrophotometer (GC-2010, Shimadzu) employing the following conditions: the GC system was installed with autosampler AOC20s, injector AOC-20I, and mass selective detector QP2010. The DB-5Ms fused silica capillary column (0.25mm ×30m ×0.25µm). About 1µL sample was injected at 250°C temperature. The program of GC was initiated at 100°C for 0.5 minutes, then increase to 280°C for 3 minutes. The Helium was supply as carrier gas (1.0ml/min). The mass spectral scan range was 50-350m/z and the ionization voltage was 70eV. The spectral peaks and the chromatogram were visualized. The specific compounds presenting the sample were recognized by comparing their retention time and mass spectra of the relevant peaks with known and unknown compounds stored in the National Institute of Standards and Technology mass spectral database (NIST-MS).

### 5.13. Molecular Docking

PTR1 is a vital enzyme responsible for *Leishmania* pteridine salvage. The PTR1 take part to the mechanism of antifolate resistance. PTR1 is accountable for conventional therapies breakdown for example methotrexate against these protozoans. The studies on PTR1 by gene knockout in *Leishmania*, and knockdown in *Trypanosoma brucei* showed that the enzyme is essential for parasite survival (Hemavathy *et al.*, 2019; Sienkiewicz *et al.*, 2010)). Hence, in the current study, we focused to explore PTR1 (from *L. tropica*) as a possible target for our nine identified compounds from fraction (F7) by using molecular docking studies. The three-dimensional structure of PTR1 was retrieved through protein data bank (PDB) and it was predicted by the X-ray diffraction method. This selected protein under prevailed for docking purpose and PyRx software was used to study the binding affinity of test compounds with protein PTR1 in the form of E value. A three-dimensional grid with coordinates (x, y, and z) was set as maximum to provide maximum area for

compounds binding and further default parameters availed for PyRx docking. The PyRx is a virtual screening software for computer-aided drug designing and is used to monitor lead compounds against possible drug targets. The two-dimensional interaction of docked complexes was analyzed and visualized (Discovery studio visualizer) and used for systematic presentation of several hydrogen bonds, hydrophobic interactions, and residues (Khalid *et al.*, 2018; Kumalo *et al.*, 2015)

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## RESULTS

### 5.14. Fraction Collected by Column Chromatography

Considering the efficacy of *P. armeniaca* in the treatment of skin ailments, infertility, spasm, hemorrhages, eye infection, and vaginal infection, *P. armeniaca* was fractionated by column chromatography in the present study. The column chromatography gave 142 fractions (20ml each) which were pooled following their TLC profiles. The same fractions were mixed resulting in 12 fractions (F1-F12) fractions. The fraction (F1) did not show any band due to hexane.

### 5.15. Cytotoxicity of Derived Fractions

In the derived fractions of the current study,  $CC_{50}$  of all fractions ranged from  $103.01 \pm 1.93$  to  $251.62 \pm 1.87 \mu\text{g/ml}$  (Table 5.1). The fraction (F2) exhibited the lowest ( $103.01 \pm 1.93$ ) while fraction (F8) presents the highest ( $251.62 \pm 1.87$ )  $CC_{50}$  values. The  $CC_{50}$  values for fractions (F3-6) were  $125.09 \pm 0.87$ ,  $113.54 \pm 2.12$ ,  $206.23 \pm 3.02$ , and  $152.76 \pm 2.54 \mu\text{g/ml}$  respectively. The fractions (F7 and F9-12) presented  $214.44 \pm 1.74$ ,  $247.00 \pm 2.43$ ,  $169.04 \pm 0.93$ ,  $109.09 \pm 2.02$ , and  $121.45 \pm 1.34 \mu\text{g/ml}$  respectively. Interestingly all fractions showed  $CC_{50} > 100 \mu\text{g/ml}$  which indicates the safety range of all fractions for antileishmanial assays. When the fraction were compare with each other they showed significant value (0.000).

### 5.16. *In-vitro* antipromastigote Activity of Fractions

In the present investigations, the antileishmanial activity of fractions (F2-12) isolated from the crude extracts of *P. armeniaca* showed that the highest potential was found in fraction (F7) i.e.  $11.48 \pm 0.82 \mu\text{g/ml}$  compared with amphotericin B i.e.  $11.60 \pm 0.70 \mu\text{g/ml}$  against promastigotes of *L. tropica*. Fraction (F5) ( $IC_{50}$   $45.55 \pm 0.71 \mu\text{g/ml}$ ), (F6) ( $25.21 \pm 0.77 \mu\text{g/ml}$ ), (F8) ( $39.39 \pm 0.87 \mu\text{g/ml}$ ), (F9) ( $51.55 \pm 1.02 \mu\text{g/ml}$ ) present moderate activity with  $IC_{50}$  values varies between 45-51  $\mu\text{g/ml}$ . The fractions (F2), (F3), (F4), (F10), and (F11) showed the lowest antipromastigote activity against *L. tropica* with  $IC_{50}$  values between 63-95  $\mu\text{g/ml}$  i.e.  $IC_{50}$   $95.18 \pm 1.31$ ,  $93.50 \pm 1.39$ ,  $63.04 \pm 0.85$ ,  $73.56 \pm 1.15$ , and  $80.80 \pm 1.33 \mu\text{g/ml}$ . The fraction (F12) was considered as inactive against promastigotes of *L. tropica* with  $IC_{50} > 100 \mu\text{g/ml}$  (Table. 5.1). The fractions (F1-F12) showed significant value 0.000 for  $IC_{50}$ . The fractions (F2) and (F3) showed  $50.75 \pm 0.54$ ,

and  $48.21 \pm 0.05$  % inhibition at the higher concentration of extract i.e  $100 \mu\text{g/ml}$  followed by fractions (F4-F6) which present  $62.01 \pm 0.21$ ,  $70.63 \pm 0.23$ , and  $74.51 \pm 0.65$  %inhibition respectively. The fraction (F7) reported the highest % inhibition at  $100 \mu\text{g/ml}$  i.e  $85.61 \pm 1.00$  while the control showed  $80.11 \pm 0.89$ . The fractions (F8-F11) showed  $67.95 \pm 0.87$ ,  $62.09 \pm 0.92$ ,  $53.85 \pm 0.76$ , and  $51.75 \pm 0.98$  % inhibition. The fraction (F12) reported  $39.42 \pm 0.54$  at the highest concentration of  $100 \mu\text{g/ml}$ .

### 5.17. Antiamastigote Activity of Derived Fractions

Similarly to the promastigote stage of *L.tropica*, the highest antiamastigote activity was observed in fraction (F7) ( $\text{IC}_{50}$   $21.03 \pm 0.98 \mu\text{g/ml}$ ). The highest SI of fraction (F7) i.e. 10 showed the existence of the highest amounts of compounds with reasonable effectiveness against *L. tropica*. The fractions (F5) ( $53.51 \pm 0.77 \mu\text{g/ml}$ ), (F6) ( $34.84 \pm 0.89 \mu\text{g/ml}$ ), (F8) ( $47.49 \pm 0.86 \mu\text{g/ml}$ ), and (F9) ( $58.24 \pm 1.04 \mu\text{g/ml}$ ) showed  $\text{IC}_{50}$  value between  $34$ - $58 \mu\text{g/ml}$  having moderate antiamastigote activity and the SI were 3, 4, 5, and 4 respectively ( $\text{SI} > 1$ ). The fraction (F4) ( $78.30 \pm 0.01 \mu\text{g/ml}$ ), (F10) ( $83.43 \pm 1.72 \mu\text{g/ml}$ ), and (F11) ( $89.74 \pm 2.15 \mu\text{g/ml}$ ) present  $\text{IC}_{50}$  value between  $78$ - $89 \mu\text{g/ml}$  having little antiamastigote potential and SI were 1, 2, and 1 ( $\text{SI} > 1$ ). The fractions (F2) ( $198.97 \pm 5.13 \mu\text{g/ml}$ ), (F3) ( $157.25 \pm 3.98 \mu\text{g/ml}$ ), and (F12) ( $141.98 \pm 4.74 \mu\text{g/ml}$ ) were failed to show activity against amastigotes having  $\text{IC}_{50} > 100$  and having SI values were 0.52, 0.79, and 0.85 respectively ( $\text{SI} < 1$ ) (Table 5.1). The significant value of  $p=0.000$ . Similarly to the promastigote stage of *L. tropica*, a high growth inhibited effect was demonstrated for amastigotes after 72h incubation. Furthermore, results indicated that the antiamastigote effect of the fraction (F7) was based on a dose-dependent manner, so the fraction (F7) was able to inhibit the growth rate of  $72.75 \pm 1.00$  amastigote form at  $100 \mu\text{g/ml}$  concentration compared with control  $80.13 \pm 0.89$ . The fractions (F2-F6) showed  $50.75 \pm 0.54$ ,  $48.21 \pm 0.05$ ,  $54.59 \pm 0.21$ ,  $70.63 \pm 0.23$ , and  $74.51 \pm 0.65$  at highest ( $100 \mu\text{g/ml}$ ) concentration. The fractions (F8-F12) exhibited  $69.06 \pm 0.87$ ,  $59.12 \pm 0.92$ ,  $54.89 \pm 0.76$ ,  $49.82 \pm 0.98$ , and  $40.31 \pm 0.54$  inhibition respectively at  $100 \mu\text{g/ml}$  concentration. The most effect fraction (F7) caused  $80.12 \pm 1.00$  inhibition of antipromastigote growth at  $100 \mu\text{g/ml}$  concentration compared with control ( $85.62 \pm 1.00$ ). Based on these results we decided that further experiments would be only with the fraction (F7).



**Table 5.1:** *In-vitro* antileishmanial activity and cytotoxicity of *P. armeniaca* fractions extracts (F2-F12).

Fractions	<sup>a</sup> IC <sub>50</sub> ±SD (µg/ml)		<sup>b</sup> CC <sub>50</sub> ±SD macrophages µg/ml	SI
	Promastigotes	Amastigotes		
<b>F 2</b>	95.18±1.31	198.97±5.13	103.01±1.93	0.52
<b>F 3</b>	93.50± 1.39	157.25±3.98	125.09±0.87	0.79
<b>F 4</b>	63.04± 0.85	78.30 ± 0.01	113.54±2.12	1
<b>F 5</b>	45.55± 0.71	53.51±0.77	206.23±3.02	3
<b>F 6</b>	25.21± 0.77	34.84±0.89	152.76±2.54	4
<b>F 7</b>	11.48± 0.82	21.03± 0.98	214.44±1.74	10
<b>F 8</b>	39.39± 0.87	47.49±0.86	251.62±1.87	5
<b>F 9</b>	51.55±1.02	58.24± 1.04	247.00±2.43	4
<b>F 10</b>	73.56± 1.15	83.43± 1.72	169.04±0.93	2
<b>F 11</b>	80.80±1.33	89.74±2.15	109.09±2.02	1
<b>F 12</b>	110.07±1.26	141.98±4.74	121.45±1.34	0.85
<b>Control</b>	11.60±0.70	22.00±1.02	252.43±2.98	11

<sup>a</sup>IC<sub>50</sub>: concentration of fractions extracts that cause 50% of mortality of amastigotes of *L. tropica*; <sup>b</sup>CC<sub>50</sub>: concentration of fractions extract that cause 50% of mortality of amastigotes of *L. tropica*; SD: Standard deviation; SI: Selectivity index. SI= IC<sub>50</sub> macrophage/ IC<sub>50</sub> *L. tropica* amastigote. The amastigote of fractions (F2-12) compare with control showed value of  $p = 0.000$  ( $t = -16.94$ ),  $0.000$  ( $t = -11.995$ ),  $0.001$  ( $t = -9.616$ ),  $0.000$  ( $t = -35.065$ ),  $0.000$  ( $t = -13.414$ ),  $0.373$  ( $t = 1.001$ ),  $0.000$  ( $t = 15.906$ ),  $0.020$  ( $t = -3.747$ ),  $0.029$  ( $t = -3.326$ ),  $0.061$  ( $t = -2.582$ ) and  $0.000$  ( $t = -46.616$ ). The promastigotes of fractions (F2-F12) compared with control showed  $p$  values of  $0.156$  ( $t = -1.742$ ),  $0.16$  ( $t = -4.032$ ),  $0.003$  ( $t = -6.339$ ),  $0.148$  ( $t = 1.788$ ),  $0.019$  ( $t = -3.795$ ),  $0.12$  ( $t = 1.969$ ),  $0.001$  ( $t = -8.088$ ),  $0.000$  ( $t = -11.847$ ),  $0.000$  ( $t = -22.726$ ),  $0.000$  ( $t = -17.398$ ) and  $0.000$  ( $t = -11.625$ ).

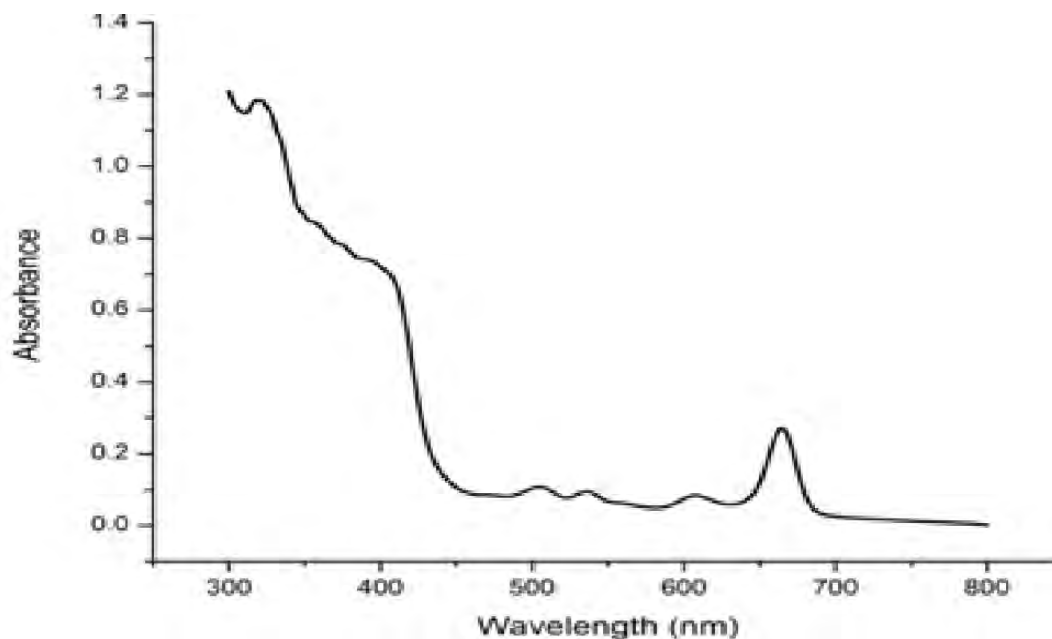
## 5.18. Characterization of the Fraction (F7)

### 5.18.1. UV-Vis Spectroscopic Analysis

The UV-Vis spectroscopic analysis of fraction (F7) showed a spectrum at 300-800nm because of proper baseline and peaks sharpness. The spectrum showed peaks at 665.00, 607.00, 536.00, 505.50, 359.00, and 321.00nm with the absorption of 0.27, 0.08, 0.09, 0.10, 0.89, and 1.36 respectively (Table.5.2. and Fig. 5.4.).

**Table: 5.2.** UV-Peaks values and absorption

Sr. no	Peaks (nm)	Absorption
1	665.00	0.27
2	607.00	0.08
3	536.00	0.09
4	505.50	0.10
5	359.00	0.89
6	321.00	1.36



**Fig. 5.4:** UV–Vis spectrum of active fraction (F7) extract of *P. armeniaca*

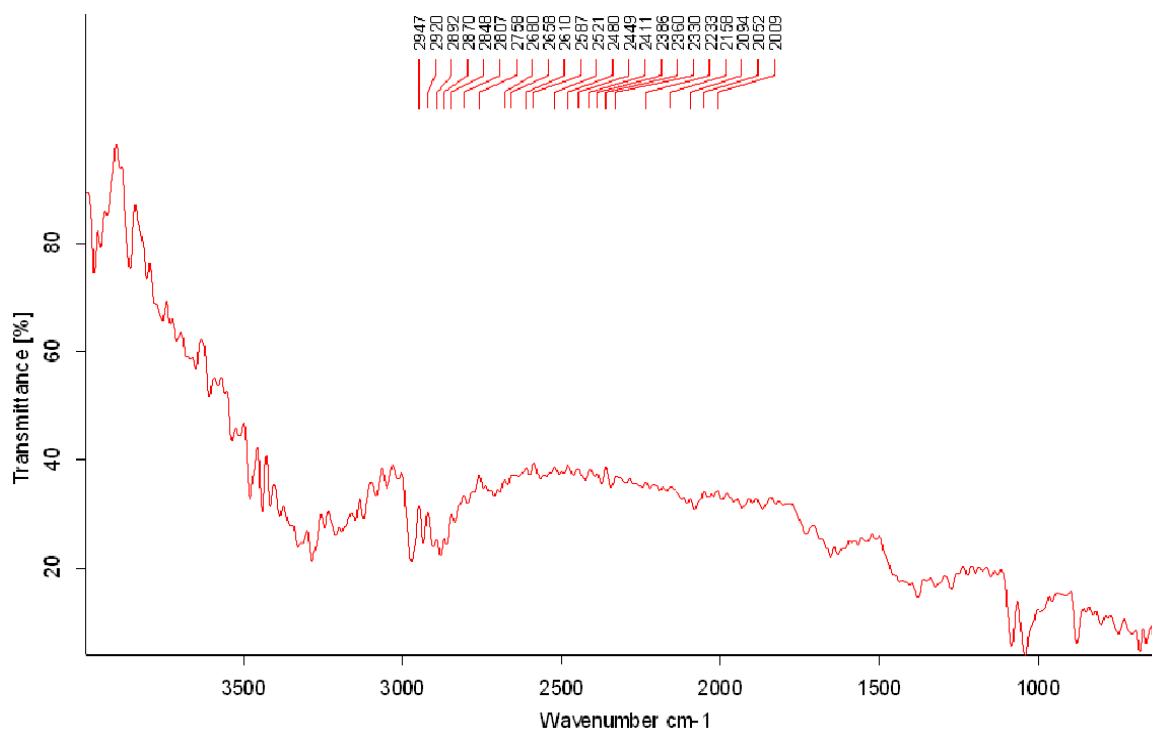
### 5.18.2. FTIR Analysis of Most Active Fraction (F7)

In the current study, the characteristic peaks were exhibited at 2947, 2920, 2892, 2870, and 2848 $\text{cm}^{-1}$  assigned to the C-H stretching (alkane). The peaks obtained at 2807 and 2758 $\text{cm}^{-1}$  showed the presence of C-H stretching (aldehyde). The peaks observed at 2680, 2650, and 2610 $\text{cm}^{-1}$  indicated the presence of O-H stretching (carboxylic acid). The peak at 2587 $\text{cm}^{-1}$  was due to the S-H stretching (thiols). The peaks at 2521, 2480, 2449, and 2411 $\text{cm}^{-1}$  showed O-H stretching (carboxylic acid). The peaks at 2233 and 2158 $\text{cm}^{-1}$  showed the presence of carbon carbon triple bonds (alkynes). In addition, the peaks at 2094, 2052, and 2009 $\text{cm}^{-1}$  indicated carbonyl compounds (carbonyls and nitrile). The peaks at 2387, 2360, and 2330 $\text{cm}^{-1}$  were unknown (Table.5.3. Fig.5.5). The FTIR spectrum confirm the functional constituent's presence in the given extract and parts. In the current analysis, various functional groups (alkane, aldehyde, carboxylic acid, thiols, alkynes, and carbonyls compound) were observed in fraction (F7). Identified groups in fraction (F7) might be the reason for antileishmanial potential against *L. tropica*.

**Table 5.3:** FTIR interpretation of the fraction (F7)

Wavelength $\text{cm}^{-1}$ (test sample)	Frequencies range $\text{cm}^{-1}$ (reference)	Functional group assignments	Phytocompound
2947	3000-2840	C-H stretching	Alkane
2920	3000-2840	C-H stretching	Alkane
2892	3000-2840	C-H stretching	Alkane
2870.29	3000-2840	C-H stretching	Alkane
2848	3000-2840	C-H stretching	Alkane
2807	2830-2695	C-H stretching	Aldehyde
2758	2830-2695	C-H stretching	Aldehyde
2680	3300-2500	O-H stretching	Carboxylic acid
2650	3300-2500	O-H stretching	Carboxylic acid

2610	3300-2500	O-H stretching	Carboxylic acid
2587	2600-2550	S-H stretch	Thiols
2521	3500-2400	O-H stretching,	Carboxylic acid
2480	3500-2400	O-H stretch,	Carboxylic acid
2449	3500-2400	O-H stretch,	Carboxylic acid
2411	3500-2400	O-H stretch,	Carboxylic acid
2387	-	Unknown	-
2360	2360-2100	Si-H	Silicon
2330	2360-2100	Si-H	Silicon
2233	2260-2100	Carbon carbon triple bond	Alkynes
2158	2260-2100	Carbon carbon triple bond	Alkynes
2094	2100-1800	Carbonyl compound frequency	Carbonyls
2052	2100-1800	Carbonyl compound frequency	Carbonyls
2009	2100-1800	Carbonyl compound frequency	Nitrile compounds



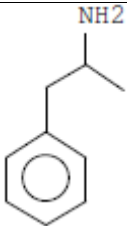
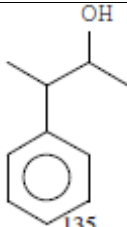
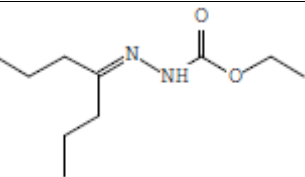
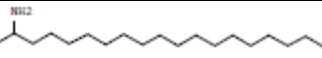
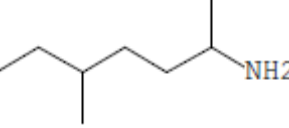
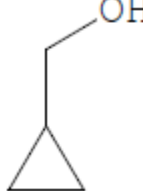
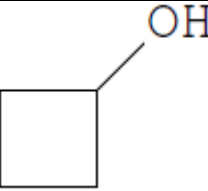
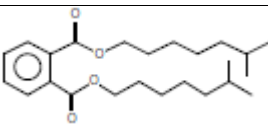
**Fig. 5.5.** FTIR intensity range spectrum of the fraction (F7)

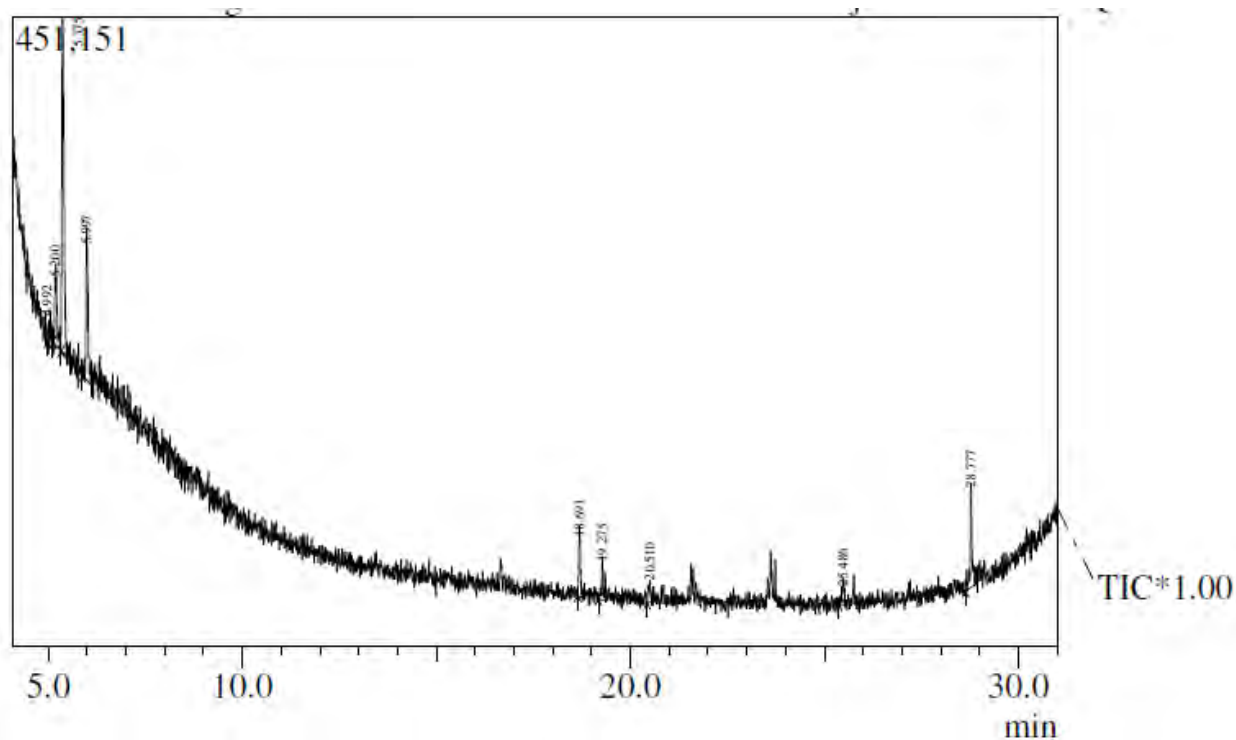
### 5.18.3. GC-MS Analysis of Active Fraction (F7)

The antileishmanial bioassays revealed that the fraction (F7) possesses the highest antileishmanial activity against promastigotes and amastigotes of *L. tropica*. The bioactive fraction (F7) upon GC-MS analysis presents a chromatogram showing nine peaks (Fig. 5.6) which exhibited the existence of nine bioactive compounds. The retention time, area percentage, molecular weight, compound name, and structure of the recognized component are listed in Table 5.4.

**Table 5.4:** GC-MS analysis showed constituents present in bioactive fraction (F7) of *P. armeniaca*

Peak	Rt time	Area%	MW	Compound name	Structure
1	4.992	2.47	189	Nitric acid, nonyl ester	

2	5.200	10.16	135	Benzeneethanamine a-methyl	
3	5.375	39.38	150	Benzeneethanol, alpha, beta dimethyl	
4	5.997	18.45	200	Carbamic acid, 3-(1-propylbutylidene), ethyl ester	
5	18.691	6.03	283	2-aminononadecane	
6	19.275	4.93	129	2- heptanamine-5-methyl	
7	20.510	2.80	72	Cyclopropyl carbinol	
8	25.486	3.31	72	Cyclobutanol	
9	28.777	12.46	390	1, 2-benzenedicarboxylic acid, diisooctyl ester	



**Fig. 5.6:** GC-MS chromatogram of the bioactive fraction (F7) of *P. armeniaca*

### 5.19. Molecular Docking

The three-dimensional crystal structure of PTR1 as selected for the docking. The nine compounds from an isolated fraction (F7) (Fig. 5.7) were assessed based on binding affinity with PTR1, to rationalize the antileishmanial potential. The best docked was calculated by values of binding affinity, hydrogen-bonds, and residues of hydrogen bonding. The E-values of compound 1, 2-benzenedicarboxylic acid, diisooctyl ester, benzene ethanol alpha-beta dimethyl, benzeneethanamine alpha methyl, carbazicacid and 2 aminonona decane were -6.7, -5.8, -5.4, -5.6 and -5 kcal/mol respectively. The compounds nitric acid nonyl ester and 2 heptanamine 5 methyl showed -4.7 and -4.25kcal/mol. The lowest E value was shown by cyclobutanol and cyclopropyl carbinol i.e. -3.55kcal/mol. Out of all compounds, 1, 2-benzenedicarboxylic acid, diisooctyl ester showed significant results with the highest E value (Table.5.5).

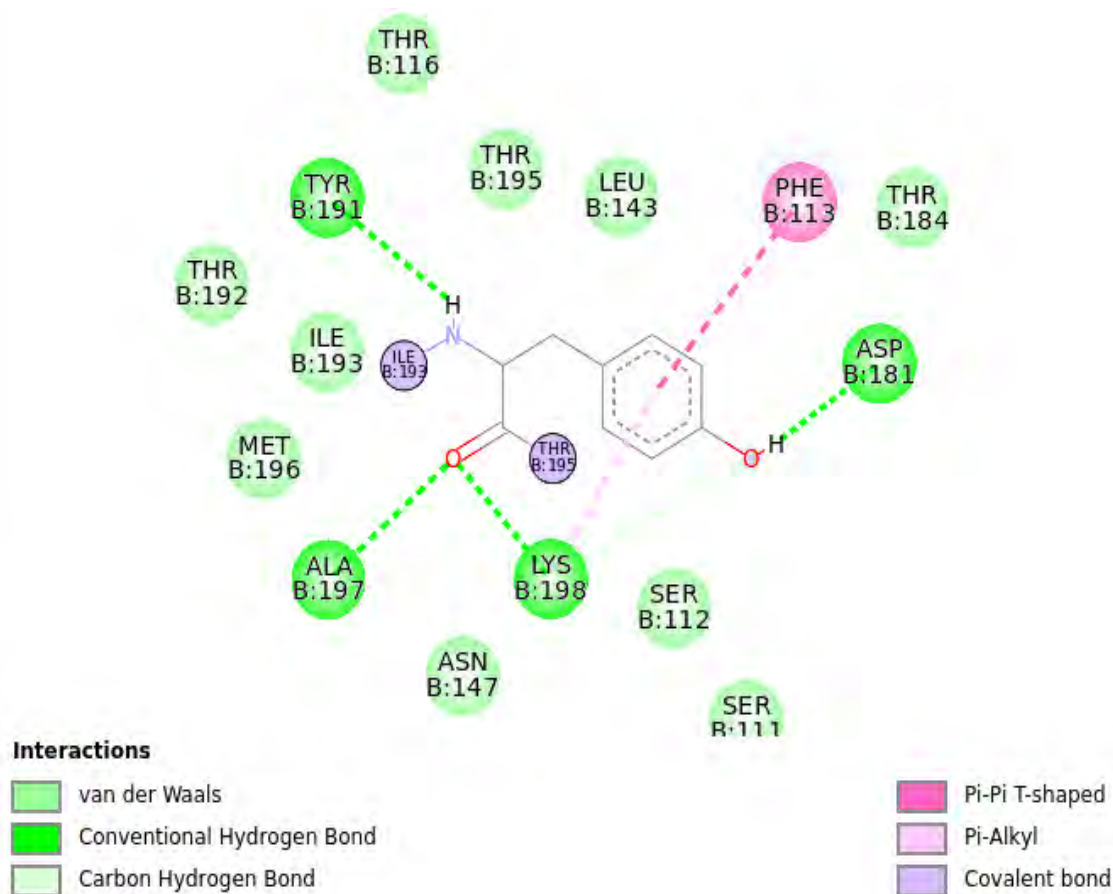
**Table 5.5:** E -value and post docking analysis of the best pose of 1, 2-benzenedicarboxylic acid, diisooctyl ester compound with PTRI protein.

Compound name	E value	H bond	Bonding residues
1, 2-benzenedicarboxylic acid, diisooctyl ester	-6.7	4	TYR191, ALA197, LYS198, ASP181

The 2D interaction diagram showing hydrogen bonds of compound 1, 2-benzenedicarboxylic acid, diisooctyl ester with PTR1 are presented in Fig. 5.7. The vital contact residues for the docked legends were TYR191, ALA197, LYS198, and ASP181. The docking study of the 1, 2-benzenedicarboxylic acid, diisooctyl ester compound with the protein indicates its interaction with the protein through different chemical forces, i.e., bonds. Four hydrogen bonds are seemed to be involved; one is between the acidic hydrogen of the compound and electronegative part of the protein residual, two hydrogen bonds between the electronegative oxygen and positive part of the residual protein, and a fourth hydrogen bond between the electronegative nitrogen of the compound and residual protein. Other than hydrogen bonding many other important electrochemical forces are also involved, i.e., Van der Waals, carbon-hydrogen interaction, covalent bond etc. as clear from Fig. 5.7. The irreversible inhibition is achieved by using a strategy known as covalent inhibition. The irreversible inhibitors act together with their specific targets in a time-dependent manner and the reaction proceeds to end before proceeding into equilibrium. There are some significant advantages possessed by covalent inhibitors for example the covalent warheads can target exceptionally, the particular protein having non-covalent residue and thus aid in the development of strongly selected inhibitors, shallow binding cleavage in particular protein targets can be affected by covalent inhibitors, which form novel inhibitors with the highest potency than non-covalent inhibitors. The covalent interactions can be simulated by using various computational approaches; this is still a demanding area to explore. The covalent interaction (between inhibitors and biological



targets) can be described by covalent molecular docking which can be implemented in the computer-aided drug design workflows (Kumalo *et al.*, 2015). In current study, a strong interaction is possible between the 1, 2-benzenedicarboxylic acid, diisooctyl ester compound, and the protein. This showed that compound (1, 2-benzenedicarboxylic acid, diisooctyl ester) bound well to the PTR1 receptor.



**Fig. 5.7:** Interaction of compound 1, 2-benzenedicarboxylic acid, diisooctyl ester with its target.

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## DISCUSSION

In the present investigations, the antileishmanial activity of fractions (F2-12) isolated from the crude extracts of *P. armeniaca* showed that the highest potential was found in fraction (F7) i.e.  $11.48 \pm 0.82 \mu\text{g/ml}$  compared with amphotericin B i.e.  $11.60 \pm 0.70 \mu\text{g/ml}$  against promastigotes of *L. tropica*. Similar results were also reported by previous studies where *Artemisia annua*, *Mimosa tenuiflora*, and *Arnebia euchroma* present antileishmanial potential against promastigotes of *L. major* as compared to control (Shamsuddini *et al.*, 2006; Sozangar *et al.*, 2012; Heidari *et al.*, 2012). In the case of *L. tropica*, the test is generally conducted on promastigotes form but the promastigotes form in vertebrate host is not an infectious form of the *Leishmania* parasite. The current preliminary assessment must therefore be complemented by an assessment of intracellular amastigotes in macrophages. Simultaneously, using non-parasitized macrophages, an assessment of the potential cytotoxicity of fractional extracts must be carried out. The activity of derived fractions against intracellular amastigotes was contrasted with the toxicity exhibited against macrophages, which determined whether the fraction in-vitro potential was due to their general toxicity or whether they had a selective potential against *L. tropica* (Chan-Bacab *et al.*, 2001; Croft *et al.*, 2006).

Various advanced techniques have been reported for compounds identification from plant extracts, which exhibited antileishmanial potential. UV-VIS and FTIR spectroscopy are reliable and sensitive tools for detecting bimolecular composition (Kumar and Devi Prasad, 2011). The UV-Vis spectroscopic analysis of fraction (F7) showed a spectrum at 300-800nm because of proper baseline and peaks sharpness. The spectrum showed peaks at 665.00, 607.00, 536.00, 505.50, 359.00, and 321.00nm (Fig. 5.4.). In our investigation peak at 662.50nm wavelength was observed which corresponds to the presence of alkaloids also reported by the previous study (Leelavathi *et al.*, 2018). Jain *et al.*, in (2016) reported 665nm peak wavelength in *Mentha spicata* plant extract supports our finding. The wavelength of 607.00nm was observed in the current study which was supported by the nearest peaks of 600nm in *Ferula oopoda* (Iqbal *et al.*, 2019). This wavelength showed the presence of terpenoids (Santos-Buelga *et al.*, 1995) which are

reported for strong antioxidants in *P. armeniaca* (Kurus *et al.*, 2014). The absorption peak at 505.00 and 536.00nm ensure the presence of the phenolic compounds (Santos-Buelga *et al.*, 1995). The presence of phenolics with antimicrobial and antioxidant potentials in *P. armeniaca* was also reported by some authors (Voi *et al.*, 1995; Guclu *et al.*, 2006; Sochor *et al.*, 2010). The 359.0nm peak was observed in the current study and the same peak was also reported by Kalaichelvi and Dhivya in (2017). These bands showed the presence of polyphenolic compounds also supported by Santos Buelga *et al.*, in (1995). The peak wavelength at 321.00nm showed valuable information on the nature of flavonoids. This is following the previous report on *Acorus calamus* (Mamta and and Jyoti, 2012). The antimicrobial activities of flavonoids were reported in *P. armeniaca* by Rashid *et al.*, (2007).

The compound benzeneethanamine a-methyl (10.16%) present in the current study already reported by Jabir *et al.*, (2010) in *Solanum torvum*. The compound 2-aminononadecane (6.03%), showed antimicrobial activity (Srinivasan *et al.*, 2014). Previously, cyclobutanol (3.31%) was reported in *Jugans regia* and its antimicrobial activity was also reported (Ara *et al.*, 2012). Nitric acid, nonyl ester (2.47%) compound was previously reported in *Bridelia stipularis*, and no biological activity of this compound was reported (Yusufzai *et al.*, 2019). The carbazic acid, 3-(1-propylbutylidene), ethyl ester (18.45%), was also already reported in *Andrographis paniculata* (Sithar *et al.*, 2017). The compounds cyclopropyl carbinal (2.80%) and 2 heptanamine, 5 methyl (4.93%) were reported by Ara *et al.*, (2013), and their biological activities are not reported. Vimalavady and Kadavul in (2013) reported 1, 2-benzenedicarboxylic acid, diisooctyl ester (12.46%) compound in *Hugonia mystax (Linaceae)* having no biological activity reported. The compound benzeneethanol, alpha, beta dimethyl (39.38%) is not reported previously in plants and this plant showed the highest quantity present in our study (Fig. 5.6.).

The complete genome sequence availability opens new windows for the drug target identification (Ivens *et al.*, 2005). Various enzymes e.g. PTR1 are widely explored as drug targets. The important role for unconjugated pteridines indicate that PTR1 gene deletion is lethal for the promastigotes stage of *Leishmania* (Kaur *et al.*, 1988; Thony *et al.*, 2000;

Bello *et al.*, 1994). A metabolic by pass of DHFR-TS inhibition was provided by the PTR1 expression and it cause complete or partial reversal of anti-pteridine inhibition in the *Leishmania* promastigotes (Kaur *et al.*, 1988; Thony *et al.*, 2000; Nare *et al.*, 1997). The 3D structure of PTR1 parasite provides a strong base for new inhibitor designing which are selective for only for parasite (Gourley *et al.*, 1999; Knighton *et al.*, 1994). The covalent interaction (between inhibitors and biological targets) can be described by covalent molecular docking which can be implemented in the computer-aided drug design workflows (Kumalo *et al.*, 2015). This study indicates that a strong interaction based on electrochemical interaction forces is possible between the 1, 2-benzenedicarboxylic acid, diisooctyl ester compound, and the protein. This showed that compound 1, 2-benzenedicarboxylic acid, diisooctyl ester bound well to the PTR1 receptor. Out of nine compounds only one compound i.e. 1, 2-benzenedicarboxylic acid, diisooctyl ester showed significant results.

### **Conclusion**

Our finding confirmed that extract of the fraction (F7) had potent antileishmanial activity against promastigote and amastigote of *L. tropica* whereas; all fractions exhibited no cytotoxicity effect on murine macrophages. Among all compounds recognized in the fraction (F7), the 1, 2-benzenedicarboxylic acid, diisooctyl ester bound well to the PTR1 receptor by *in-silico* studies that could be an ideal candidate for the production of a novel drug against CL caused by *L. tropica*. Further *in-vivo* investigation is required to evaluate the *P. armeniaca* fractions effect and particularly 1, 2-benzenedicarboxylic acid, diisooctyl ester compound on *L. tropica*, and other *Leishmania* spp.

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## **PUBLISHED PAPERS**



## Molecular epidemiological survey of cutaneous leishmaniasis from Azad Jammu and Kashmir, Pakistan.

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### ABSTRACT

Cutaneous leishmaniasis (CL) is an emerging neglected tropical disease in Azad Jammu and Kashmir which is an underdeveloped area. Prevalence and parasite species identification are the key factors to control disease in a particular population, which were the objectives of the present study. Due to a lack of previous data, we performed a district-based active CL surveillance in 2018. The data of CL, suspected ( $n = 20,000$ ) cases were analyzed statistically and identified the parasite species in microscopic positive cases by ITS1-PCR RFLP and also obtained accession numbers MN891719-28 from gene Bank. The phylogenetic tree was constructed using MEGA6 software. Out of 20,000 CL, suspected cases the highest rate of 4.02% (135/3360) of CL in Mirpur and the lowest 1.58% (8/505) in Neelum was reported. The slide positivity rate, annual parasite incidence rate and annual blood examination rate were 2.27 per 1000 population, 0.08 and 0.34%. The males were more infected 58.12% (297/511) than females 41.88% (214/511) and the age group of 1–20 years were found highly infected 82.78% (423/511) than 21–40 years 13.89% (71/511) and 41–60 years 3.33% (17/511) in the studied population. The patients 56.36% (288/511) had a single lesion whereas 29.35% (150/511) had two, only 10.76% (31/288) and 8% (12/150) were using bed nets. The patients 14.29% (73/511) had three or more lesions were not using bed nets. Only 27.98% (143/511) patients had received treatment, while 72.02% (368/511) didn't. Microscopically positive cases were found to be 2.56% (511/20,000) and ITS1-PCR positive cases were found to be 91.39% (467/511). The RFLP assay confirmed the presence of *Leishmania tropica* in 467 samples.

### 1. Introduction

The leishmaniasis is a vector born infection caused by parasitic protozoa (Kinetoplastida, Tripanosomatidae) known as *Leishmania* (genus). It is transmitted through the female sand fly vector of genera *Lutzomyia* (zoonotic) and *Phlebotomus* (anthroponotic) in different endemic areas of New and Old world accordingly (Reithinger et al., 2007; Karami et al., 2013; Hallu et al., 2016). About thirty species of *Leishmania* parasites are reported, out of which twenty species are pathogenic for humans (Sacks, 2001). The leishmaniasis comprises three clinical forms that are categorized as cutaneous leishmaniasis (CL) and mucocutaneous leishmaniasis (MCL) to visceral leishmaniasis (VL) form with the uppermost prevalence of CL in the Middle East (Blum and Hatz, 2009). The leishmaniasis is a fast-growing neglected infectious threat in more than 98 countries around the world (Souza et al., 2018),

million new cases are reported annually (Alvar et al., 2012). About 75% of CL cases are reported from Colombia, Ethiopia, Iran, Peru, Sudan, Brazil, Algeria, Syrian Arab Republic, Costa Rica and Afghanistan (Alvar et al., 2012; Pigott et al., 2014). Devastating epidemics of the CL have also been described from all provinces of Pakistan i.e. Khyber Pakhtunkhwa, Punjab, Balochistan, and Sindh along with Azad Jammu and Kashmir (Noor and Hussain, 2017; Kakarsulemankhel, 2004; Talat et al., 2014). In Pakistan, about 21,000 to 35,000 cases of both anthroponotic cutaneous leishmaniasis (ACL) and zoonotic cutaneous leishmaniasis (ZCL) forms of CL are reported. The migration of infected refugees and the local inhabitants are the main source for spreading the infection in non-endemic areas (Alvar et al., 2012). In 1935, the first case of leishmaniasis was reported from Baluchistan following an earthquake. For earthquake disasters, Azad Jammu and Kashmir is a potentially dangerous region (Khan et al., 2019). The zones of Azad



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## Molecular characterization and genetic diversity of cutaneous leishmaniasis from North Eastern Pakistan

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Genetic diversity

### ABSTRACT

The genetic diversity of *Leishmania* spp. in North Eastern Pakistan remains undetermined despite increased cases of cutaneous leishmaniasis (CL). This study was designed to decipher the molecular characterization and genetic diversity of *Leishmania* spp. in North Eastern Pakistan. Out of 13761 CL suspected cases, 567 cases were microscopically positive and confirmed as *Leishmania* spp. by internal transcribed spacer (ITS) gene amplification through the PCR-RFLP technique. Further, isolates were directly sequenced to conduct phylogenetic analysis for genetic diversity. Among suspected CL cases, Mirpur showed the highest proportion of CL infection with 4.85% (118/2431) of the cases, while the Neelum district showed the lowest percentage at 3.29% (9/273). The slide positivity rate, annual blood examination rate, and annual parasite incidence rate were 3.84, 0.27, and 0.01% respectively, and the incidence of CL in the age group 1–20 years old was higher in males (50.92%) than females (25.75%). The RFLP analysis and sequencing confirmed the occurrence of *Leishmania tropica*, *Leishmania major*, and *Leishmania infantum*. *Leishmania tropica* ( $p = 0.02$ ) confirmed significantly higher nucleotides variation than *L. major* ( $p = 0.05$ ). Current findings confirmed the prior assumption that anthroponotic CL is the primary CL form present in North Eastern Pakistan. Moreover, this is the first report based on molecular identification of *L. major*, and *L. infantum* from North Eastern Pakistan. This remarkable heterogeneity in the *Leishmania* spp. is the leading cause of treatment failure and emergence of new haplotypes. Therefore more extensive investigations are recommended from all geographical regions of North Eastern Pakistan, especially those using a large sample size.

### 1. Introduction

Leishmaniasis is one of the most neglected health problems in tropical and subtropical regions. Protozoan parasites from the *Leishmania* (trypanosomatida and order Kinetoplastids) family are the causative agents of different forms of leishmaniasis (Dumortier et al., 2012; Colan

Chakravarty, 2015; Salam et al., 2014). Leishmaniasis is widespread across 102 nations (WHO, 2016; Uzun et al., 2018). In 2016, 2500 cases of cutaneous leishmaniasis (CL) were reported in Brazil, Morocco, Syria, Saudi Arabia, Algeria, Iran, Tunisia, Peru, Afghanistan, Turkey, Colombia, and Pakistan annually (WHO, 2016). *Leishmania tropica*, *Leishmania major*, *Leishmania braziliensis*, and *Leishmania amazonensis*



**RESEARCH ARTICLE**

## Evaluation of Safety, Antileishmanial, and Chemistry of Ethanolic Leaves Extracts of Seven Medicinal Plants: An *In-vitro* Study

Nargis Shaheen<sup>1</sup>, Naveeda Akhter Qureshi<sup>1\*</sup>, Attiya Iqbal<sup>1</sup>, Asma Ashraf<sup>1</sup> and Huma Fatima<sup>1</sup><sup>1</sup>Department of Zoology, Faculty of Biological Science, Quaid-i-Azam University, Islamabad 45320, Pakistan.**Abstract:****Background:**

Cutaneous leishmaniasis is a neglected tropical disease that currently affects people among 98 countries and causes significant morbidity and mortality. Current chemotherapeutic intervention is unsatisfactory and has various limitations that highlight the necessity to develop safe and effective therapeutic approaches from natural products.

**Objective:**

The main objective of current study was the evaluation of the antileishmanial activity along with toxicity assessment of selected plant extracts.

**Methods:**

The ethanolic leaves extracts of selected plants were evaluated for their qualitative and quantitative phytochemical screening by standard protocols. The antioxidant potential of plant extracts was determined by total antioxidant capacity, ferric reducing power and DPPH radical scavenging assays. The cytotoxicity analysis using brine shrimp lethality assay and *in-vitro* antileishmanial activity against promastigotes of *L. tropica* (Accession# MN891719) were also evaluated.

**Results:**

The preliminary examination of crude extracts revealed that *P. armeniaca* showed the highest total phenolic and flavonoid content (279.62±5.40µgGAE/mgDW and 205.70 ±2.41µgQA/mgDW, respectively), among others. *P. armeniaca* showed strongest antioxidants (120.37±4.90 µgAAE/mgDW) and FRP values (278.71±1.03µgAAE/mgDW). All the plant extracts showed cytotoxicity in safety range >1000µg/ml except *F. glomerata* having LC50 values of 454.34 µg/ml. In the present study, *P. communis* and *P. pashia* showed some level of activity (LC50 56.68 and 60.95µg/ml respectively) while *P. armeniaca* demonstrated the highest antileishmanial activity (LC50 16.18µg/ml).

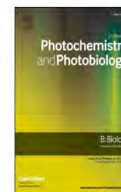
**Conclusion:**

The findings are highly encouraging so, further and extensive investigations of *P. arminica* should be carried out; especially bio guided fractionation to identify the active fraction and further chemical characterization of structure.



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## In vitro anti-leishmanial activity of *Prunus armeniaca* fractions on *Leishmania tropica* and molecular docking studies

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## ARTICLE INFO

## Keywords:

*Leishmania tropica*  
*Prunus armeniaca*  
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 Molecular docking

## ABSTRACT

*Prunus armeniaca* (L.) is a member of the Rosaceae, subfamily Prunoideae, shows anticancer, antitubercular, antimutagenic, antimicrobial, antioxidant, and cardioprotective activities. Here we fractionated the leaves extract of this highly medicinally important plant for antileishmanial activity. In the current study, the leaves extract was fractionated and characterized using column and thin layer chromatography by n-hexane, ethyl acetate, and methanol solvents. Twelve fractions were isolated and subjected for evaluation of their cytotoxicity and in vitro antileishmanial activity against promastigotes and amastigotes of *Leishmania tropica*. Among all fractions used, the fraction (F7) exhibited the strongest antileishmanial activity. The bioactive fraction was further characterized by spectroscopy (FTIR, UV-Vis), and GC-MS analysis. The in silico docking was carried out to find the active site of PTR1. All derived fractions exhibited toxicity in the safety range  $IC_{50} > 100 \mu\text{g/ml}$ . The fraction (F7) showed significantly the highest antipromastigotes activity with  $IC_{50} 11.48 \pm 0.82 \mu\text{g/ml}$  and antiamastigotes activity with  $IC_{50} 21.03 \pm 0.98 \mu\text{g/ml}$  compared with control i.e.  $11.60 \pm 0.70$  and  $22.03 \pm 1.02 \mu\text{g/ml}$  respectively. The UV-Vis spectroscopic analysis revealed the presence of six absorption peaks and the FTIR spectrum revealed the presence of alkane, aldehyde, carboxylic acid, thiols, alkynes, and carbonyls compounds. The GC-MS chromatogram exhibited the presence of nine compounds: (a) benzeneethanol, alpha, beta dimethyl, (b) carbazic acid, 3-(1 propylbutylidene)-, ethyl ester, (c) 1, 2-benzenedicarboxylic acid, diisooctyl ester, (d) benzeneethanamine a-methyl, (e) 2aminononadecane, (f) 2-heptanamine-5-methyl, (g) cyclobutanol, (h) cyclopropyl carbene, and (i) nitric acid, nonyl ester. Among all compounds, the 1, 2-benzenedicarboxylic acid, diisooctyl ester bound well to the PTR1 receptor. Fraction (F7) showed acceptable results with no cytotoxicity. However, in vivo studies are required in the future.

## 1. Introduction

Leishmaniasis is the third most important vector born public health problem worldwide [1]. The bite of female's sandfly of genera *Lutzomyia* (zoonotic) and *Phlebotomus* (anthroponotic) transmitted leishmaniasis in different endemic regions of the New and Old world respectively [2,3]. About 30 *Leishmania* species are reported for *Leishmania* infection, out of which only 20 species are pathogenic for human beings [4]. Approx-

Syrian, Turkey, Saudia Arabia, Afghanistan, Sudan, Peru, Coasta Rice, Colombia, Ethiopia, Algeria, Morocco, Tunisia, and Pakistan [7]. In Pakistan, approximately, twenty-one thousand to thirty-five thousand cases of both zoonotic cutaneous leishmaniasis (ZCL) (*Leishmania major*) and anthroponotic cutaneous leishmaniasis (ACL) by *Leishmania tropica* of CL are reported [7–11]. The CL incidence is raising in Pakistan especially Punjab, Baluchistan, and Nothern areas [9–13]. The migration of people is the main source of spreading the infection in disease.



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## NOTIFICATION OF CHAPTER ACCEPTANCE

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December 09, 2021, London

Dear Dr. Shaheen,

It is my pleasure to inform you that the manuscript titled "Plant-based alternative treatment for Leishmaniasis-A neglected tropical disease " has been accepted for publication.

Your chapter will appear in the Open Access book, "Leishmania - One of the Most Diverse Anthroponotic Parasitic Diseases" edited by Dr. Leonardo de Azevedo Calderon

Congratulations on your achievement! I would like to thank you for your important contribution to the scientific community, and for ensuring your research is freely available to readers all over the world.

We wish you every success with your publication.

Sincerely,

IntechOpen



**Book Chapter Template**

**Plant-based alternative treatment for Leishmaniasis-A neglected tropical disease**

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**Abstract**

Leishmaniasis is a 3<sup>rd</sup> most important vector born disease caused by intracellular parasite belongs to genus Leishmania. The leishmaniasis is prevalent in 102 countries/areas worldwide. Approximately, it effected 350 million people worldwide. Leishmaniasis effects developing and undeveloped countries globally. Antileishmanial drugs (pentavalent antimonials, stibogluconate, miltefosin, paromycin, and amphotericin) are